

Azar Baksh

Flashes of Consciousness
Book ୦୩୩

Don't worry, it's just
terrible, that's all



25.11.09

- We're all masters.

We're masters in fooling ourselves (and being satisfied) with (tuning into) unManifested qualities, qualities not Manifested in your Body. They *seem* to be here, to even exist as you, if you make contact with them. You can actually feel the (desired) qualities. But they're not actually Lived and Absorbed by and as your Whole Body. It's a kind of quantum trick what you're doing, trying. Consciousness tunes into something and, chak, it seems to manifest, out of the blue. If it's about Living the Truth, quantum tricks won't do, won't make any difference, unless allowed Intelligently, without ego(ic clinging) involved.

It doesn't mean quantum tricks wouldn't have consequence in the world of form – just like with any mind-form that you allow as if it would be true. You can surely do something with it, even let it give a direction to your life. Only, as long as the other side of the Coin of Life is being ignored in it, you won't Truly Grow from it – as Growth only and by Nature Happens when Duality is Allowed, Consciously, its alternating is no longer resisted – Duality being Allowed in Oneness, one could say.

01.12.09

• In principle, a teaching is worth nothing without *Teacher*. A book like the bible, for instance, is of not much value without Jesus, without Living Teacher, whether the teacher is still in the Body – which has a substantial advantage – or is, perceptibly, radiating from the subtle non-physical worlds. The Teacher 'Itself' must be Alive. If you resonate with the Conscious Life in a True Teacher you start vibrating on that same level, frequency – even though this often and usually means soon the end of it, since most people are simply not ready to vibrate on the level of a True Heart-developed Teacher. But you may get some shot anyway, one that in the best case will be of substantial assistance on your path.

Something happens in you, in your system, when you Resonate with the Teacher, not when you read a teaching (unless the teaching is vibrantly Alive and directly associated with and coming from a Heart-developed Teacher). You cannot – egoically or anyway – extract or squeeze the desired teaching out of the Teacher, *not* truly separate it from him, from who he Is. Your mind, self-obsessed as it usually is, wants only the teaching – to make you Whole. It is *your* mind to which – or, as you even may assume, to *whom* – something valuable has to be added.

You 'love' (big part of) the teaching while something in you is averse to the teacher, unless he's a safe innocent nothing. You have to protect yourself against the (ego-humiliating Life coming through the) Teacher. Nonetheless, to be able to deal better with life, to grow maybe, you like to add (parts of) his teaching to your unwholeness. You want to gather pieces of wisdom. From a holistic, realistic perspective, this is absurd and will never work. I saw and see people around me doing it like this. After many years of gathering pieces of information and 'wisdom' they're still as confused as when I saw them for the first time.

Well, what do you want. If you surrender and keep on surrendering to the Ego, ordering you, as if it is the most natural thing that you are its slave – and you are – to gather, scrape together wisdom and not surrender to resonating with the (vibrating Life in a) Teacher, then that's what you get. You grow via Meeting and Allowing (certain) people – even though this may be uncomfortable or painful – not via allowing dead 'wisdom'. You cannot objectify the whole Process and expect to substantially Grow. The Process is about Life Itself.

Regarding the low intrinsic value of texts as such there is an exception for texts of certain teachers or masters who, to whatever extent and depth, Transmit their Resonance via their writings – although the sensitive soul can always tune into the (depth or lack of) Life behind the words. In fact, transmittance via texts of any writer unavoidably happens anyway, always, but normally it is a transmittance of relative or in the worst case complete deadness, of mind, of bodilessness, of ego. If you say that reinforcement of the self, of the ego in you, via expanding its mountain of knowledge and its bodiless overview of reality via intelligent texts, is growth, too – there's something to it – then it's time for me to shut up.

03.12.09

• To be clear, and contrary to what some people unavoidably (yet egoically like to) believe when they read some of my texts or listen to me speaking, I never felt rejected by (a) Woman. She was always part of Me. I always felt She rejected part of Herself whenever she seemingly rejected me. I always felt she denied her natural love for *Me*, since allowing the manifestation of that in the end Impersonal Love seemed to be in conflict with her interests. And what to do, when Woman *feels* forced to choose between Her Love and Her interests She chooses Her supposed interests. I can't blame Her.

I always felt her confusion when, for instance and not unusual, she got interested in another Man-form at a certain point in our relation (or from the beginning, which represents the unavoidable Duality), or when she actually went there or 'even' made love with the safe substitute.

'I', My Love, exists as seemingly being 'against' – but in Fact it is Beyond – Woman's (supposed or real, earth-bound) interests. 'I' Destroy Her interests – or rather: in My Non-Compromising Heart-Presence it is being Revealed that Her interests were never True, not Real. Ultimately, they appear to be illusions, fantasies, dreams, not Embedded in (a Deeper) Reality, even though She must try to make them real.

My Task – as Man – is close to hopeless: to show Woman Her illusions and the Truth Beyond them – but that's one package in fact: if all Her illusions are Seen, Cut through, Admitted, Acknowledged, Surrendered, then, in the End, Truth (or Reality) is what is Naturally Left.

In the end, we're talking here about the Duality of Impersonal Love and earthly person-bound, interest-based love. Truth shows there is a preference for one or the other. Making the Dual struggle Conscious – instead of, usually unconsciously, choosing one – means growing in a spiritual sense.

In a dynamic Man-Woman Relation, Man should Represent the Selfless Love Which stands for the One, while Woman Represents the Human Dual Struggle. Woman, and justly so, fights for Her Earthly interests, while Man, not against interests, tries to embed them in His Wholeness. The man who fights for his own interests (or even for Woman's interests) cannot yet be in Relation to Woman, he has become Woman.

- You can try your very best, but sooner or later you have to Bow for the fact that you cannot prevent 'your' Heart, the Heart, from being rejected.

This Bowing, allowing a Deeper Seeing of how things are going, are ruled here on earth, is part of Divine Nature, part – or in Fact even the *Essence* – of the Human Process, of Being Humbled. It's the Big Test: whether You Allow Something Beyond You to Whole-Heartedly *and* Whole-Bodily Feel the Pain of people's, of the earthly Resistance to the Heart That You cannot but Want to Give in this (and any) lifetime.

Anti-teaching

My 'teaching' is necessarily anti-teaching. I don't have a teaching, Simply because Truth Itself (That I Am) cannot be taught. Necessarily, every teaching is a Lie. Truth never does something to get somewhere else.

I Show you all the Lies we're naturally associated with being here in this world. If they're all Seen through, Whole-Heartedly Acknowledged to be Lie, if you finally stop protecting the Lie, then Truth might Reveal Itself. I Take away the obstacles to This – if you Allow Me.

The ingredients that really matter if it's about Realizing Truth – namely Love for Truth, Selflessness, Humbleness, Dedication, Perseverance, Courage, Distinction, no self-obsession, Pain-tolerance, Intelligence, Surrender – are things I cannot teach, they cannot be taught. *Potentially* all these Qualities are there in everyone – and they all need to be there. But a Potential has got nothing to do with actual (or manifesting) reality. If you still safely bow for the world's natural egoic resistance to Truth, to any of these Qualities, if you refuse to take a stand for and as Truth, then the Potential won't Manifest, won't be Living as You(r Body).

You *always* bow, one way or another. See this. You Bow for Truth or you bow for the Lie. The grey area in between where you think you are, where Ego likes to situate you, is part of the Lie. In Truth, greyness is by Nature Constantly being Meditated until Full Clarity Appears again, Breaks through, until you See Black and White again, until Truth and Lie are Obvious again and are not merely Fighting in the Dark.

You don't really (and even cannot) accept greyness. Maybe you think you are lovingly accepting it, where and how you are. But you aren't, (as) you don't See it. And the semi-attempt to accept it is anyway one sided. It would mean at the same time you do not accept to Live the Force of Truth Already Existing (as You) and Wanting to Pierce through the Lie of greyness. Real Acceptance is not what you safely think or assume. It is Always Related to Surrendering to Both Sides of the – of any – Duality of Life, Surrendering to the Always Existing Fight between these Two.

Quite many teachers say you must not Fight (with others and in the first place with yourself). But You Exist as Fight. How can you then not Fight? How can Life Stop Itself? How can you successfully Fight the Fight That Life Is as Duality (as Part of the Oneness of Oneness and Duality) and settle – egoically, 'peacefully' – in a state of No-Fight? This is a Lie.

True, My Function Includes (and necessarily it's even an important part of it): Showing you (even) all Lies that 'well meaning' teachers put in you and that are generally accepted (that is: defined) as True. What is that anyway – well-meaning? Having 'good' and 'selfless' thoughts that are generally or by everybody considered 'good' and selfless and are fighting against bad and selfish thoughts?

Truth is Always, Inherently anti-teaching(s) or contra-teaching. If a teacher says this, immediately a Force comes into existence that Wants to Show you the other side, the not

stressed side of Life, the safely forgotten side of Life. In that sense a teacher normally represents Ego, that is: choosing one side of Life. And you choose a teacher (or writer) who corresponds with your 'own' egoic structure and preference. Even when a teacher chooses the Egoless, chooses not-choosing therefore – what then about Ego? Where has Ego gone? Has the Ego-Force suddenly disappeared from the earth? Or are we so separate that we can manage to keep the Egoic Force out of our Bodies and to stay in a cocoon of Egolessness?

When a teacher shows you 'your' (Egoless) Being Beyond your daily hustle and bustle, Beyond your half-conscious (and indeed illusory) identifications, what to do practically with this revelation? Life goes on... Or would the teacher want that, every time 'Being' disappears behind the clouds, you find It again and go back to 'your' Being, so that finally you're permanently settled in and as It? Truth, the One, Always Shows you the Two.

Only if you See-Feel-Live (as Heart as Body) all the Twos, all Dualities of Life, of the different Spheres of Life, the One Truth is What is Left. And there is no teaching any more. What they call 'Wisdom' is in fact that which is there when one is not being Deluded any more by any Duality of Life – Deluded into believing that one side of them would be the Truth. Even Truth is not True, without Lie. There are always Two.

A teacher considered to represent or be Truth is nothing without Lie, worthless, if he is not in Constant Relation with the Lie, if his Body does not all the time and Inherently Painfully Meditate-Feel the Lie. Without Lie he could even physically die. He *has to* eat the Lie. You see? It's always one package, one cannot exist without the other. Truth can never be better than the Lie. Real Truth, so to speak, is Beyond Truth and Lie, Beyond the Truth of Oneness and the Lie of Duality, Beyond the Paradox of Everything.

It is Beyond teaching that and if Truth Realizes the Lie – as Itself. This is an incredibly long long (and Painful) Way Down into the Mud of Life – far far far beyond nice teachings, any teaching. As Truth to Actually Allow the Body to Absorb, Become the Lie – that's really Something Finally. But Only by This the Body has Really Become Truth, by Totally Integrating the Lie in and as Itself, by again and again and again Surrendering Truth's Natural Resistance to the Natural Resistance of the Lie against Truth.

You See? 'Do' It. Digest. It is So. Let 'your' Body be Transfigured by Taking in-Feeling-Digesting the Lie – instead of simply submitting to it in the Dark (or, more exceptionally, instead of submitting to Truth being against Lie). Let your Body be One-d by and be Sacrificed in the Truth of Truth and Lie.

I See you all struggling, trying to Integrate (more) Truth in ('your' or) the world of Lie. It doesn't Work, cannot Work. Mission Impossible. It's Necessarily the other way round. You – Beyond yourself and even Yourself but as *Truth Already* – Integrate the Lie in the World of Truth. That's a World of Difference. We won't meet somewhere in the middle – as I See Ego hopes.

There is no meeting of Truth and Lie – somewhere, at all – there's no compromise. In Reality There's Only Truth. There's Truth Meditating-Feeling and Consciously Absorbing Lie. And you are Part of this Meditation. Only you don't Allow This as Truth Yourself – because so far you were never Truly Willing to Sacrifice the Lie. This means you are Being Meditated – by That Which is not in any way attached to still (and anyway illusorily) being

benefited by any seeming attraction that 'the Lie' has to offer – or: that Ego has to offer to 'your' Ego, to itself, to its own illusoriness.

Truth is Alive – and Only Truth. Any holding on to any side of the Duality of Life – whether the 'truthful' side or the lie-side – deadens you, if only you could feel this. Of course, this deadening includes – and is even in one of the first places associated with – choosing against death or being deadened and in favour of life or liveliness.

No teaching can Let your Body Be the Truth.

12.12.09

- Some people are so separate from the other sex that, to function 'normally', they need to be with someone of the other sex. Needless to say there is a Fundamental Lie in this.



Therapy and the Heart

There are many many therapies.

The Heart is no therapy.

But the Heart is the only True Therapy, the only Therapy That Works, because It is no therapy, but Life (or Truth) Itself.

Therapy doesn't work.

You have to Understand the Source of things: the Heart. Only if Something in the Heart is Touched, Awakened, things, forms in someone will change, by Itself, no special effort needed – the Form Follows the Formless, and not the other way round. You cannot change the Heart by changing forms, by therapy therefore. Only in case the Heart Itself – beyond heart – is Touched during therapy, by accident or anyhow,¹ then Something Happens (for the person in question and at all).

With normal psycho- or spiritual or whatever therapies it might in some cases and in general be possible to be put on the 'right track' again if it's about your personal functioning in society, or, regarding your spiritual development, you might be helped to get rid of some energetic blockade. But where does this lead? Not to Truth anyway. And it is Simply So that Only (Getting (Deeper) in Touch with) Truth or Reality Itself Works, Only Truth or Reality Itself is Part of Your True Human Development on earth. Only the Heart Itself can Develop, here on earth and at all – if It gets Consciously in Touch with that which is Opposing the Heart to Be Here, Alive on earth.

Now it might indeed be so that many therapies can have this function: making people more aware of the fact that this therapy or in fact that which it leads or would lead you to is, on a Deeper Level, not what You Want, that it doesn't Serve anyone or anything as a matter of fact. My own process in the past with therapy was successful in the sense that in the end I was urged, forced to learn to say NO to it. It cost a hell of a lot of money, and to be honest even after quite many sessions, it didn't give me *anything*, absolutely nothing, zero.

