

**A serious article on spiri-crap**  
**Talk to the deaf**

If you go into the spiri-world(s) you think and it is your experience that you find something there of more value or depth than you find in the normal earthly world. Maybe you seem to even find gold. You don't Realize though that the spiritual subtle forms that you meet are (made of) the same shit that on earth you wanted to escape from in the first place. In short, spiri-shit is the same as earthly shit. Only, it has a subtler form and it might be blinking, less or even (seemingly) not painful and that's why you are deluded, seduced to take the spiri-shit for True. You are caught in the Duality of spiritual and profane, or subtler and grosser, or heavenly and earthly. And you choose for the (seemingly) painless, shining, interesting, broadening, more beautiful, deeper, (seemingly) more truthful and more realistic, spiri-world(s). 95% of the people lost in the spiri-crap are convinced that they are standing with 2 legs firmly (or sometimes maybe less firmly) on the earth. Nonsense. Usually, spiris are gone, not Here, not Present, not rooted at all in the shit of the earth – and there's no other way to be rooted than that, right in the mud. Also the 'matters'<sup>1</sup> are gone, by the way. Denying the existence and functioning and relevance for the earth of the spiri-world is just as unintelligent, unWhole, as going away from the painful earthly shit as spiris do and won't admit in their really endless (but unSeen) arrogance. This arrogance is not a crime, by the way; everybody is unavoidably arrogant as long as there is no Wholeness, as long as *some* part(s) of the Whole are being stressed while disregarding other parts, or disregarding the Whole Itself, in Fact. This commonality of arrogance doesn't take away the fact that one cannot come *any* inch closer to Truth as long as this arrogance is there; it unavoidably and ruthlessly stands in the way for That. Only in Humility Truth, Reality can be Realized at all, and Lived.

Spiris use something that is or might be true in itself (or even Truth Itself) to be lulled to sleep. (The use of) childish, immature psycho-spiri statements and slogans like "you're ok as you are"<sup>2</sup> only reveal that you're not ok as you are, you are not accepting yourself and you need to fight yourself, fight your non-acceptance with acceptance. If you Understand Duality it is Clear that this can never work.

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<sup>1</sup> In this essay and on the grounds of the Duality of life, in regard to people a distinction can be and is made between 'matters', people who (mis)take the visible tangible seemingly material world for the real and only world, and 'spiris' who (mis)take the subtler energetic invisible but sometimes feelable world for the Real world beyond the superficial grosser world.

One can also, by analogy with quantum-physics, call them 'quarks' and 'waves', people who see parts (molecules, atoms, electrons, quarks) as the substance of everything and those who see waves as the insubstantial 'substance'.

<sup>2</sup> In the end it's true, of course: you're ok as you are in your stupidity. Intelligence includes stupidity. But the point is of course that "you are ok as you are" is a dead truth, it's not Alive, not Being Lived. It's (dead) mind talking to (dead) mind, to itself. Nothing happens, even though in the moment that the lullaby is realized you seem to relax and have more space.

“You are already whole”, is another expression of spiri-diarrhea. I see only unWhole people, far gone from Reality. Does it make sense to be whole as a potential in the subtle non-manifested Sphere, to realize you’re a potential whole, or that before incarnation in the earthly realm ‘You’ were Whole? People, especially spiris, reason themselves to ‘wholeness’. They’re very easily deluded by the Big Deluding Force that Mind is.

“Open yourself to the inner guidance”. Perfect shit for your ego. Sounds great. Who doesn’t want this? To be guided around (and sometimes through) the pain of life. As (almost) nobody Wants Truth Itself – Wherein and as Which there’s absolutely nothing for you to get or attain – where does this so-called inner guidance lead you to? Besides, you cannot egoically Open yourself. Opening for Reality Happens, by Itself, when you’re ready for It, ready to Consciously face the Dark (as Light), when you are, already, a Lover of Truth.

The only True ‘Inner Guidance’ is the Heart Itself (That is the Whole). And the Heart Only Leads you to the Heart Itself. Well, Allow this Truly and you’ll find out how very Painful it is to Live as Heart on earth and why you resigned from this in the first place.

You might then, to be able to manage this and like so many do, repeat exactly 108 times a same line in your head, call it mantra, prayer, wasifa or whatever – every day again – because there are so many names of God. But, of course, stupidities can also be exaggerated, like here, instead of being acted out as an innocent playful naïve pastime, a radical postponing and denying of Life Itself – anyhow, the background of them is always the same. People want to believe in these kind of stupidities to not have to Actually Feel the Pain they carry being here on earth as a human Body – and that Pain will with one hundred per cent certainty stay if all the time escape-routes are looked for and found in order not to have to Feel Finally. Another such an escape-route is trying to understand how the universe and the world and even you yourself as human being function, how everything is constructed, or what will happen in the future, how the earth and its humans will Spiritually Develop.