Because of the fact that, also in the past, before Realization of Truth was So, I always (meditated and even) 'became' an other person it was not easy to say No 'to her'. It would be against her financial and egoic interest, she might have a feeling of failure when I'd say that I don't want this therapy any more, it's not my thing. My own interests were not so important or even didn't exist. I always saw and felt (as) the Whole, not especially or in the first place myself – whereas in (psycho)therapy you often learn to be even more self-centred, convinced of yourself, to respect who you (supposedly) are.² I managed anyway to say it and could resist

¹ This Touch cannot be done structurally nor strategically, not as a manner, as a method, not intentionally. It cannot be done.

² Which therapist dares to say to the client: 'What do you think, it's not about you!'

This is not just some irresponsible remark, by which, if it would go like that, people would get an identity-crisis. It's a relief: of the self-cramp, self-obsession, that is everyone's (only) problem.

her manipulative trying to prolong the therapy, as she found it would serve me. She was indeed disappointed.

Soon, and in the course of a few years clearly, I learned that it was not just *her* incapacity to 'help' me, no single therapist or helper could. And I learned they don't have to. The whole approach was wrong. I was Deluded by Society. When 'my' energy was not functioning 'normally', as society expected it to do so, as others function energetically – mostly deadened – then, I learned, I have a problem.

In a struggle I Learned though, totally 'on my own' and withstanding everyone(’s opinion), withstanding the entire Society, withstanding the basic assumption of therapy, that 'I' am not a problem, or in fact: the Heart is no problem. The Norm is the Lie. Society is inherently problematic, anti-Nature, anti-Heart, anti-Me, anti-Love, anti-Truth. This holds true even for therapies, at least in so far as they try to help you function (more) normally again, fitting society better.

If they do so depends of course (not so much on the kind of therapy but) on the therapist, whether or not and, in practice, to what extent he or she is, unconsciously, serving Society in the first place, through the client. Or is the Heart manifesting through and as the client being Served, not the person but Love Itself. In fact though, the Heart *cannot* be repaired, helped by (any) therapies. It is Inherently in a Big Struggle here on earth. The more It is Present Here, the harder time It has, to survive, to deal with all the Pain It has to bear (and Transcend) then.

A therapist, Truly, can only give his or her Heart and That is what is being given, beyond the apparent, beyond what is agreed upon in regard to what the 'gift' will be. Often in fact the one who is in therapy will be 'the giver', in case his or her Heart is more Developed, went already more into the Unavoidable Struggle on earth to Give the Heart and Meeting all the unavoidable and huge Resistance to this, in case the Dark was Touched more consciously already or at all.

In my case of therapy I also came to feel that I was 'the giver', the Heart, to Which or Whom she was attracted. In itself not bad at all, but I couldn't stand the Lie any more, that I had to pay so much money for that, idiotically much. Although true, it was often the case in my life and in fact 'normal', that to be able to secretly give something of my Heart, I was the one who had to pay for that. No complaint. I came to know the rules here on earth by such struggles. Nothing wrong with that.

The Heart indeed has to Learn the Lie that seems to be ruling here on earth, whatever way is necessary in order to Learn. It has to Learn that the Purer It is or 'Becomes', the more obstruction there will be, the more obstacles. Dirt is the unwritten Norm here on earth. Only, 'they' (society) spell it very differently: 'b-e-a-u-t-i-f-u-l'. People of course get fucked up, messed up like this – and they look for or are often even manipulated into therapy. The therapy only could 'Work' however if there is Heart available – Heart That Shows the Dark, Shows Its Survival in and Inclusion of the Dark, Shows That It has Lived through it Itself.

The Only Thing that Works and is already – always – happening in therapy is Resonating with the Heart of the other. This Heart has no single form. It happens totally behind the scene, beyond the agreement, disregarding who is supposed to 'help' and be

'helped'. The form the therapy takes is just an excuse, you could say, to have a situation created in which the Heart can Resonate with the Heart of the other person. 'Of course', if 'the receiver' allows his or her Heart to Resonate with the more Alive, more Manifested Heart of 'the giver', then the whole concept of 'giver' and 'receiver' falls away.

That this Resonating of the Heart(s) – which is what basically happens in therapy and in any meeting of persons – costs one person money and that it realizes money for the other one, doesn't seem to matter; it is just a form, one could say, even though this is of course obviously a Lie. Still, a truthful Heartful therapist has at least a conflict in him- or herself with this issue, which is totally normal (and reveals some Heart instead of lack of clarity).

Only the Heart Works. Therapy never works.

If, partly theoretically, people who Allow more Heart to Live in and as them are relatively often urged to become a therapist – which is something I cannot confirm – if this Heart meeting people in the form of therapy is bearing some fruits for the 'receiver of Heart', then this doesn't mean of course that it would be therapy itself that works.

No method can bring people to 'themselves' or, in fact, to the Heart. If therapy seems to work, then it is in fact the Heart to whatever extent present in the meeting that works. Another way of putting it, although it's not exactly the same, it is 'Humanness' that works, human contact, being in relation, as Being (in) Relation is True. Not feeling part of the Whole gives one a sense of being sick.³ If therapy works it is the humanness or human aspect that was more or less present in the meeting that works and not therapy in itself.

And society won't be happy with the success, that's for sure. Society cannot use a Heart for itself. Society is a machine, it's inherently not human. It doesn't, cannot function in a human way.

So if 'therapy' manages to let Heart live a little bit more here on earth, this is against society's interest, and sooner or later if it finds out about 'the crime' the financing of such (kind of) therapy will be stopped or minimized as being not functional or successful. It is simply so that the more Heart someone allows, the less he or she is able to work for and as part of society.

Therapy and therapists will always be in inherent conflict with this item. If they are successful for society, to get someone on the 'right track' again, then where has the Heart gone? If they are successful for the client his or her Heart has been Supported, reinforced to be able to stand better the pressure of the Heartless society.

³ One shouldn't confuse society with 'the Whole'. Although it can take a long time before one finds out about this. Society may indeed stand for 'the others', but functioning with others does not necessarily include Contact – even though in general people will 'feel' better when meeting others even when there's no Contact than the other way round, Being in Contact while hardly meeting people. 'Flowing with the Lie' (of no-Contact) makes people indeed feel better, superficially. On a Deeper Level this is not at all the case though and one can even fall in a crisis when realizing the emptiness of the many contacts and somehow feeling incapable of Allowing and Manifesting the Natural Urge for Depth in Contact.

True therapy functions as a Counter-Force 'against' the bulldozer or inhumanness that Society is. It is part of the Fight of the Heart and Society. It doesn't serve society, it serves the One Heart.

The bulldozer says: your Heart is a handicap.

You must follow a therapy to make you stronger again, fitter, more defensible, less vulnerable, less sensitive. With all this sensitivity you cannot function normally. It's a handicap. And most believe it to be so. I too had a hard time with people's manipulations to make me believe that I had a problem here – because indeed, with this Open Sensitive Heart it was (almost) impossible to function in society. But I Surrendered to struggling with all the opposition rather than giving in, than believing. Only 'my' Heart I Believed. Only 'my' Heart was not crazy.

I never Saw It as *my* Heart. It was always *the* Heart, *the* Truth. And finally after 10 years I felt 'I' – or the Heart – 'won'. Of course, opposition will always stay and new one will come. But it's afraid now of Me, of the Heart in Fact, the Heart That got only Stronger and Stronger by not denying the opposition, resistance, by not submitting to it either, but keeping on Fighting – as Love.

If 'someone' would be sick at all, it is not the Heart but society that turned into a cold dead dehumanized machine of forms, norms, rules and structures and time and money and noise. The Heart becomes Stronger if it is not simply against society, if, despite Seeing-Feeling that society is not True (indeed), it doesn't withdraw from it completely, but it rather Fights to Survive as Heart in the world, if it Struggles to Take the Pain and Cramp that the Lie of Society is, into Itself, into the Heart and Transcend it – to, then, Give it, Transcended, back.

This is the Therapy for the cold dehumanized society. Everyone can be a therapist, in principle. First year of your education you Learn amongst others to See through the Inherent Lie of and in Society and See how you, too, bow(ed) for it. Second year you Learn to Stop submitting to it. In the third year you Learn to Take its Pain in your Heart and how to Transcend it, 'even' Bodily. In the fourth year you Learn how to Give it back. In thankfulness for the Pain society offered you, you give it back, Transcended.

During the entire education you Learn to be Freed from any impulse to want to have a reward for what you do. This reward-way of thinking is what you've learned in society – but you never really managed to love it.

After the whole study, no examiner but the Heart Itself Decides if you graduated or not, if you will be a therapist for society.

Whatever they say: Society is waiting for you. Good luck.

- All who feel a natural impulse to Come to Me, come...

You'll be part of a for the earth so far unique process of Man and Woman, which is about Manifesting Truth on earth as Human Bodies, Male and Female. You'll not just be a spectator, possibly finding it interesting. You actually become part of It, of the Whole Meditation. Deliver Me 'your' lack of clarity, share 'your' Pain, 'your' feeling of Loneliness or lack of fulfilment, 'your' Longing, 'your' Love, 'your' Wisdom, 'your' Body. The Process here continues, in all Fire, Pain and Love. It didn't stop and It will not stop.



Man's Final Ordeal is with Woman('s Dark)
To Be Humbled Beyond (Adi Da's State of) Oneness⁴

'My' Surrender to and Actually Becoming Adi Da('s State of 7th Stage Realization) was, although not nothing, relatively easy for Me; He greatly paved the Way and 'I' in turn am gifted with this combination of Force as Truth and Humbleness – what's the difference in the End.

What 'I' Do – or in Fact Allow – now though, is much, incomparably much more difficult and (historically) totally unique: to Bring the Truth into (a) Woman's Body – in Her *Whole* Body, even in the apparently inaccessible and dangerous Dark lower spheres.

At this moment I cannot say whether we'll manage or not or to what extent. It's a crazy hell of an ordeal, requiring from Me the subtlest dance with Ego imaginable, requiring from Woman a Dedication to Truth that simply never happened before.

To Truth, yes, instead of to Her (grosser or spiritual) Ego as has always been the case so far. Her Dedication to Truth is a Reflection of My *Being* Truth, the One Egoless Truth Living Consciously the Two.

She Herself, without Me (*Being* Truth), cannot have this Dedication, impossible. 'I', Man, the Male Force, Create(d) Her, but still we have to Do It Together. Allowing to Be Bodily Created (as Truth) is the Same Ordeal as the Creation Itself.

To Bring Consciousness in Woman's lower spheres is such hell that almost no men even start the Ordeal. Still, without This Happening, Man's possible Bright Realization of Truth will – at most – remain something great to look at, admire and maybe (try to) copy but It doesn't Fundamentally Touch the Earth – as long as Woman is not Whole-Heartedly and Whole-Bodily Involved.

I can only say I'm sorry for man if he's so busy with his own greatness or business and by that, by this self-obsession or Self obsession, doesn't See the Function of Woman (in the Whole Process of a Human Being), Which, if Natural Love for Her is Allowed, becomes Obvious by Itself.

Adi Da has had and still has His Own Great Function in the Spiritual Development of Humanity. Of Woman though He does (or did) hardly Understand anything – like most Masters. He was and stayed Man, Man the Spiritual Conqueror, Liberator. He wouldn't and didn't Allow to Become Woman too – and Man's Becoming and Living Woman is Necessary for Woman (and therefore for Man, as She is Part of Himself) to Become Truth, to Become Whole-Heartedly and Whole-Bodily Truth.

He *thinks* (or *thought*) He Allowed but in fact what He did was to Absorb and Integrate in Himself the Female Shakti – so She would always be *with* Him, but merely supporting Him. *He didn't Become Her Himself*. This would have gone much too far for Him and it was not Part of His Function anyhow. He was much too reluctant to and apprehensive of this (extreme Vulnerability). Gone would be the Hero.

⁴ For people interested in a more elaborate article on Adi Da, See Da, June 2005.

Truly, He asked Her, 'the Lady', to come to Him and subsequently to not leave Him any more. Asking – unavoidably related with wanting – is inherently egoic. One can state that the spiritual search stops – as far as it is about 'Woman' at least – once Energy (or Shakti) is with you and stays permanently,⁵ but of course in this case one's state of being is based on Ego, on Wanting, on a Lie. If Ego got what it wanted – and the search has ended – that's not the same as an Egoless State. The whole thing is still based on Ego. Shakti – Energy – is not Naturally, Egolessly, Surrendered in Man's Truth Beyond Energy. She takes care of Him instead, which is an unhealthy un-Holy un-Truthful situation.

Anyway, as indicated before, it is simply not True, that when Energy (Shakti) seems to be permanently with you, 'Woman' would be with you. Woman Is Duality. Forms come and go. Just so with Energy. In Fact, Woman is There when there is (Conscious) Surrender into (and not to) *Duality* – not in case of mere Surrender into (the Male World of) 'Oneness', Oneness even when simultaneously radiating a strong Energy. Simultaneity is not the same as Sameness.

In Truth, in the Truth of Man and Woman, Man doesn't ask Woman nor conquers Her nor uses Her for Himself, for His Wholeness. In Truth, Man doesn't ask anything of Woman, He offers Himself completely. In Truth, Man Shows Woman She is (Always Already) Part of Him, of His Already Wholeness – a Hell of a Job – and if She Recognizes that He is Truthful in This, that He *Really* Actually Lives Woman as His Own Heart *and Body* without the slightest separation⁶ from Her ('normal' State of Separation), She 'Goes in Him'.⁷

⁵ If one goes seriously deeper into things one cannot but See-Feel and conclude that one of the main characteristics of 'Woman' or 'Energy' is her instability, impermanence. It's an egoic dream that if one Really Lives the Whole Truth, Both Sides of Life's Duality therefore, the Shakti would always be fully forcefully unlimitedly shinningly present. Shakti is Form and Form is susceptible and even bound to change. Shakti *can* be cultivated, but that's another story. One *can* surrender to Shakti – also another story. You can't serve two 'Lords' though, or here: you can't serve the Lord and the Queen. If you Surrender to Truth, Energy will come in whatever forms and qualities and to whatever extent appropriate for whatever situation. If one surrenders to Energy, Truth does *not* Come though. The Only True Service to the Queen is True Service to the 'Lord', to the Male Force. It's a long humbling Way Down into the Mud to See this in all Clarity. But it *can* be Seen then that Man *Is* the Whole and Serving the Whole Includes Serving Woman. The True Man doesn't Know how *not* to Serve Woman, to Serve Her as (Part of) Himself and not as (an) 'Other'. This True Service is, in a way, the opposite of pleasing Her but in Fact Beyond pleasing Her or not. It's Nature Itself, this Service, so Simply Pure that one doesn't understand the word 'service' any more.

⁶ One form that Man's separation from Woman takes is when the spiritual male teacher or master – or any man-form of course – tries to make clear to Woman that She is doing something 'wrong' or unTrue if She cramps energetically and by this resists to receive Him, instead of Showing Her that cramp, resistance is Basic Natural Part of the Whole. This error of Man amounts to a lack of Consciousness. Instead of Accepting, Feeling, Bodily Living, even co-Suffering Her, He – as Woman (but not allowing the Woman Consciously in Him) – tries to seduce Her into Surrendering the cramp, Her resistance into Him, into Man (which in itself would give a relief from the cramp indeed and, it is true, the temptation to seduce Her in this respect is almost irresistible for Man).

And only then There is and was no Ego involved in the Union. If there is Ego involved – like in Da's case – the Union is based on quicksand, and cannot be called a True Union (albeit maybe it is a great success for 'male' Ego (or in fact: for not-Met, not-Transcended, not (Fully) Seen Female Ego in Himself)).

For a Man, 'Becoming Woman', Fully Incorporating Her – and this is what quite some spiritually interested people falsely presume – is not the same as carrying Female Shakti in the belly (or in the whole Body). It cannot Happen by winning Shakti for yourself, It cannot Be by Surrendering to a (Male or even Female) Master who carries this Shakti within Him- (or Her)self. It won't Be by Praying to, Adoring, Attuning to, Meditating on, Loving or even Surrendering to the Divine Woman Herself. It, Becoming Woman, Only Happens by, Actually, Whole-Heartedly and Whole-Bodily, Feeling Woman's Pain, Her Drama of Separation, Her Drama of Duality (as your own).

The Divine Woman Came to Me and Went in Me when *She* Recognized My (Man's) Total, even Bodily Lived Love for and as Her which was eventually Manifesting as a terrible and until that moment not experienced deep crying from (Her) Pain coming through My throat – my mouth opened much wider than it is able to – Manifesting as an unstoppable river of tears Feeling Her Pain of having (seemingly, but in Her experience actually) lost Me, Man, Her Source and Heart and Eye and All, Her Only Safety, Trust, Love and Beloved.

Man, spiritual or otherwise: Finally Grow Up, Finally Be Humble therefore. I can 'Teach' (or in fact Show) you Humbleness, if only you would be so Humble to Recognize Me ('and' My Humbleness).

Man, you always make the same Error – including You, Da. You, Egoically, Want to Relieve Woman from Her Pain – without (First, or at all) Becoming it. Understand, Finally, She will never ever Surrender to You, if you don't *Become* all of Her, all Her Pain. That You are Her Hero is not Enough. The Hero is a picture. You have to Actually Do It. Become Her. Live Her. Be Her. Feel Her. Sacrifice the Whole Body into Her, the Whole damned thing. Your Great Consciousness may Outshine all the Universe... but Woman is still sitting here. And She cannot even cry, She is so stuck.

When and as long as She is stuck You are stuck, (as) She Is Part of You.

Man, you 'have to' Learn (*as Me*, as this is impossible as yourself) to Surrender, to Man *and* to Woman – to Woman as Part of Man. Bring Light in Woman's Body, high *and* low and Be in Hell. Don't dream about the Light (too much, if at all), the Dark is your Business. As Man you are not in Love with your own image as Narcissus is. You are not in Love with your own Light, your own Bliss, your Consciousness, your Male Force. No, you're in Love with the Dark, Woman's Darkness.

When you hear an awful roaring of a huge monster coming out of the Dark cave you don't yell and try to seduce the monster to come out of the cave and Surrender into your

⁷ Or, in fact, the 'Going in' is rather a noticeable sign of the *Realization* of Oneness of Man and Woman Taking Place. It is comparable to My Seeing of 'the Golden Buddha' when Realization of Truth Happened here. The Golden Buddha is a sign and not the Realization itself.

blinking dayLight. No, you go into the cave and let yourself be completely eaten – only *then* to Suddenly Reveal that you cannot be Killed, that the monster is Part of You, (only) by which the monster suddenly loses its anti-Manness. She will only Manifest Her Love for You if you've overcome all your fear of Her, if the Monster is actually Touched and Transcended – Touched by your Love for it and Transcended into that same Love which you Manifest on earth.

It's a long way Down – before She really Hears you, Sees you, Loves you, before She Recognizes the Teeth you have to Show (and of which She's so afraid) to Be Her Own.

A Sign of Man's Seriousness – *Beyond* His words and Consciousness – in His Love for Woman and His Totally Including Her in Himself is whether or not Man Actually and Consciously Lives *Duality* – and therefore Woman Herself – as Part of Himself. Is Duality merely pushed to the background as not interesting, not important, even as non-existent, something that would be totally Gone or Outshone if Oneness is truly Realized and Lived? Does Man present Himself as (Only) the One in Whom all Duality has Disappeared and everybody's Duality will Disappear if only they take Serious, See and Submit to His (State of) Oneness, His Being the One Indivisible Non-Differential Divine Presence?

Or does He Actually Live and therefore Include Duality (or: Woman) in His Teaching and scriptures? Is 'Woman' some – separate – subject maybe – or not even that? Is it all about Him, about Man, or is Woman a Natural *Integral* Part of His Work, Teaching and Revelation? If not, like in Adi Da's case, He simply doesn't See (at all) the Role of Woman in and as a Natural, Integral Part of the Whole. In short: He does not See Woman. As Narcissus He Sees only Himself. Woman is supposed to See *Him*, to Realize and Be like Him – non-differentially. Why, if She has to Be Like Him, has She got a different Body then and why does it, why does She Function so differently?⁸

Man, in Truth, Must simply Do His Job: Realize and Live His Oneness as Man and for the rest not bother and talk too much about It but rather Come Back to, Dedicate and Give Himself to Woman.

It's true, Da said once that His being with and relation with His women was the most difficult thing in His life. This is a very truthful and honest remark and an indication of the True Ultimate Ordeal of Man: the Ordeal with Woman. But how come this 'greatest difficulty' of all is not foundational to nor even at all part of His great Work, His very (what content (and also size) is concerned) impressive library, He Who writes about and teaches everything, even showing His students 'how to floss their teeth'?

Of course the answer is simple – and, basically, twofold. One is: He does not See Woman and Her Natural Role in the Whole.⁹ He is, egoically, staring Himself blind in the

⁸ It's *not* so that only in the second chakra or sphere of life one would be Man or Woman and for the rest it wouldn't matter in and as what Body one exists. The Whole Body-Being is Permeated by the Fact of being a Man or a Woman – contrary to what spiritual people *suppose* in their non-understanding of and seeming disinterest in Manifestation.

⁹ Not directly the topic of this essay, but to have at least some more clarity about Woman's Natural Function or Ordeal the following points are given here to let go through you. Note that without Male Presence, Male Force, these Functions don't make sense; only in Relation things make Sense.

pond reflecting Man's Own Greatness as Oneness, Oneness Including – indeed – Man *and* Woman. But Who or What *Is* this Woman? He never Looked Her in the Eye.

The second explanation – related to the first – is that He did not or hardly Actually *Live* the True Ordeal with Woman, the Totally Humbling Process of Man and Woman, Constantly Living Her Pain 'and' Darkness in His Own Body in Non-Separate Relation with Her. If man doesn't Do So it's indeed difficult to See. He just didn't (*want to*) get it. Woman was to Bow for Man, for Him as a matter of fact, but not Man for Woman. And therefore, as a mirror effect, He had to bow for Woman('s Ego), for the Female Separative Force, although unconsciously.

He was too afraid that His picture of the Great and Perfect One would be destroyed if He Associated 'too much' with Woman, with Her Dual World – which is just a click-clack for Him. Just See the click-clack and that's all there is to it, that's settled, let's not bother about it any further. Come back to your 'egoless' practice to overcome Duality and Realize the One, Him, in yourself. Indeed, His Picture *would* have broken down if He had Allowed Woman (more) to naturally influence and weaken His seemingly unassailable State. 'Woman' knows what to do with 'Man's Perfection'.

The practice, any practice, even a 'perfect practice' (as Da calls His practice), to, ultimately, Realize the One can of course not be egoless. Any attempt to overcome Duality is inherently egoic. One *cannot* overcome Duality, simply because one cannot overcome Life Itself. In itself, it's not bad at all to Realize Oneness Beyond all Duality. But then, from then on, to deny the existence or importance of Duality – of Woman – is not a Humble Gesture of Intelligence, to say the least.

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- Woman shares Her forms with Man. In general, She Brings Woman's or: the World's 'karma' (unFelt, unTranscended, non-manifested, stuck Pain) to Man's Heart.
 - She doesn't (totally) deny the Force in Her Which Wants Union with Man, Wants to Return Wholly in His Heart, and thus doesn't just settle in a cosy safe relationship with a Man-form.
 - She shows Her Resistance to Man, to Consciousness.
 - She shows (and not only denies nor shows merely bodily or with words) Her Love for *Man* and Shows in whatever way Her *Natural* Disgust for all Man-form(s) who are not Actually Living and Embodying *Man*.
 - Not denying Her Love for Man – the denial of which would be (and commonly is) Her unHappiness – She Finds (the) Man Who may Touch Her
 - She is Faithful to Man *Him- or Itself* and not to a(ny) Man-form.
 - She Allows Man to Touch Her Darkness – 'even' Bodily – and Admits that She Wants to Be and Is Co-Responsible for this. And She, in Togetherness and Fight with Man, Resists Her Darkness to Be Touched.
 - She Receives His Feedback in whatever form on Her Ego. There must be a basic Willingness to Let Her Ego Be Touched and to Transcend the attachment to whether suppressing or acting out the Ego.
 - She Learns to Respect Her Own Duality, not be one-sided fixed on and exclusively egoically in love with Man's Oneness. She Learns to See (and therefore Surrender in His Heart) all Her judgements to Woman, to Herself.

Another, again related, third point if you wish, is that people by nature are (egoically, but anyway) attracted to Man('s World), this Strong Straight Clear Conscious Painless Unproblematic World of the One – and not to Woman('s World) with Her Dual Uncertainty, lack of Clarity, Unconsciousness, Pain and Problematic Nature. A teacher stressing mainly or usually even exclusively and on behalf of whatever degree and Depth of Realization the One – Man – will be or has quite a chance to become popular (amongst egos), surely if his teaching is accompanied and carried by an impressive and feelable Force. Ego is very much attracted to the *seeming* Oneness of (Male) Consciousness and (Female) Energy. All problems – read: Duality – are over if this State has been Realized.

The 'good' thing for the teacher is that 'the many' will come. The 'bad' thing is they will (mainly) be egos, blinded by the Light. Egos like the teacher to, egoically, reinforce their dream, their hope for escape from suffering. The teacher could in principle see his own ego, his own Dark Spot, reflected in the ones who come and to whatever extent submit to him or to his safe teaching.

Would people still come and stay if a teacher would not please their ego at all and just speak or in whatever way Radiate the Truth, that Duality can't be Killed or overcome or permanently Outshone? No, of course not. Who's attracted to the Holy Message of Pain? People want to see reflected in a mirror a state that is (or *seems*) Free from what they judge in themselves and would like to get rid of, overcome, transcend. Only very few people Love Truth Itself instead of their own (not Conscious) picture of how they (and a teacher) should and want to be. Define Bliss as the Ultimate Reality and Ego is totally satisfied, on both fronts: it can have the 'goodies' from life (Eternal Bliss) *and* it is (supposedly, but by spiritual definition) being truthful in doing so. What a Lie. What a (clever?) Ego. The from Duality Separate One defines Reality as he wishes. Accepting – and Surrendering, even Whole-Bodily, into – (Dual, Painful, earthly) life is not easy, that's true.

It is Nature that Man Feels like Manifesting on earth the Nature of Woman Surrendering to Man, of Woman (Earth)'s Reception of Him as the One Consciousness. If a Male teacher would always only talk to Man-forms, he soon wouldn't talk any more or even not at all (unless he might be homosexual). Man wants to impress Woman, as long as He's separate from Her – to 'get' Her, to Be(come) (supposedly) Whole Himself by this, and to use Her earthly power for Manifesting His particular form or formless structure of Consciousness.

Yes, Woman has the Natural Tendency to Want to Surrender – to the One Who Knows. By this Surrender, She who seemed to have left Him, separated from Him, Returns into Him, is Taken Back in and by Her Source. In itself this (Nature) is not unTrue. And so quite some women try to Surrender to the One Who Knows, Appearing in a Male Form. They cannot. They cannot if and as long as Man doesn't (Wholly even) *See* Her but is merely occupied with and (naturally) longing for being Seen by Her, as long as he is Deluded to believe that She has to See Him and that's it.

Well, in the Natural Course of the Process, of the Meeting of Man and Woman She Needs to See Him indeed, to See Him Deeper and Deeper. She Needs to See Man Beyond any Form, but this is only possible if – and this Goes Naturally Together with the by Him and Her Allowed circumstance that – He Sees Her. Woman cannot be conquered, won by and for

Man. As long as Her Darkness is fundamentally unTouched by Man's Heart, as long as there's no Light in Her Womb – when for example She's structurally and egoically (mislead and) guided away from Her Duality into (more and more and ultimately supposedly perfect) Oneness – She will always (and by Nature 'Should') Resist Him.

Man therefore can only, Inherently Humbly, Create the Situation in Which Man and Woman – as One Heart – Descend in Woman's Darkness and Duality. He Creates the Situation in Which it becomes possible for Woman to Let Herself Be Touched in Her Heart – *and*, Ultimately, in Her Whole Body, by Him. Only this Situation, requiring Man and Woman's Deepest Love for and Dedication to Each Other – for and to Truth therefore – *might* eventually Lead to Woman's Body Being Wholly Enlivened, Enlightened by Man's Heart. And this is only possible if Man Let Himself Be Humbly Endarkened by Woman – *not* Giving Up His Heart in this Process though.