Spiris usually think or subconsciously assume that they grow like rockets. In fact they’re very often stuck in their development. There is no development. Development only happens on earth. It is wholly related to Realizing and Actually Consciously Feeling the Inherent Painfulness of (being) a human being here on earth, in all its variation and depth. This, only this is Humbling. Without being Humbled there is no True Development possible. As indicated, the usual spiri-arrogance blocks any True Human Development, True Spiritual Development. No, Feeling the – your – human pain, without any reward is not mentioned in your spiri-mind, not mentioned in your great intelligent spiri-books. Even humbleness is a word there that looks great. Glory to the humble. No, you are not that humble yet, you know and you smile. But even this is an arrogant statement. The whole spiri-celebration show is boiling from stinking arrogance. All the unFelt shit inside started to rot already long ago. But in your spiri-world you cannot smell any more. What you merely do is *interpreting*. You interpret the world and yourself and others and everything through the glasses of the spiri-show, the spiri-make-up, the Spiri-Lie. You don’t Feel, in Relation, in Communion with the world, earth, even Beyond yourself. The Spiri-Lie consists of pushing away the Human Responsibility to Feel through the whole Human Drama as your own – as your own but simultaneously Beyond yourself, without identification with self or Self *and* without de-

identification from even *anything* either. The Spiri-Lie is centred around choosing the easy, (relatively) painless or even joyful side of the Coin of life and buying and *even selling* this as True, even making (lots of) money with this Lie, knowing that people('s ego) love(s) to pay lots of money for being confirmed in their safe ego-reinforcing Lie. *Any* choosing is a lie. Choosing spirituality is not an exception to this Rule. (Choosing against spirituality would be a Lie either).

In the West people's ego has been very eager to copy the Spiri-Lie from the East. The Eastern orientation being usually: how to escape this world of suffering. Solution: go to the subtle worlds. Indeed, there it feels better. It seems. In a waiting room there are no problems. Just some paintings, pictures on the wall that depict reality. Magazines wherein you can read about reality, or about the latest brands of glasses that distort reality in such a way as you exactly want to see it. And time enough to imagine that you are in fact One.

Not only spiris, everybody, beyond what people *seem* to do, tries continuously to be One again. 'Matters' do this by adding grosser forms to their current life or situation or self, 'spiris' by adding subtler forms, or adding (realization of) the Formless. Spiris, from their subtler perspective are very enthusiastic in bringing the Light to the world, bringing Oneness to the world. In fact they don't See that they *actually* function as Separative Force, adding or reinforcing Separation between the World of and as the One and the Dual world of separation. By choosing the One they disregard, deny (or are arrogantly better than and judge) the Two, the troublesome Duality of existence. Under cover of integrating they separate, disintegrate. Under cover of peace, tension and war get reinforced. *Any* holding on to one side of the Coin of life reinforces tension, aggression, that's a Law. In itself you don't have to be against that, it's part of Life, but when you call it the opposite and when resistance and aggression are just suppressed, it gets ugly, smelly, stinking (although, true, that's not wrong in itself either).

Why did you come to earth at all, if all the time you want to go back to (the Oneness) where you came from? Finally Be here, here, Down, in the Shit. Nothing really Happens for you 'Up There'. It's a parking place. You were Seduced by the Deluding Force to go 'up' and you couldn't resist, you gratefully accepted the offer, accepted the non-acceptance of this world of shit and pain and suffering and illness and dying and separation and coldness, hardness, lovelessness. Your ego said 'it shouldn't be like this' instead of Seeing-Feeling how it is and Acknowledging that it is like this. You were afraid and you believed your ego whispering: if once you Truly start to See and Feel all the shit here on earth and (therefore) even in and as your own Body you're doomed, you'll never get out any more, you'll have to suffer forever hereafter. You submitted.

Spiris are often busy with the Forces of Dark and Light. And of course they themselves belong to the good guys, to the Light-Armies. The Dark Forces need to be conquered, defeated, so the earth will be saved – mainly by bringing so much Light, Goodness, Consciousness, here on earth that the bad guys will give up finally – a childish naïve picture of reality. Good guys anyway create the bad guys – and the other way round – this is simply the Law of Duality.

Spiris, being entertained in their cowboy-games, (egoically) 'forget' to 'Locate', See-Feel-Experience the Dark in themselves though. But that's the place where it is.

Yes, dear spiris, you store a lot of hate behind your spiri-smile, hate to Reality as it is, hate to pain, suffering, feeling bad, lost, lonely, separated, confused. Your spiri-world is a mind-world, or: non-Manifested world, created by a creative mind trying semi-consciously or unconsciously to find solutions for suffering, separation, for this cold world. There is however no solution for Reality. And there needn't be. Suffering is no problem. It's Human. Reality cannot be improved, as you assume. Every (seeming) improvement has, by Law of Duality, its worsening. You can only Become Conscious of what is. You don't have to be busy with what should be – according to your inherently non-accepting ego.