Only the Deepest Intelligence – Love – can Do all This. Only Man – or the Whole – can, if He Totally Sees and Actually Whole-Heartedly and Whole-Bodily Lives the Fact that Woman is Always Already Part of Him and does *not* (just or even at all) urge *Her* to Surrender to *Him*, to See Him, but, on the contrary, is Always *the First*: in Making the Bow as Man to Woman, the First in Surrendering into the Other's world, into Her world (even though, indeed, ultimately not being True *in and as itself* but being Part of His World), the First in Feeling all Pain and whatever discomforts that She has to Feel and, as Herself, always already feels throughout human history but so far merely Unconsciously.

Man, by Divine Nature, is the First. *He* Has, as the First, to Live *Her* – and not, in vain, wait till finally She would See and Live Him. *He*, as the First, Has to Integrate Her Duality – which is at first strange and unReal to Him – in His Own Male Heart *and* Body. Only then, by Resonance, His Oneness can 'Enter' Her Heart *and* Body.

As said before, this is a long long way down, Man – no matter if your name is Da or whatever. And I'm 'afraid' without True Humbleness it won't Work.

Shakti-Energy

Masters have different Functions to fulfil or play while on earth. One of the things I Need to Show is that to Be *Man, Truth*, Man is not dependent on Shakti, the Female Energy¹⁰ – in whatever way. Not infrequently with seekers but also if it's about (coming) masters, there is quite an interest in and a big attraction to if not longing for and running after Shakti – although of course this is much dependent on (but not solely related to) the religion or spiritual tradition they are affiliated with.

The Heart is Enough in and as Itself though. It's not necessary – nor, ultimately, True – to differentiate in different things, valuables, powers or energies (or at all Energy), or at least not regarding the idea that one would need those in order to Do or Allow the Whole and Wholistic Process of Normal Spiritual Development of a human being. Man – or the Whole – is not dependent on (reinforcing, pumping up or doing, manipulating anything in regard to) Energy – nor any part of Itself – as it is Naturally There Already. Anyway, being busy with a part or (a) Form can never Bring one to the One, to the Whole, to the Heart.

To start up the Process of, first, Discovering this Truth – Truth or the Heart not being Dependent on Energy – 'energy' was taken away from Me quite radically when I was almost 26. It was almost like throwing a baby in the sea and saying 'Just see how you manage. Bye'. Of course, I naturally started to search, to look for... energy – with the small amount of energy that was left. What a struggle it was, failing and failing. Or should I say, the whole scientific rational way of thinking, with which I was brought up, failed? To keep this story short for now, in the End I had to Bow for the Fact that Energy was not Primal, *not* a requisite (for anything), as it was and is already Integral Part of Something Beyond it. The Ego was exhausted in its fruitless search for an Illusion.¹¹ Love was What got me 'out' or through and Beyond eventually; the Heart, Being in Relation, was What got me through and not supposedly needing Energy for myself (not even vital energy).

Having Struggled through this Ordeal and overviewing the whole picture, it appeared that Natural part of My Task is to Show the world, people, even if 'just' one human being, that 'everybody' – including quite some masters – has always let themselves be Fooled, *structurally*, not just because of some little accident or overlooked detail or so. Let me show you why. There is Man and there is Woman – in the Duality of Existence. To Become Whole it is (whether or not unconsciously) presumed that, Logically, you Need Both Sides, Man and Woman, Man's Being (or Undifferentiated Consciousness) and Woman's Energy or Content (of Man's Empty Being).

¹⁰ In fact Energy is always, Inherently Female; also male energy is part of Woman's World of Energy, Dualized into male and female energy. So, strictly speaking, 'Female Energy' is a tautology.

¹¹ This exhaustion of Ego could happen because at the same time Truth was, Already, Present. If this Presence hadn't been the case or not Clear enough, Ego would not have been exhausted but, in theory, would have grown, getting fixed on (vital) Energy as Necessary and desirable.

So indeed, the other Big Seducer, next to Energy, is Consciousness, although the Seducer Consciousness is not the main topic of this article. Energy (or: Woman) Represents the Lower Sphere of a human being and Consciousness (or: Man) the Higher Sphere. Both are not True in and as Themselves. The Heart (or Whole) is seemingly in the middle of Low and High – as the heart-chakra, the fourth, is situated in the middle of the seven, with 3 denser spheres below and 3 subtler spiritual spheres above – but in Fact the Heart Itself is Beyond but Including all Spheres, even though, true, the sensitive person can Feel that the Centre of it all is, what the Body is concerned, Located in the chest-area.

My Point is that in the Duality of Man and Woman Man is not Man (but (part of) Woman). Seducing Woman, the Other Side of the Duality, in order to let Her fall for and Receive on earth Man's Consciousness has got nothing to Do with Man. Seducing is Inherently Female and a sign of lack, unWholeness, not-Man therefore. True Man, or the Male Force as I call It, is That Which (or the One Who) is Beyond this Duality (of Male and Female, of Consciousness and Energy). He does not need egoically and at all to hunt for or seduce the Basic Female Shakti (or Nectar) of the Universe. It's not only Available but Part of His Male Being (as the Male Force). And it's not available in limitless amounts for a Human Body as ego likes very much to believe – if only you know how to get and keep it.

Having and controlling the Shakti, Man would be Powerful, people assume. This is simply not so. Only, at most, *in Woman's world* you're surely more powerful with than without this (always egoically) desired Shakti. But not in (the Only Real World of and That Is) Truth. 'Power' doesn't exist there. There is nothing to defend, nothing to win. So what to gather Energy for...? If not for power, then does one do this for feeling good, for having a nice life, flowing, juicy, sexual or non-sexual or even for imagining oneself to be One, Whole? For Realizing the One? Or more banal, for being able to get and fertilize more women? For being safe?

The 'problem' with people – including (coming) masters – running after, meditating on and for, adoring and praying to the considered Divine Shakti is that they – unconsciously (or sometimes a bit more consciously) – feel *separate* from Woman. There the search begins – the search for a bit of Woman or, if you Want Her Totally and Always, for the 'Divine' Shakti Herself, Divine Mother or whatever She is called.

In My case, I never felt separate from Woman. She was always and Naturally Part of Me, of Man. That She didn't Recognize this to Be So but thought She was separate from Man and must try to get Him back, Seduce Him into Herself again, was strange to Me. That often She chose the common separate Man – Man who feels or presumes that Woman is someone else than He – and not Me, One Who Totally and Already Includes Her in Man's Heart, was strange as well, although I didn't feel rejected at all, I didn't feel angry. She was afraid of Me, of One Who did *not* separate from Her. In a bit of amazement I was 'Heart-studying' the whole show of Man and Woman – Woman wanting to be confirmed in Her assumption of separation and therefore preferring to be with separate men, representing at most a *picture* of Man. I was not totally on the side-line in the Man-Woman thing, I surely followed the Natural Impulse to get involved.

But I never Felt that I would need Woman, in whatever respect. How could I ever Need something (or even someone) that (or who) was 'in' Me already, Part of Me already? How could I ever Need Myself, ever need What is already the case? How could I Need Nature? What nonsense.

This 'attitude' was also reflected in My – so to speak – Sadhana years of Discovering Truth. I never looked for Energy, for Shakti – although, true, as said before, for a period of four years in my life I was looking for vital energy as I was bereft of it and couldn't function any more. I didn't know what was Happening when I was thrown in 'the Sea of no-energy' and then started a search for energy.

Spiritually though, Energy was never interesting in itself.¹² When I met My second Master, Sri Sri, I was quite impressed with this huge Energy – Shakti, as it appeared – that He carried with Him and Radiated into the room, I was almost blown out of the room by it. But more like I can be impressed with a beautiful sunset. There is no impulse to want to have the sunset, its colours and whole atmosphere, with me, permanently. I didn't and couldn't and the idea didn't even cross my mind to relate it, this huge Energy, to Truth.

I noticed that in Sri Sri's Presence 'my' Energy also got bigger or stronger – which 'I' of course then didn't relate to something that 'I' would have done. Once, in the train after visiting Him for the second time, 'I' – the Energy – got so unusually and very very big that other people in the train seemed really unbelievably small, even though I knew they had their normal size. I could hardly believe my 'new' eyes. And I felt very powerful as well. I felt 'I' could and already did impress people with it.¹³

Still, there was no Impulse to want to keep this Shakti always or at all with me. Even not when I felt very good with it, even not when I felt the great power that it gave – not bad, to say the least, after my state of 'no-energy' for quite some years. Nor was I impressed at all with impressing people. No, for Me, It was Always and still Is about Truth – and I even have to cry again, writing this down: My Love, My One and Only Love is Truth – and every moment again I can be Touched by (and even cry from) My Beloved – even though He is not someone else (or Someone Else) but Me. My Love is Truth and *not* Energy. My Truth is Truth. Truth is Truth and not Energy.

That Energy is Integral Part of the Truth *is something else*. But She Is not the Truth (as) Herself. The amount of energy can be big, it can be small, you can just follow this (dual) movement. But ultimately the quantity – and *even the quality of it* – is not of your (Primary) Concern.¹⁴ It's secondary. Now and Always. Truth is, Inherently and Always, Your Concern. Energy Follows. If you're, Eventually, not at all Deluded any more by the Deluding Force

¹² It's True though that to get to Know and Live and Show the Truth One has to know the Lie. In that sense Energy was and is still interesting. But, still, not for its own sake, not as itself.

¹³ And I could even feel how people, untruthfully, rule, control the world and other people by means of energy, how *energy* starts to live a 'life on its own', not Embedded in Truth if people fall for its seduction, how dangerous it can be if it is not Embedded in (Love for and as) Truth.

¹⁴ To read that Energy is not Primal is not at all an excuse to be in a safely deadened state and stay safely in the mind observing life, deprived of Energy. Consciousness is Naturally 'Sacrificed' in Energy, even Constantly, but not Surrendered to Energy. In the latter case you are lost, Deluded.

That Energy Is – a hell of a struggle to get to that point – then You're Free, You Found and Live the Truth.¹⁵

A main problem here – and even 'danger', if you will – is that when a strong Shakti is present, the consciousness that is being expressed and *apparently* indissolubly intertwined and even One with it, is much easier and at all being (mis)taken for Truth by people, blinded as they are by Power, in other words, by Energy, by Shakti. The consciousness, whether more Open, more True or very cramped (or even dangerous), gets wings to 'flow into (or usually: to force itself upon) the world' when the Energy is strong. About the Real Content, the Truth Itself (or: Actual Manifestation of the Heart, of Surrendered Consciousness) that is being communicated, or the extent to which it is Present or non-present, it says nothing, absolutely nothing. It can be even radically against Truth, against or thoroughly twisting (the perception of) Reality, but, as always, masked as 'Truth', and surely presented as such. Woman-forms are, in general, even more easily Deluded in this respect than Man-forms, as Woman-forms have by their 'original nature' or starting point a Deeper Association with and Attachment to Energy, to Form. Delusion Has to Happen, otherwise it wouldn't Happen. But True, the Other Force, the Illusion-Crushing Force Exists and is Active as well.

All this doesn't mean at all you shouldn't pay attention to energy, to the World of Energy. It's Nature you do. And you 'should', if only in order to survive. Only, the point is here that to See and Live the Truth, you must always be aware that Energy is, by Divine Nature, Secondary, Following and not Ruling. If She Rules your life, Rules even you, if you're a true servant of Her, you're fooled. You Forgot your True One Beloved, Truth Itself. 'Truth' – or: Reality – is not some kind of obsession of 'me', It is also your Natural Beloved – even if by 'original nature' (or: starting point) you seem to be in Love with Energy, with feeling good, with ease, with power, safety, sexuality, survival, expansion.

Yes, also I, in meditation, have experienced the world as One Big Endless Powerful all-Vibrating and nice feeling Shakti. I Felt it, I Saw it with my eyes and with 'My' Eye. And it's good if you can, even Bodily – as My Whole Body Saw-Felt it – experience a statement of science, of physics in this case, that is usually considered theoretical: 'all is energy'. Still, even in that revealing moment, I Knew there is Something Beyond. This might be all there is but not All. I Knew Truth is Beyond and Including this Huge Shakti.

You see, I didn't have to (try to) Understand some theory or practices, read books about Shakti or Energy, about Truth. Truth was already with Me – as 'MySelf' – to Show It all, to Distinguish. Just like Truth is, Already, with and as You.¹⁶ You can't Understand

¹⁵ For That however, as indicated before, you also need to be Able to and Actually Do stand and not fall for the Other Big Seducer: Consciousness. Again, a hell of a struggle.

¹⁶ Of course, many people soon or very soon in life or even immediately, before being born already, get or are lost in Unconsciousness, in resistance to Truth, to Consciousness. Just nature, just so. But still, even then it is Part of this 'Truth being already with You' that you can Intuitively Recognize a One who Lives the Truth, Reality – or even, and in practice more probable, who lives Truth relatively 'more' than you yourself, who is more embedded in Reality therefore. Whether or not you would actually honour to Admit this Totally Natural and Normal Recognition is something else.

anything through books or Masters or what- or whoever if you are not already Willing to and Actually Do Bow for Truth. If something else but Pure Truth Itself is your interest and seems to be interesting – in practice: your 'self' 'and' other selves or in Fact: forms or Form in general – you simply cannot Understand. I'm sorry, you just cannot. Even if understanding seems to be your interest, you won't, cannot Understand, no way, as (wanting) understanding is not Truth Itself.

The Purity of Truth is the End of you.

Energy is (an) experience. Truth is Truth.¹⁷ If you fall in love with an(y) experience, ego comes into existence. Ego is the lover, Truth is Love. You like to be the lover, the controller, you exist as fear of Being Love; you like Love to Come or even Surrender to you, instead of you to Love. In Truth, every experience, every 'you', is to Be Returned into (the Source That Is) Truth. Isn't that bold, poor, empty? Whatever 'your' ego wants to name it, there is indeed nothing in it for you. To Live as Truth is the Radical End of attaching any value to (an(y)) experience, of 'attachment' itself therefore. In Truth there is no place left for you, in (the world of) Energy there is. What do you choose? Energy of course, you cannot do otherwise. Unless you are Chosen – by Truth. But Then There is already no 'you' from the beginning.