Spiris are anti-Body, although they will claim otherwise. The spiri-mind knows exactly how everything should be – and anti-Body is fault – so they define themselves in the right position, in this case, the Body would be important, should be respected and to be listened to as a teacher and more of that true lifeless crap. In reality, at most they observe what happens in the Body, as a detached spectator but the next moment they are worried again (and attached) when and if something seems not all right - and, in Truth, the Body is never all right, this never being all right is its normal earthly state. They anyhow refuse to Be (One with) the Body, to Feel as Body, as that would mean Surrender, no Escape any more, be a (humiliated) prey of the Uncontrollable, of the dangerous Wild, of Anything-can-happen, it would be the end of you(r illusion that you exist as someone, a person).

Now it's not at all true either that 'matters' would be in the Body, as one would expect maybe on the face of it. They sort of allowed to become body, but there's no one in, no Presence, no Consciousness, no Heart, no Someone, no Life. As zombies they have to make it to the end, enjoying their bodies or mind to boredom. They're body without Heart, whereas, too generally speaking, spiris are rather heart without Body. Both options, 'choices' or dispositions, are a Lie in themselves and blow people to the mind, whether spiri-mind or matter-mind. The One Lives as Heart as Body. It doesn't escape in heart nor in body. Every choice you'll have to 'pay back' sooner or later, by Law of Nature, by Law of Balance. But spiris in their arrogance don't want to know this. They grab and grab and buy in the spiri-supermarket what they can get and don't have any Overview over what things Are, how things fit or not in the Process, over the True (Ego-Killing) Process Itself, over delusions, over Duality and Oneness. Truth Itself is so far away that people have no idea what It Is. Spiris want to be cosily busy with (suppositions around) 'truth', preferably together with other cosy people. Truth Itself is way too dangerous, repulsive, not done, disturbing the spiri-party. Everyone should be cosily busy on the way to truth – like women were knitting cosily together in the past, or people in the past were shitting cosily together in common shit-houses, before the toilet was privatized. If someone does it too or anyway seriously or is disturbing the current spiri-norms and spiri-fashions he or she is expelled, avoided or made black or, out of defence, criticized. And that makes sense, because if not then the spiris – by Law of Resonance – also start to Feel the in their eyes terrible truth of this earth. The resonance-field must be kept pure, protected against Dirt – which is something that would be Revealed by Truth, indeed.

Spiris have no shame about the Lie they try to manoeuvre into people, into the world – as shame is connected to the world, to people realizing that they follow their own worldly

form-interest, ‘sinning’ by this against the Whole, or: against the Formless Beyond their forms. Spirits identify with the Formless and are acting as if they’re totally convinced of being right, doing just, doing Selfless Work here on earth, Being the Formless Serving the forms. In fact, in most cases they associate and identify with *subtler form* instead of with the Formless about Which they don’t Know anything usually. They don’t (want to) See that they serve their own subtle form-interest(s). And they have or allow no feedback at all about their ego-centredness as they, naturally, look for like-minded people around them, confirming their Lie instead of challenging it.

Spirits, if you’re talking about consciousness, it’s about the Body Becoming Conscious, and not some separate spiri-mind. But you hate the Body, you hate Pain. So you hate Consciousness as well, even though you seem to (and make yourself and others believe that you) choose in favour of it (in the Duality of Consciousness and Unconsciousness). Your separate consciousness is, ultimately, no Consciousness. It resists Being the Whole That It should Represent or Be – as Ultimately Only the Whole Is Conscious(ness). As Form (or: Body) is Integral and Functional Part of the Whole – even Being the Whole – there can be no Truth-Embedded or Reality-Embedded Consciousness without Embedment in and as Body (nor without Embedment in the Formless, by the way). Since the mass-production and massive spread(ing) of spirituality spirits have become self-acclaimed gods. To read about truth is to be(come) It, they assume. They are totally sure the ancient master-disciple relationship is not needed any more in these supposedly modern times with all communication-possibilities, where truth lies on the street or can be cheaply bought in every spiri-shop, or expensively by attending a seminar or course.

With mass-spirituality also Delusion has spread enormously, like a cancer. Under the cover of becoming conscious, people nestle cosily in unconsciousness, have no idea what Forces drive them, make them think certain thoughts, chase them and capture them into safe spirituality, have no idea (or: only an idea) about the functioning of their separative (spiri-)ego.