You might have already sensed it reading up to here, and to be clear about it: I do not say indeed that you would feel better if you'd Surrender to Truth instead of to Energy as is usually the case. And this is the whole point. You submitted to the Lie because it felt better (and in fact you felt less) than when you would stay in ('your') Truth. You didn't feel so much resistance, cramp in your Body or even not at all if your bowing for 'the Lie', for Energy, was radical. You denied the Bodily feelable Struggle between Truth and Lie. If all of a sudden, without warning, you'd Stand in Truth though (and, usually, you're not used to this) you'd feel suddenly a pain, resistance, cramp, discomfort that you'll never forget.

Only if you're getting Tired of Energy, of experience, of running after Energy – in whatever form She appears and, inherently, tries to Seduce you – if you're so Tired finally, Exhausted from loving, you Fall – call it a Quantum-Fall or whatever – into Truth and You Become or Appear to Be Always Already the Beloved.

See You.

¹⁷ Science is, in principle, busy with what is measurable, with Energy therefore, not with Truth. Science will never Know the Truth thus – at most theorize about It in abstract, objectified terms. It is – at least in relation to Finding the Truth – against Direct Experience or Consciousness or supposed Subjectivity. That Subject and Object can be and Ultimately Are One in Fact, that Truth can be Experienced Directly by the Heart, science cannot digest (at this moment at least, in its current from Life detached arrogance).

PS. This text doesn't say at all that it would be so easy for Man (nor for Woman therefore) to Go Beyond the Illusion that Energy (or Shakti) as itself is, if only He would Understand this Illusoriness, that it would be so easy to Wholly See-Feel-Live the Fact that Man doesn't Need Woman, but can as Love 'Locate' Her as Part of Himself, His One Heart. No no no, there is no other Way than to Discover it in practice, in reality, in a Struggle with Woman, with Energy – with Himself therefore.



15.12.09

• A True Master doesn't talk about Happiness, Bliss, Peace, Love. People were always already attracted to those valuables. Why add more – apart from inner and unSeen egoic reasons? It influences people's Sadhana *in a negative way* – when the master depicts a pile of Gold at the end of the tunnel.

People 'cannot' get over their Ego like this – if this would be in line of where they need to go anyway. All the time, regardless of what people are busy with at the moment, whatever practice or struggle they do or have, the pile of gold is flying somewhere – in their consciousness, and yet often rather or even actually *unconsciously*. Everything is, unconsciously, related to and compared, 'measured' in relation to the pile of gold possibly arriving in the future. A student must not know of any pile of gold. Whether or not it exists, it's none of his business. Truth, Only Truth, is his concern. No mind going ahead already. Only if one Sees Finally, Inherently after a (probably huge) Struggle, the Truth of No-Escape from the Dark, from Pain, from Unconsciousness, Only in this True and Humble Surrender, Truth will 'Visit' the student. And if It does, this Truth Appears to Be the Love, the Beloved – and one forgot and forgets even totally about the pile of gold. (Living and Seeing) in Truth it is strange to see a teacher or even a master playing, conjuring, luring with the pile of gold, his carrot-and-stick approach. It looks like little children. I prefer real children, but that's my personal taste.

'Master', I ask you, do you think people only start moving, allowing some serious process, if they're 'promised' something nice, a reward, whatever reward in the future? Do we, according to you, live in a Skinner box? Don't you know there are people who, already, Love Truth Itself, who you don't have to promise anything? It's true, there are not many Lovers of Truth. But then, to reach more people anyway, do you have to seduce them with your pile of gold? Your, any master's Task is to *Counter* the Ego, in whatever creative way – not support it. If people have no drive to practice, meditate or perform whatever way of Sadhana without the gold in sight, then not.

In ancient times there were usually just a few students around a master, possibly just one (or even none). Truth was never for the many. The word 'Truth' may have been popularized now – everything people's ego likes is called 'truth' – but Truth Itself is not and It won't. Your Responsibility and dedication is *not* to the many – but to these few serious (possible) students. Or in other words: Your Responsibility is Truth Itself and nothing else.

- If you're not too deeply Developed yet, you'll first go to heaven – again and again, you're sentenced to the heavens. Till you finally become stronger and Grow Up, then you're Ready to Go into and bear and Stand in hell. Or do you believe in rewards? Don't be too childish. Do you believe in justice? What is that? Or do you prefer to believe in the buddhists' fairy-tales of good and bad karma created by good or bad deeds? Come on. Face Reality, finally.

The more Dedicated to Truth you are, the heavier it will be – no problem in itself, Reality never was a problem.

Everybody Knows this simple rule – *the more Dedicated to Truth you are, the heavier it will be* – at least people know this subconsciously (which is most common). And that's why (almost) nobody is Living in Truth. And that's why the rule keeps on existing as it is.

Woman's attractive state of no-resistance

There are people, especially some women, who by nature live in a state of no-resistance. In general they will be (very) attractive and men can't resist their attractive easy-going and easy-flowing no-resistance. Men know they have to go into Woman's Body – 'Body' in the broadest sense of the word – and this no-resistance of these women seems the easiest way.

The 'problem' here is that these women have no resistance *in general*, so also not against *the Lie*. They, seemingly, flow with and accept everything as it comes. This basic attitude keeps their Body nicely soft, open, non-resistant, inviting, attractive.

They, by nature, don't ('Want to') Distinguish. Truth and Lie, it's all the same for them. Energy, streaming, flowing is their world – not Knowing that that world is a Lie, in itself, if separate from – or not *Consciously Embedded in* – the World of Truth Beyond Energy, as indeed is the case here.

These women live one side of the Coin of Life: no resistance.¹⁸ The other side, resistance, however, is also Integral, Natural and even Necessary, Functional Part of the (Wholistic) Process of Human Development. Resistance is *not* wrong. It's part of (Divine) Nature. Only if Truth and Lie meet, however – or: Light and Dark, Consciousness and Unconsciousness, to put these three Basic Dualities in the same box for now as if they were completely the Same, which is not really just to do so – 'Resistance', naturally, manifests as feelable cramp in the Body. In Reality this means it is always the case, as the Meeting of Truth and Lie is a Continuous One, but usually cramp is kept far away from people's active Consciousness.

Anyway, by Nature someone is – also, next to accepting it as part of the Whole, of Reality, of Truth – Repulsed by the Lie and this Repulsion has its Function, it's not a personal matter, liking, preference, strangeness or whatever. So, if someone *flows with the Lie* he or she usually denies the Natural Repulsion for the Lie he or she gets in touch with in whatever way or situation and anyway. The Repulsion put away under the carpet because it is not serving the interests of this person at the moment in the specific situation or in his or her life in general. Nature is put under the carpet, and so one becomes (more) fake, unnatural or one-sided natural if you will.

In this state of one-sided and ego-based no-resistance (which is, in the End, part of Nature too and not wrong in itself), in this state of no-discrimination, one can – extremely put – be and stay friends with everyone. People, at least superficially and at first sight, like you, are attracted to such a one. But in the end, all these friends 'in the world of Energy' don't satisfy her, not at all or at least not Truly (for the Ego has its own moments of, limited,

¹⁸ It can also be turned around. The women of seeming no-resistance have in Fact a huge resistance: to Truth. Only, they manage not to feel it, they turn immediately their heads or eyes (or in Fact: Consciousness) away as soon as (something of) their so far not-Felt Lie is about to be brought to and Seen in the Light.

satisfaction). And she would lose a lot if not all of them when she'd start to Allow Discrimination.

For True friends the Heart is Needed, that is: the Whole. Only the Heart ultimately can 'make' friends. In the End it would appear, if by Grace she would Go that far – but she won't – that Truth (or the Heart) Itself is one's Only Friend. And This is exactly what she, by her original Egoic Female nature, sacrificed.

If this type of beautiful or attractive woman would allow the other side of Nature, Resistance (to Lie), if she would start to Distinguish, Discriminate – which she does in fact, but unconsciously and always in relation to her own (form-)interests (and not to Truth) – she would, she fears, lose her 'Beauty', lose her free flowing. And this fear is not totally unjustified, but not True either in the End.

She will lose her seeming power, her illusion of control – illusion, for in Truth things don't happen by her, or, in general, not by Energy as the Motivator, the Drive, Impulse, the Source. She fears that in allowing Discrimination she wouldn't be able any more to get every man(-form) – and seemingly Man Himself – in her web of (gross and subtler, spiritual (or: growth)) interests, wouldn't be able any longer to Seduce in the Dark the best or even any form of 'Man' with an interesting energy or consciousness into her so far Open Body, whether her physical or, as is mostly the case, her energetic Body.

In fact, what would happen is that She herself would not be interested any more in the game of flowing, attracting, seducing, manipulating and testing. The difficulty for her here is that if she'd finally stop to Non-Discriminate she'd start to lose interest in her own interests – as in the Light of Consciousness interests fall away naturally as illusions – and this *feels like* losing the content of the interests itself. Because this type of 'flowing woman' is always very afraid (in general), it's almost impossible to let this switch or change happen, her resistance to surrender her nice and easy-going and promising – for ever promising, indeed – and seemingly safe state of no-resistance is almost insurmountable.

The woman in question is aware of her attractiveness – but she Knows somewhere that this power of her beauty is based on false and therefore unstable grounds. And she fears that in allowing the Truth the Lie behind her beauty will be revealed, that her beauty will appear to be Empty. This fear is, again, not unfounded. Without Truth Being Present, Seen and Lived as Heart-Body, her beauty is indeed Empty, just form, energy, not more than an indication of the Truth of Heart and Body Being One, of the Formless and the Form Being One, of Consciousness and Energy Being One.

But the Sign – any sign – is inherently deluding. Why, when being with this attractive Woman, does Man have the intuitive (but hard to really get, locate, put the finger on) feeling that it is as if she's not 'home', she's not there. Even during making love with her it is – although, and confusingly, it can be very nice and energetically satisfying – as if he's making love to a coat, a coat with no content. He feels not-obstructed, not-resisted, feels energetically received, but on a Deeper Level or anyway he does feels not-Received, not Truly Loved, not Welcomed, not Seen. And, intuitively but still, he can even feel misused – she wanted to be Close(r) to his Heart but didn't give herself, didn't Show this Openly but 'just' opened her

body – even though, of course, he followed the attraction or seduction himself and is and might even Know to Be Totally Responsible for what happens.

He is – and it's not wrong at all and Seen from a Deeper Perspective it is even Necessary that he is – seduced by her seeming no-resistance to him, to Man. Once he is with her he can (start to learn to) say No to her hidden resistance to his Truth as Man, to the Whole, to his Heart. Blessed he who is offered the chance to Discover about and Learn to say No to the Deep Hidden Lie in this world – and being with the Woman of no-resistance is very good in this respect as she *became* the world. Or should I rather say 'Blessed the world...'?

What Man – faced with her beauty and in case he 'stubbornly' kept on Feeling instead of taking it easy in supposing that all is OK now, now that he got the Female Beauty 'and' even her Energy, now that a piece of his flesh may be allowed to enter it – came to See-Feel, is that the Heart is missing. 'Even' during making love this appears to be so, but in fact especially during making love this can be noticed by the Sensitive (or: Fundamentally not Deluded or Deludable) Man, since this is the moment when there are, in principle, no (or less) distractions and Oneness of Man and Woman could, in principle, manifest, take Form. Where is the Intimacy though? Where, in all the energetic hustle and bustle?

He finds, behind the apparent, behind the attractive state of (energetic) no-resistance, that she resists Him – Man in Fact – like hell. The more his Love for Her – or in Fact his Love as Himself, Which is Totally Including, Embracing, Heart-Surrounding her – manifests, the more she appears to resist him in fact and appears to always already have resisted him, Man. And one thing is for sure. As long as she manages to seduce and Delude Man with her seeming no-resistance to him, her seeming love for him, with her seemingly freely flowing Energy, her huge resistance to him, to (Living in and as) his Heart in Fact, will remain firmly in place – but hidden.

Man, to be Wholly Man, and therefore to Wholly See-Feel Woman, is to Learn to See-Feel through the Lie of the attractive juicy flowing 'no-resistance' Woman. This he cannot do from the sidelines. He must go into the Lie. He must let himself be seduced into Her – and this phenomenon is part of nature already, so here's no problem. Man is already attracted there, into Woman's seemingly Open and Soft and Sexually present Energy, Her Feminine Moving Beauty.

If Man allows this Seduction – as Heart, and this Heart is in Fact exactly and Ultimately what the Woman tries to Seduce and Get and Keep with her – he will, after a Necessary Struggle (with Himself 'and' with the Woman) Find out that her seeming no-resistance, her seeming Beauty, is in fact hiding a *huge Clot of Darkness*, 'Dirt', *Resistance*, which, if Man finally is confronted with this, cannot but Repulse him, whether he wants to or not but just as a matter of nature.

Just a matter of nature as well is that he won't leave her because of this (which is what Woman is afraid of if the secret gift would finally be Revealed, the quantity of it as well as the quality). It is the 'Dirt' that she collected throughout her lifetime(s) and masked, if it has not been not perfected in its opposite, anyhow protected against letting Man's Light Shine on it so far – as this would have crushed her picture of being the 'Beauty-Queen'.

In general it can be said that if following Her Seduction happens 'too early' in man's life – even though from the Perspective of (timeless) Truth 'too early' doesn't exist indeed – if Man's Heart doesn't Recognize Itself therefore to be the Heart, the Core, the Source, the Truth of and Beyond things, of and Beyond all, including of and Beyond Woman's (seeming) Beauty and Her seeming 'Dirt' or Darkness, man will get lost in Woman's more or less (but always to whatever extent) Unconscious games, in Her Seducing Lie that, Ultimately, She Wants to Be Freed from Finally – by Man (as She (as) Herself cannot Do this).