True, if you’re more (or even very) sensitive – as spirits often are – it’s very seducing and one could even say ‘normal’ to go Up, away from this painful earth. ‘Matters’ only manage to live as body here because they’re (sometimes radically) unconscious, unconscious of everything happening in and stuck in the body. The Human Body has its own intelligence: if it’s too painful to be here, Consciousness flips out of the Body, it becomes separate from it. So far so good. The ‘problem’ starts when – and this is also a ‘normal’ tendency, but still, not True – this Up-world is tried to be made and bought and sold as True. Here delusion starts. In Truth one respects the huge Universal Fight between Consciousness and Unconsciousness, in general and on earth, taking place in and as one’s human Body. It takes time and a Profound Process of Deeper and Deeper Surrendering of the Heart into the Body, or: of Consciousness into Unconsciousness. If spirits stay in their arrogant (from Body) separate position or attitude this One True Process cannot take place – although they are falsely convinced they are the bringers of Light or Consciousness on earth. It almost never Actually Happens though, out of basic and unTranscended and unSeen, unFelt Resistance to (Feeling) Pain as (Conscious) Body. They’re busy with theory, with how and what they *want* the earth and themselves to be

or Be. When feelings are noticed in the Body they may be interpreted as if it's *Happening*, the Process. But almost no one is Actually Coming Down, (Allowing oneself to Live) in and as Body.

Everyone has a Deep Intuition that one, Beyond oneself, Needs to Go into the Struggle, as Body on earth, one Needs to live through and gain Clarity about karmic tendencies, *from within, directly*, instead of staying freely detached from them. That's why, for example, if you see a man and woman fighting on the street and you're going to help the woman – as you are taught that man is the bully and stronger as well and she wouldn't be able to defend herself – often it may be the case that to your surprise the woman will turn against you. People don't want to be helped; they Beyond themselves Want to Live through their Karma, Drama, Struggle with and as life. The good spiri-message of 'peace', of no-fight doesn't help, it's not Realistic. That is why it's called spiri-crap: it lost all contact with Reality.

Spiris listen to another kind of intuition than the one just described: wherever and whenever Pain threatens to Manifest itself, they go away from there immediately or don't go there in the first place as "it doesn't feel good". No, Pain doesn't feel good and it will never feel good, but it's Natural Integral Part of Life, of Truth, of Love and it's Absolutely Necessary in one's True Whole Development if one takes this serious at all. Attachment to 'feeling good' is one of the biggest obstacles in people's True Development. It is the same as 'fear of Pain'; without (Feeling) Pain you're stuck, it's as simple as that. Your Development has taken a (long) break. It is not enough to reside at the drive-in parking lot watching spiri-movies and letting yourself be touched by them. Without the movies who or what are you then? Who are you in Relation to others? Do you tell (spiri- or whatever) *stories* to them and listen politely to theirs? Do you let be what is uncontrollably the Case?

Going into the Struggle of Forces Fighting in and as you and through others with 'you' (or: with Forces) Makes you Conscious, Humble, Human, if you Allow it, if you don't run away, don't run Upwards, don't take the easy way but fight back, don't allow yourself as Heart to be chased away from the earth into the subtler spheres.

In a way it's a pity, spiri's stubbornness to settle, rule life in the higher realms. For if anyone would be appointed to bring the Heart Down on earth, it is the spiri. From the 'matters' one cannot expect it. They're helpless without Heart, and in *their* arrogance even deny the existence of the Heart at all.

But, the Body is Dirty for the spiri. He or she identifies with the Pure. To go in the Dirt would be a crazy soiling, defiling or even suicide of one's (Pure) Being. The 'matter' unconsciously asks the 'spiri' to finally stop considering the Body dirty, the bad guy, the wrong side of the coin, the thing to overcome, to Transcend and to Go into the Dirt, to Give the Heart in Pain. But the spiri says a clear No to this human call. The spiri thinks to Know (the Secret of life), know how things are, how reality *is* beyond the superficial and the 'matter' should sooner or later listen to him or her and open his eyes and see the Light and be Freed thus.

Azar Baksh – A serious article on spiri-shit  
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And that's how 'spiri' and 'matter' never come together. Wholeness will not Be. Both resist and keep on resisting to, as Body, Consciously Feel, Feel Pain therefore. The spiri though is by Divine Nature the first to make a Gesture to the Other Side – simply because everything starts with and as the Heart. The Heart can go into 'the Dirt' or Bodiness since the Heart is Enough in Itself and is Principally Free to Go anywhere – even though, it is true, it usually gets lost in the 'dirty' world of form as soon as it enters there. The other way round is not possible. Without Heart, the body cannot Go (Back, or Forward) into the Heart. It's stuck, unfree, without Heart and it stays like that without Heart Guiding it Humbly – Humbly, that is (only possible by): Heart 'Becoming' or Going Down into or in Fact Realizing to Be Always Already 'the Dirt', Body, Form, and any dissociation from anything is Allowed to Be Surrendered as unTrue.