He will be confused by the Paradox of her Beauty – which is, by the way, not limited to outer, physical beauty – and her simultaneous (but difficult to catch) Ugliness and thus cannot Bring Clarity, Space, Heart in the Relation(ship), no *Man* therefore. 'Too early' or not, normally and so far in history Woman always wins – and therefore loses, therefore stays stuck in her *seeming* state of no-resistance, in her deeper, huge resistance to Man, to Being Whole therefore, to Being *Hearted*.

You might have noticed that I suddenly started to speak of 'Woman' here and not of 'this type of Woman' or 'the woman of no-resistance'. This is not by accident, as ultimately it is so that this type of Woman is in fact present and *active* in every Woman-form (and 'even' in Man-forms). It is so, however, that some Woman-forms just show more extremely, almost perfectly, the archetype of the Beautiful Seducing Deluding (and seemingly successful but secretly unHappy¹⁹) Woman.

Anyway, it's a long way Down for Man to Go that Deep to Be Able to See through the Inherent Lie of Energy, or Shakti if you will,²⁰ of the (perfected) Mask. That is: it is a Lie as long as She is not *Consciously* Surrendered into Truth, into Man, into the Heart, the Source, as long as She is deluded to believe that Her Energy is self-existing, in control and valuable in and as itself, not Needing or in fact not Being Part of but rather using Man.

May you as man make this lifetime a small or even bigger step in this (Fundamental) Direction of Seeing and Piercing through the Lie – out of Selfless Love for Woman, Woman as She Is Beyond but not Separate from Her Inherently Deluding Force. May you therefore Manifest Love on earth.

Woman, may you have or find (again) the humbleness to Honour this.

¹⁹ It would be Humbling for the woman of no-resistance to Admit that she's unHappy, that she misses Something, the Heart, that she misses resistance, even. *Any* choice – and a choice is *always* made unconsciously – makes one unHappy, missing the Whole, the Heart, also if the choice is the seemingly safe choice of no-resistance that inherently and energetically feels better than (the pain of) resistance but on a Deeper Level Feels awful. (The 'choice', by the way, is 'made' already early in life or even before being born and is not 'made' after pondering and comparing the pros and cons.)

²⁰ See my hearticle [Shakti-Energy](#).

22.12.09

• Man starts with a basic Yes to Woman, Woman with a basic No to Man. Just Nature. Nature is never better than Nature. The Difficult Struggle, Ordeal for Both is to make it to the other side, to make the big crossing across the sea. Man, in His Dedication to Her, Learns to say No to Woman in the End – albeit still embedded in the Deeper Yes. Woman, in Her Dedication to Him, says Yes to Man in the End, when She found out all what Man is not.



• Behind the Madness, Behind the Chaos, there's the Truth. Plunge into the Sea of Madness, It's waiting always already for you. Why don't you plunge and swim. Why don't you try to make it to what seems to be the other side at first sight. But no, you're afraid of the Chaos. You think you'd drown. And the consequence of this is that you're stuck in what likes to present itself as your 'peace'.

There's no Movement in you. You fix(ed) yourself. On the outside things happen, but nothing happens.

You don't want to become mad. But in fact you're mad already. If only you'd Look inside, a little lower than you're used to. You take away, however, (your) Consciousness from 'your' madness, chaos – which is not yours in the End.

You've drowned already long ago but you don't want to know.

You define yourself as sane – or else you would become mad, you think. But this is what's keeping you mad.

If finally your madness would be released, the madness would finally disappear, that's nature. But no, you prefer to stay split. The sane person up who you 'are', you assume, and the mad under who does not exist or hardly.

Total madness, this situation. Unrecognized – and therefore maintained – madness.

Almost all are stuck and deadened in seeming peace. Look only just below the surface. What a great war is happening there. What a Life. What a Fire. Are you sure you want to choose 'peace', for sanity, for what you know?

I know what I'd choose, if I were you. But don't trust Me. I'm mad.

Azar Baksh – Don't worry, it's just terrible, that's all

26.12.09

- In the mother you see the karma of the child.

Spiri, Ego and Surrender

People's collective and individual Ego, their so far limitless arrogance, now has grown so very big that 'Guru' has become a curse-word, an insult if used against you or against anyone. Many teachers are 'forced' to hurry and say that they're no 'guru', that people('s ego) don't have to be afraid, that they can be fully trusted, really. Meditation-courses literally advertise with 'no guru fuss'. In fact, we're already reached the stage that the word guru is now used for experts in cooking, cooking gurus, and in any other type of activity in society one masters to a certain degree.

In the (mainstream) spiri-circles there is a broad consensus that you have to think independently, never deliver yourself up to a master or guru.

Spiris repeat each other how disappointing it is and unbelievable that, again, a seemingly trustable goodhearted guru has been 'unmasked' as a 'fraud', as someone after money, power and sex instead of merely humbly enlightening people as he should do according to people. You can hardly read their lament and judgement without feeling the *actual* happiness of many or most of them about the dethronement beyond their used words. They lie. They are happy.

Well, it is Ego 'who' is happy, in fact. It seeks and found confirmation that they shouldn't listen to anyone *unless* what someone says is in line with its own ego-structure, its own pattern of beliefs *about* (its constructed) reality.

'Think independently'. As if that exists. What a bullshit. What a Lie that Ego – secretly, of course – adores. Wet pants immediately, if the word 'independency' is used.

Your thoughts simply don't exist. You're part of a big Mind, of a whole human and 'even' bigger Sphere. Never even one independent thought came to you from outside – or are 'you' so 'clever' to believe that a thought comes from 'inside' – from your brains, the brains as a constantly thought producing machine? Did you never have same thoughts, or have you never been thinking about a same subject, as 'someone else' at the same time 'independently' of each other? Coincidence?

Wet pants again if you hear the word 'Oneness'. But I'll ask You straight, oh Clever Ego, oh Worshipped Holy Entity, and I ask You Straight from Man to Whore, how for god's sake do You combine 'independency' and 'Oneness'? What a silly Lie – or: radicalized stupidity. You may choose. Since you are so independent, I'm sure you can make a very balanced choice and defend your great choice against every possible attack on your well constructed fort. How often did I hear You say that you're almost there, that of course you "do not always yet feel this oneness" but you're well on your way and blah blah blah. Your Ego just does NOT want to face Reality, let alone surrender to It and become It, there where no place is left for (a) you, for Ego with all its endless ways to grow, to grow as itself – instead of letting itself be Seen and vanish.

Spiris, Somewhere you do realize that you're on a big ego-trip. Only you don't dare to let this 'Somewhere' be Touched. You're afraid of 'your' Darkness. You, in your common self-obsession, fear the Darkness is *your* Darkness. Why don't you feel honestly 'your' deeper

happiness when again a teacher or especially a supposed guru has been tied to the pillory, 'your' happiness when it turns out that he, also he – it seems often to be a he, the one who went astray,²¹ but this is of course no exclusive right for men at all – is human, that he lied about having overcome the ego and having become Pure Love or Consciousness or Light or Peaceful. In the end this is not *your* happiness. It's an Egoic Force in itself that is relieved when it turns out that the master is wrong – when he appears to have made love with another woman or even more women next to 'his' wife (that is not his), when it turns out that whatever...

To be clear about it, I don't support in any sense the lying that many masters and teachers seem to 'have to' do for protecting their beloved baby, their ego. In their struggle, if this is covertly there indeed, they half-consciously lie just as you. I can and sometimes do get very angry or even furious about it. That's an expression of my natural inborn disgust of Lie – which, viewed from a neutral standpoint, is in itself not better at all than the Lie itself. It's just living my nature. I don't have a judgement about their lying though, not in any sense. My anger is what it is and appears to be natural part of Transcending the Lie. The Lie of Ego 'needs' or is by Divine Nature asking to be Seen, and Touched, Consciously and Energetically. Anger can be part of energetically touching.

The *Real* Spiritual Process Beyond the show of wisdom, of supposed spiri-intelligence and beyond playing with energies (to feel better or to feel some experience at all) like in a kindergarten, kindergarten for grown-ups, is, as it was always already in ancient times, about Looking 'your' Ego in the Eye and, in Fact and instead of *you* seeing or trying to See it, *Letting* it be Seen and Shown by and in the Mirror.

For that, for the ego to be Truly Humiliated, which is All You Want in the End, it has to be Confronted, and therefore to be Brought in Relation. Tinkering at your own ego, won't work. The Ego is the (incidental *and* structural) Refusal to be (even Wholly) in Relation – to be unDone as self therefore.

In reference to what I said earlier, I made the point to say that Ego is happy – or in fact temporarily relieved – when a mirror turns out to be no Mirror, not a clean one or not one at all, when it is confirmed in its conviction that indeed it shouldn't Surrender but stay safely 'independent', and keep on trying to find (again) Oneness by itself, cosily *together with other selves* instead of in Confrontation with That Which is Beyond the usual self-obsession and therefore – more or anyway – a True Mirror.

As an army of separate selves we shall and do march towards the Holy Land of Oneness. We shall support each other on our way to become the perfect intelligent conscious independent self totally in love and peace. Oh we are so goddamn brave, to think independently, we are so honourably arrogant. But the Lord shall forgive us, because we mean it so well, our ego always means it well for ourselves *and* for even all other selves.

Everybody bowed for the same Ego-Force. Is that independence? Or did you bow in a very specific, unique beautiful way for it, not so ugly, slimy as your neighbour?

²¹ Why would this be so? Let's think 'independently' about this, I won't tell you.

All this doesn't let alone the fact that one must be Strong and Intelligent already to be Able to Surrender to Truth in the form of (a) Guru. The already Intelligent one would never *try to Surrender* to (a) Guru who is not worthy in that respect – and anyway, one cannot in that case, one can only egoically 'surrender' then.

Well, regarding the latter, a relatively exceptional situation here is the one, the student, who is Ready to Surrender anyway and finds a guru who may be ruled by his ego to a non-negligible extent, but this Ready person Sees and Surrenders nevertheless to the Divine Quality in the guru that may be present, developed as well. The fact that there is ego in the guru doesn't necessarily negatively influence his Process, even though, for Going Deeper into Truth, the ego must be detected at a certain point.

This relatively exceptional situation has got to do with the fact that, although on every Level of Consciousness the unavoidable aspect of surrender is involved, the phenomenon of surrender is something manifesting most poignant in the Fourth Sphere of Consciousness (related to the fourth, the heart chakra), while there are more Levels, Spheres of Consciousness to be Explored where the Truth needs to be Found. The Fourth Sphere cannot be mastered, fully inhabited, when Surrender doesn't happen thoroughly. Strictly speaking, Surrender without guru figure is not impossible, but it is very exceptional that someone can pass his (and even more, her) ego, leave the whole self behind, without a manifested human figure to surrender it into.

In principle, the apprentice lets him or herself resonate with the Truth or Divine Qualities realized and manifested by the guru figure. Resonating with those naturally has the result that they are awakened, sprouting or reinforced in the student's system – unless, for lack of readiness, resistance comes into play, of course, and this overwhelms allowing the potential result of the resonance.

In that sense, resisting the whole idea of guru and surrender is childish and selective (and ego-based). We do also ask support from a computer expert when we don't know how to solve the trouble with our computer, resonate with and sort of surrender to his specific kind of intelligence, so we might learn to master it ourselves. But it's true, one is not expected to surrender the whole self to a computer expert. Only if you're tired of 'your' self, Seeing-Feeling the trouble it causes, you may find and probably struggle with the issue of surrender to 'the guru'. Then again, when you're Ready, the struggle is not necessary. You See, Feel and Surrender.

03.01.10

- If at all it makes sense, the only way to say something sensible, truthful about someone else is to Become Truth Yourself and then become the person in question, so that there is no separation between you and the person – and simultaneously and necessarily Egoless Interest-less love for and as Truth is Present.



Azar Baksh – Don't worry, it's just terrible, that's all

04.01.10

- You don't want to (See and) Accept that you cause Pain to people.

07.01.10

• To Allow (the Process in) Truth you need to do the Human Drama – Life – as a play and simultaneously do it seriously. Both, at the same time. If you are – and stay – (safely) attached, It doesn't Work. If you are – and stay – (safely) detached (and merely play), It doesn't Work either. During the (manifestation of the) Drama you have to Know it's all not about you, in fact, not at all. There are Forces Operative. At the same time you give yourself Totally in and to it, as if it's your last day and after that it will be too late, you can't make up any more, can't give any more what you *needed* to give, even though it was and is not you (in the End). You give yourself completely, as if it's you giving yourself and it is you.

You are lucky or privileged if you Understand and find your way in this seeming paradox, if you're not attached to mere Understanding, not detached from acting out the Drama either.

Love note to man

Man, it sounds terrible for your ego – that likes to think that the mere fact of being a man, being in a male body, would make you Man already – still I Say, without interest: Tune into *Me* (or another Man-form who Realized the Man in himself), Non-Egoically, and you Become, Realize Being (a) Man. Inherently Non-Egoically indeed. You cannot *use Me* in *any* sense for your self-centred purposes. Only the Heart can 'Use' *Me* – for *Is* Me. Only your already Selfless Love for *Me*, for Man (Whom or Which You Are), Brings You to Love Itself That *Is* Man, You. Man is the Heart. There are no interests.

No Man ever became a Man by himself – including 'me'. It's a matter of Recognition, of Intelligence, of the Heart Intuiting that which or the one whom you consider 'Man' and being – more, or less – right in this. In the latter case the Journey Home, to Man, takes longer. But anyway, You, Beyond Ego, are Attracted to Him, the One Who Is Man. Of course, the Discovering can go in steps, in stages. In the course of your Development you can be attracted to different types of Man. As Man you are again and again Challenged to Let 'Your' Heart – or: the Heart That Is Truth Itself – Meditate the Man-ness of a certain Man, of a certain form through and as which Man 'tries to' Manifest, Meditate the (Depth of) Truth in Him. If, after a Natural Struggle or sometimes even soon or immediately 'Your' Heart Somewhere Knows there Exists a Deeper Truth than the one that the type of Man you associate, resonate with and tune into now (possibly simply your daily friends) is showing, living, taking for granted, then by (Your Deeper) Nature you will move on, Allowing the Truth or Essence of Man more and more Deeply. This by-Struggle-Purified Essence will be 'Your' Gift to Woman, to the world – and nothing else. You can only Give your Man-ness.

To, still, Become (much) Deeper Man then – the Second Stage, as you might call it, and now I'm talking about Offering and Deepening Man's Essence into Woman's Realm of the Earth – you Constantly Meditate Woman's (Natural) Resistance to Receive Man, the Man You 'Became' on earth and Are and Who by Nature Wants to Be Given. Absorbing this Resistance in Your Heart, again and again and again, allowing 'yourself', your Body to be crushed by it again and again, is hell but it is the Process, the Way of the True Man, Who is *not blinded by any form with which 'the others' or 'society' (or: Woman) try to seduce you and make you believe whatever regarding the way Man should be or function, even in a Bodily sense*. To *not* submit to *any* picture (of Man), *any* Lie, is Totally Humbling for Man – but it Makes Him Strong, His Inner Male Power becomes Invincible, Insusceptible to being convinced by supposedly well-intentioned (mind-)arguments (which is something completely different from if not the opposite to being insensitive). Man Itself is Being Grinded by Allowing this Process, this Struggle, Ordeal. Woman, by Her Nature, Wants You to Submit to *the Form* regarding how Man should Be according to Her, the forms he has to act, to live, to do in order to be (the) Man for Her. She, as from-Man-Separating Form-Force, Wants to see and even feel the *sign* that *would* indicate, 'prove' that (Her) Man is there, with Her – as She 'cannot' (or is too afraid to) See Man Directly. To *not at all* Submit to this Huge Natural Seduction *and* at the same time to Be Totally Faithful to Woman, to the Divine Woman Being

Already Part of His Heart, to *not* Separate from Her Form-Related Separation (or: Pain), to *not* leave Her as a common reaction to Her leaving Man, this is the big Man-‘Forming’ Struggle of Man – indeed, Shaping Man on Earth, the *True* Man, and not a ‘normal’ Woman-based caricature of Man.

Man, You cannot but Love the Man Who can Stand *any* of Woman's (Necessary) Seductions, Who Is Man on earth therefore. Bow for this Love – Finally – and Be(come) Man Yourself. Bow, (Only) by Recognition, for the (or Man's) Heart Standing in the middle of the world's (or Woman's) Incredible Pain, Bow for this Radical not-bowing (for the natural Seduction to flow with the Lie, to let the Pain be soothed ((much too) prematurely)). This Not-bowing is Something that Only Love Itself can Manage. Love this Love of Me for Man, for Woman, My or Man's Radical Embracing Woman in My Heart. To Let *Man Himself* Grow here on earth, Down in the Hell, Right in the Shit, in the Middle of the Pain, what else can you do here on earth? Fulfil yourself, get anything for yourself? Come on, get the hell out of here. Be Man. Don't fool yourself. Don't let yourself be fooled by ‘Woman’ who is by nature associated with wanting to be fulfilled. You Are Free, You don't Want anything, not even to (ful)fill – which would, again, be a submitting to Woman's urge and asking to be (ful)filled.

Recognize the Truth in yourself, Recognize Man, Recognize Me and let all this Become Clear, Beyond Doubt, Beyond Woman's world (even though in it). Only if You Find Your Utter Freedom as Man You can Stand it as Heart to Stand in this world, to Contact and Truly Be with Woman – or: to Allow Woman to Be (with) and Come Closer to You.

And no, you don't have to be afraid that you would ‘become me’, another man, if you'd (Selflessly) Associate with or even Recognize Me, that you'd lose yourself. There Is Only Man. One Man. (Even though Woman – in vain – tries to find Him in and gather and compose Him from the many.) Your fear only shows your not yet being Man, it shows the unTranscended Woman in you Who ‘has to’ resist, protect (a(n illusion of) self) against Man, the One, the Whole. You still think there's anything to keep, to defend, against... against what? Man is not afraid anyway (of Himself, of His Power of Truth, nor of Woman, of Her Power to Kill Man).

How can you lose Yourself, if you'd Become (a Form of) Man? See that you lost Yourself in Fact by being *not*-Man, by unconsciously Submitting to the world of Woman, by this taking over her fears, even. I can't put ‘my’ energy in you. I have no energy. I'm Man. Beyond Energy (or: Woman). I can't put ‘my’ Consciousness in you. I'm Beyond Consciousness (or: Man). I can't do anything. I'm Helpless. I have no control. That's My Power.

You won't get or learn any power here.

That's not My World, not Man's World. Power comes and goes. Man is Beyond all form, including power, Beyond Man, even. So for you there's indeed nothing to get here. I'm ‘sorry’. Man can Only Manifest Selflessly on earth, not as Ego.

Come and go together with Me into the Struggle, to Manifest ‘Your’ Love on earth, into Woman. Do you have better plans? Then first live them. And let yourself be Humbled by

the not (Ultimate) Wholeness of them – even though you might like them very much, even though they might let you flow, feel loved, respected, even though they might give you a sense of imagined or real power, even though you might feel 'man' in performing them, even if results and effects seem to be good, even if women seem to appreciate it.

Let's, Together, as men, give *Man* to this earth. With no reason. Just because It's So. It's True.

Let's face finally the ridiculousness of our little big ego – that is not ours in the end. Let's Be Man. Without *any* toughness around it. Just because It's So. Let's Stand *any* Lie. Let's Feel the Pain of it in our Hearts. Let's not react, Let's Respond. What's the Answer of Truth to the Lie...?



The mind-fucking man

A mind-fucking man, even if he can explain you everything in detail, is no Man.

Man is not fucking around in the mind, He Fucks Woman – although not physically in the first place – or: He Penetrates Woman, if you prefer softer words, or: Pervades Her, if 'Penetrates' is still too difficult to bear, too graphically expressed. Anyway, he doesn't fuck his own mind. He doesn't compete with other Male mind-fuckers who is the best mind-fucker, whether spiri-fucker or matter-fucker. You fuck up your life if you keep on mind-fucking without letting your Heart Bow for reality, your Body Sink in the Painfulness of this earthly realm. And it's over before you know.

Your mind-fucking is sublimed Aggression or call it Force that you Need to and that was 'Meant' to be able to Penetrate Woman. And, sure, you Need some Force for *That*. But you let slip away this Aggressive Forward-moving Force into mind-games. It's still the same aggression – but now, as (a) Woman, you cover it up and call your arguments with which you fight reasonable, logic or even wise. In Fact though you're just ordinarily fighting. As true mind-fucker, whether fighting in and with your own mind or fighting with others' minds or mind-forms, you're a fighter, too. Even if you fight for peace in and with the mind.

Be a Man finally and Admit. You love this Fight. It's (Part of) your Nature, to Fight. Who has the best mind, who can show Woman the best mind of the world. Or do you really make yourself believe that you want to win just for yourself, for the kick of winning itself? Of course, this is nonsense. You, Beyond yourself, Want to show *Woman* how good you are, how Conscious, how *Man*, to show Her you fuck the mind like no one can.

In Africa (or in general in more Bodily oriented cultures) many men rather try to impress women by convincing them that they are really good fuckers, in the physical sense. And if she doesn't believe it, she can just try it out. In less bodily directed, more mind oriented cultures men impress women with their developed, sophisticated, intelligent mind. Or, in other words, in bodily cultures it is, generally speaking, 'energy' that is man's weapon, in mind-cultures it is (relatively more often) 'consciousness'. Both are not True in and as themselves and even not at all. In Reality, Man is Vulnerable and a Mirror, Following Woman's (Natural) Opening or Closing for Him.

Listen, Man. Woman is, ultimately, not after your supposed wisdom. She misses something there, in your mere mind-fucking. You don't Embody It, even not if you try to bodily make love to (a) Woman. In the what is called more primitive way of fucking, not mind-fucking but physically-energetically fucking, Woman misses something as well. In both cases, whether merely physical or mind-fucking, Woman's Pain, that is Her Ego, stays firmly in place, unTouched, disRespectfully respected.

In the End She's after Your Heart – Wherein all faculties of life come together in and as One.

There are no tricks in Giving Woman your Heart. You cannot convince Her. You just Allow yourself to Be Humbled by Woman's Natural Ego fucking you(r Heart) up here in this world, here on earth. To Feel, again and again, the very and Actual Pain of this, Brings you

Down, Finally, Slowly. A Heart That is Consciously Allowed to Be Humiliated, without resisting it to be so... Something Happens with It...

If I, obviously on purpose formulated provocatively, say that 'a True Man Fucks Woman', this means in fact that He 'Fucks' Her unFaithfulness to Her Own Heart out of Her. In other words He Pierces Her Ego.

And the term 'Fucking' is used, Freely, as a Statement. A Statement against man's unFaithfulness to Woman in his always being fuckin' reasonable, discussing reasonably, listening reasonably to Woman, writing reasonable articles or whatever, separate anyway from Feeling, from Down, from the Dark, from Woman. He's merely trying to convince Woman, to seduce Her – as Woman, instead of Being Man, Already. He's trying to make himself Whole by conquering Woman – which is Impossible – instead of Being Man, Already.

Fuck the mind-fuckers! This is My Serious Statement – Coming Straight from the Heart instead of from the head or from the belly.

Woman, if you manage not to vomit immediately, then look the mind-fucking man in the eye, Feel in your Body what happens if he's trying to impress you with nothing, with supposed wisdom, with clever remarks, with humour – and act accordingly. Feel what he is unconsciously doing down: entering you, while distracting you, keeping you busy with sensible or funny mind-crap. See through the Lie that the mind as secret, sneaky impress-fight-mechanism is. Feel, don't think. If you start to think, you're lost – instead of going where you assume you're going. Seduce and do not be seduced yourself, by mind or by whatever. 'Your' Body is intelligent, 'your' mind not.

Only the Heart Itself Taking on Form is Good Enough for You.

Mind-fucking packages itself as sensible, as if it makes sense, and you can refine it more and more and more and more and more and more and more, endlessly, limitlessly. As scientist you can do research on shit, go deeper and deeper in it, analysing more and more in detail the basic components of shit, the genes of the shit, all its properties in relation to the ones who eat it. You can study shit quarks fighting other quarks or living in a splendid harmonious structure together. But it's still the same shit. Mind-fucking will never turn into gold. The pot of gold which it says it leads to and should lead to, never comes. Never. It's not true from the beginning and something that's unTrue from the start can never become True, suddenly, by miracle, by Grace or by stubbornly persisting in whatever fruitless activity in mind-fucking. The whole enterprise is hopeless from the beginning. A Lie can never become True. Never. You cannot alchemically or otherwise prepare it, transform it so that it finally turns into Truth. The Lie can be Seen to be Lie. That's all. It can be Felt to be Painful for the Heart 'and' even for the Human Body.

Eventually, or in Fact, you can't fool Woman with your *Lifeless* mind-fuck games. Already Now you can't fool Her, only She doesn't Realize it yet, that She as Woman cannot and actually does not in Reality Receive the seemingly well intending mind fucking man.

If you're at least something of a Man, you Acknowledge this. You Feel, Know it's True; you are in fact *not* Received by Her. And You Know that She cannot as long as your

switching from mind- to bodily fucking goes on, as long as you don't Live as One Heart, in your head, in your prick, everywhere.

The mind-fucking by Man is a sign of not being able (yet) to Vulnerably in Truth, Maturely and Effectively Deal with the, indeed huge, Female Force (seemingly) ruling here on earth, everywhere, wherever you go. Woman (Earth) Resists and Fights Man by Divine Nature, His Consciousness, His Oneness, His Heart That, if Allowed, would Smash and Crush and Kill Her beloved Ego. Nothing wrong with Nature. Only, if you as Man do not Fight Back you become a mind, a walking mind that *seems* to make sense. But it's totally gone from the Earth, from Woman. It shouts from the side-lines, from the spiri-side or from the matter-side, no matter which one is on top. Man, mind-fucking man, Listen to My Heart: Woman and also Your Own Nature Want and Always Constantly Ask you to Fight Back, to not let yourself be chased away from the Earth. You Need to even Be Constantly in this Fight and you are in fact, only not Consciously. The Inherently Deluding Mind makes you believe that you manage, you're all right, in peace, even. Look Deeper, just Look Downer, further Down. Your head functions differently and separately from your Body. Woman registers this, infallibly, even though usually not Consciously. And because of the latter it can go on and on and on, surely because it's so fuckin' safe for Woman, your separation from Her, your mind fucking her, your bullshitting her, with truth or other nonsense. No danger at all for the Ego. It just leads to safe mind-fights, fights in the energetic realms or about truth, between interests – while as Man you have no interest but the Selfless 'Interest' of Guiding Woman through and beyond Her slavish world of interests – it leads to a nice fucky-fucky when you say the right things Her Ego loves to hear.

But Man, if you start to be Honest to Woman, Beyond the seemingly safe mind world, if you say to Her that, to be honest, you like to fuck all the women in the world or maybe half of them or maybe one per cent, which is still a lot, and a great part of them 'even' in a physical way, that in Truth she's not your only darling and she will never be, if you show Her the Lie of Her romantic dream world, then you're in trouble, to put it euphemistically. She'd leave you. So you don't tell. You smile. You keep your Male Force suppressed. You think: better one fuck for sure than ten unsure and in practice maybe none if your true 'bad' nature is revealed. You choose peace. So-called. In reality there is no peace. There is Lie. You choose in favour of games, of not telling the truth. If you hold back, if you are not Aware of the Male Force in and as You, you go to the mind, to control, to (try to) rule from there, as a dictator separate from Real Life. Exercising this Life-killing control doesn't mean, 'by the way', that you wouldn't unconsciously be lived by Lower Forces, Dark, Down, Deeper than a bit of veneer of the mind. The mind is used to fool. It is in service of the Lower Natural Dark Forces, in service of money, food, safety, power, sex, reproduction.

Not only this for Man basic and difficult-to-manifest subject – strategically not being Honest to Woman – shoots you to the mind if indeed as usual you let your Heart of Truth be snowed under in it, if you bow for Woman's seduction to (silently or even with words) confirm her sweet unRealistic dreams, convicted then as you are to live a life of safe mind-fucking. No, in all subjects, faculties and levels and spheres of Life you are, Already, in Reality, in a Fight: as Man, as the Male Force, there is this Down Going Force and if your

Heart is Open and Here, you can't deny to be all the time in a Fight with the Female Upward Going Force.

Mind fucking is no solution at all to this Fight. The Fight Must Be Fought. On Earth. Submitting to Woman('s Upward Going Force) and Functioning as a mind who thinks to Know and tries to show it knows, is not Serving Woman, not at all. It is not Serving Man either – if only for the Fact that Serving Man and Woman Takes the Same Course, Is the Same in the End.

Basically, mind-fucking 'should' simply be Seen, just for what it is, mind-fucking, a (sustained) egoic reaction (instead of Male Mature Conscious Heart-Bodily Response) to Resistance to Man, Resistance to Truth, to the Heart – Resistance yes, as this Heart of Man seems to go against Woman's normal interests, which is not unTrue. It 'should' be Felt, how you 'and' your Body get fucked up by this reaction, this common mind-fucking. It's painful. It is not something neutral. *Any* form of parking is creating Pain by lack of Feeling Pain.

So, we have the weird paradoxical situation that the mind thinks it's intelligent, or even Conscious, whereas it exists at all (or at least is very active) because of not Consciously Feeling, not being Aware of what's going on in fact, because of an unconscious reaction to and bowing for Woman's Power of Her Upward Going Force. It thinks it is the boss up there, in its lonely tower, but it's totally Powerless, helpless (and for Woman even pitiful or disgusting) in its disconnectedness from (Manifest) Reality.

The mind cannot bow. It cannot. It always knows better, It always sees other sides. Even if Truth would Stand Straight before it, it looks the other way or it tries to look behind it, to see if there's maybe more or if there's a snag somewhere. It never Knows. It cannot Know. It is Blind – Structurally, Inherently, Always, not only now and then. When the mind is Seen, one starts, even immediately, to Feel, to be conscious, on earth, in and as the Body. Inevitably one starts to Feel Pain then: discomfort, sickness, nausea, blocked energies, cramp, shooting pains, anger, sadness, craziness, tiredness, whatever form the Pain takes any moment. Only if and when Man is Ready, Willing to, finally, Feel all this in and as His own Body, He can Finally Understand, See-Feel Woman, the Earth, how and why She and it function as She and it do.

The mind cannot think about all this. The Heart Does it or it won't be Done.

The mind cannot help but ask now, since it seems not stupid: but how to overcome the mind?

Stupid question.

Next question, please, that the Heart won't answer to your mind.

• I stop writing a hearticle or an item when I don't feel like writing any more. Not when the hearticle is finished. It's never finished. It's a Force that makes me write. When Man (or Consciousness) comes back again, after having taken some difficult thing in the Heart, after being snowed under by mist and cramp and resistance, suddenly I *have to* write. I can't make these moments – although it mostly, almost always, happens during meditation (in a sitting position). It's Consciousness piercing through Unconsciousness. Sometimes I took a very hard thing in that my Body was crushed from. This also means that, afterwards, at this moment of resurrection, sometimes only after several weeks or even a year, a strong Force comes free, available, to write or whatever form it takes that I give back as Consciousness or Truth what I took in as unconsciousness.

Of course, I'm not unique in this respect at all – and in this sense it can be argued that it doesn't make sense to add this to the huge library of already written texts of humanity. I just felt like writing it down. Now I'm fed up with writing.

Azar Baksh – Don't worry, it's just terrible, that's all

11.01.10

- And now your most difficult lesson that you will never learn:
It's not about you...

13.01.10

• Sex is Woman's Drama.

This is not related to sex as mere form. This wouldn't make a drama. The drama is in the fact that in the end sex in itself, as form, is not True, and yet it seems to be practiced as such to a great extent. Woman, by Her Very Nature, Wants to make Love to Man's Heart. How to actualize this, in practice, in the world of Form? Impossible? The least that is needed for that is for Her to Selflessly Recognize the Heart in the Man-form who is a candidate to make love to. This requires quite some Development in Depth for Her. Without that, the Drama rages ruthlessly on – although it can be nicely overwhelmed and hidden by having lots of pleasant sex, of course.

Azar Baksh – Don't worry, it's just terrible, that's all

14.01.10

- It is the Dark Force That Separates Light and Dark and praises the Light.

Azar Baksh – Don't worry, it's just terrible, that's all

- Boy, what a Fight you're in, to have to deny the Fight you're in.



16.01.10

• Music is politics. I mean, what kind of music is produced and especially distributed into the world, the market... The publisher decides what kind of consciousness is spread into the world, in this case via music. Indeed, viewed from a Deeper Perspective, it's not just a nice song you hear. The consciousness of the singer and composer – and, usually to a much lesser extent, of the players – is being radiated into the world, into people. Music is quite a powerful means. In general, sound is a carriage or transmitter for consciousness.

There are gatekeepers as to what music – carrying a certain type of consciousness or (lack of, or distorted) Heart – will be allowed to reach the public, or at least a wider audience. There are professional gatekeepers. No one of fame in the music industry has gotten to their position by their own means or talent – which should not be turned around to say that the ones of fame would not have talent. Industry? What *is* this, to make an industry of music, of all activities... How could the music scene not get corrupted this way? We should not expect the CIA for instance not to be involved in the music industry.

Apart from the involvement of specific organizations, the Ego grabs everything for itself.

17.01.10

- I'm (a) Heart. I've nothing to do with Spirituality. (Nor with Materialism.)
- I'm (a) Man. I've nothing to do with Consciousness. (Nor with Energy.)
- I Am Free. I've nothing to do with Freedom. (Nor with the Prison.)
- I Am Reality. I've nothing to do with Truth. (Nor with the Lie.)

22.01.10

- Basically, laughing is always about the Dark.

You can't laugh about the Light.

If some form of Darkness is touched, revealed, gets into your consciousness, and there is some release of the present cramp related to hiding it or co-protecting a (more or less) taboo, you laugh. Well, unless the content is disturbing the Heart too much or anyway.

Usually, most funny, however, is showing the duality, the paradox of and uncomfortable relationship between Light and Dark.

Azar Baksh – Don't worry, it's just terrible, that's all

23.01.10

- Everyone's in Love with the Heart and with no one and nothing else.

Azar Baksh – Don't worry, it's just terrible, that's all

- There's only one True 'Spiritual' Practice. And that is the Heart.

And the Heart is no practice. Or at most you could call getting the Heart Down to Earth a practice.

All the rest of spiritual or self-development practices is Ego-based.

24.01.10

• I do not guide you to the end of your being split, cut in two – I cannot, and no one can. I Am the End of your split.

And that's why you avoid Me.

You like to do it (all) by yourself.

Even the undoing of 'yourself' is something *you* want to do.

Something in you Sees the ridiculousness of this.

Azar Baksh – Don't worry, it's just terrible, that's all

26.01.10

• Many tears I'm crying now, thinking about people, one person, who cannot love...
How long do you have to go still?

Azar Baksh – Don't worry, it's just terrible, that's all

27.01.10

- A Pure Heart is not Enough. It Needs to Be Purified by the Dirt.



• My Body is crying again, releasing absorbed pain. It isn't difficult to find material for crying in this world. This time it is from Seeing, again, as a flash of lightning, how very very far Man and Woman are from each other. If their relation is superficial, they can stay 'with each other', in the physical proximity. If they go Deeper into things, if they move into the Direction of Truth, if therefore the, sooner or later unavoidable, Darkness, the hiding Ego, is uncovered and touched, they split up, they separate, this was not what they signed up for in the end. While this was finally a Chance...

What a world. What a Drama. How not-Felt. How escaped.

Azar Baksh – Don't worry, it's just terrible, that's all

- You may look so strong and self-assured as you do. But when you're faced with Truth your real state (of development) suddenly appears and leaves you crumbled, crushed.

Azar Baksh – Don't worry, it's just terrible, that's all

29.01.10

- The Only True Understanding – of anything – is Actually Living things, Whole-Hearted Whole-Bodily Living of whatever.

31.01.10

- Your ego might think that you should not hurt people emotionally – but with Reality or Truth this has got nothing to do at all. You do already and there's nothing wrong with it – even though painful in itself.

What is this arrogance and ignorance to presume that you would and even should not hurt other people, that you, oh great you, would and could be so great to be able to prevent Pain from Happening through you.

In Reality, you play a role in people's Human Ordeal of Becoming Aware of Pain – which is the Only 'Way' to Be Freed Beyond it (although this doesn't mean you'd be exempted, freed from feeling it).

If you (finally) Give yourself completely, in all honesty, other people will feel hurt. It cannot be otherwise. Pain is already Fundamental Part of Reality – it is one, fundamental, unavoidable side of the Coin of Life. It is in whatever way triggered, revealed, manifesting, by fully giving what wants to be given instead of avoiding, protecting, postponing, withdrawing.

But also if you don't (want to, or seemingly cannot) give yourself, but withdraw from the scene, pain cannot be avoided. It is transmitted anyway, although in that case it might be and is often more unclear what is going on.

02.02.10

- We're all in the same shit. No matter which form your life takes.

The heroes and the losers are in the same boat.

The seeming winners are protecting themselves against what seems to be the losers so that, as they assume unconsciously, they don't have to feel their pain, and can delegate it to the others.

In the best case you, wherever you are, manage to no longer dissociate from the endless trouble, and you become (fully) Conscious *in* the shit.

Then Freedom is Always With you, while dragging yourself through the mud, pacing through the prison, stumbling through the ordeal, falling in the rain and slowly getting back on your feet with sore knees, shouting from pain.

03.02.10

• You can try to show to the world how great you are in whatever respect, how worthy, but you cannot Love.

Sad.

Love doesn't know how to show off.

08.02.10

• Sooner or later you 'must' Understand the Duality of Life – or at least given the unstoppable human drive to Evolve, to Understand, to Discover and Live the Truth, Whole-Heartedly and Whole-Bodily on Earth.

Understanding Duality tells there is only a Process going on, a going from one side of the Coin to the other and back again and again and again and again...

So, if you're on the difficult, stuck side of the coin you're already going to the more pleasant (or less painful) side, even though you might not be aware of it, even you're still holding on to 'your' problems, as if they would be yours. This holding on can be quite stubborn, that's true.

And just so the other way round. When you're having a good time or relatively good, when things are flowing, happening, there might be (some) success, you feel good, are even optimistic by accident, then, in the unnoticed background, things are *already* turning in the other direction, this is a Law. It is, again, also the case if you do not yet feel life going the other way, when there's still a smile on your face. Just look (and feel) deeper, more carefully.

You never did this. *You* never created this Duality. This is of Fundamental Importance to See.

You never created the movement of inhalation of breath. *You* never created the expiration movement. Nor the seeming pause in between. 'Seeming', as the movement is already on its way.

If you would REALLY Understand that *you* never created (what may seem to be your struggle with) Duality, that *you* never did anything 'wrong' therefore, that *you* can't change anything, all your dramatizing, problematizing stops – or at least on a deeper Conscious Level. All your attempts to be healed (made whole) and heal Stop.

What to heal if this Duality keeps on going, flipping over, alternating. Do you want to heal the holes in your aura for example, in your chakras? And what if imperfection is a fundamental, unavoidable and not in need to be avoided part of the Whole, of existence? It is. Or do you want to perfect imperfection?

If you're in Contact with the world, then all the time 'attacks' on 'your' wholeness are happening, influences 'from outside' are continuously invading, disturbing, damaging, making holes. Permanent energetic wholeness cannot exist in this world – except for the Whole Itself, but not for individual parts of It.

On a Deeper Level Wholeness can be described as the Complete and Conscious Surrender into the world of Duality – and *not*, or at least not merely, to the World of Oneness. This Surrender means Surrender to imperfection as well as to 'perfection', to whichever in itself whole Duality that always manifests as Two.

This Complete Surrender virtually never happens. The True Understanding of Duality is already exceptionally rare – let alone the Whole Bodily 'Absorption' and Actual Living of this Understanding. It is Painful as hell. You don't want Pain, any (structural or even serious temporary) inconvenience. You're better than that. You think you are That Which is *not* painful.

That you, at least your manifestation, *exists as* Pain cannot be True, can it? Or is it, in what seems to be the worst case scenario, when you'd start Understanding the Fundamental Duality of Potential (or Non-Manifestation) and Manifestation itself – the Formless and the Form, the Painless and the Pain?

Your egoic, interest-based attachment to Unconsciousness seems almost unhealable. All the time *you* are trying to heal that which doesn't fit your ego-world – which includes asking help from others to heal the holes that the ego didn't seem able to fix so far. How can you be Healed from this addiction to heal or change that which can't be healed or permanently changed?

In other words, you are trying to heal one side of the Inherent Duality of Life from existing.

You are a hopeless project. An instable manipulation mechanism.

11.02.10

• Sure, do everything that feels good to you. Ego is the Queen – everyone's a queen. That you'll never See the Kingdom this way is something else.

For the Kingdom you'll have to Go Deeper, to the Heart. The Heart doesn't care if something feels good or not. It Knows what to do. It has no moral. It Knows. It has no knowledge. It Knows. It has no dilemma. Duality is no dilemma.



Azar Baksh – Don't worry, it's just terrible, that's all

16.02.10

- Every moment of Truth shapes Man.

Azar Baksh – Don't worry, it's just terrible, that's all

17.02.10

- Your biggest Pain is that everyone around you closed their Hearts – and still act as if they're alive. So you also closed your Heart – and act as if.

03.03.10

• Sometimes, like now, Piercing through some earthly resistance that I Freely and out of Love associate with, I feel (natural) frustration arising concerning the fact that you really love to think, dream, feel, fantasize, read or even write about Love, but you never Actually Do It, you don't Actually Manifest Love. You play with It.

In the first place your ego (interests) are to be served and then, when there would be some Space left, it would be great to go for Love. Who can and dares, Look Me – relaxed or anyway – in the Eye?

You are the one who screws up Love in this world. It doesn't just happen somewhere else. Don't you finally (want to) See this?

Of course, I Know, it's a huge Struggle to *Actually* Manifest Love, to Let your Whole Body Be En-Loved. But then again, so what. No one told you it would be easy – even though, via advertisements, films and so on, and especially via what is sold as spiritual literature and messages, we're all the time seduced to believe so.

Do you realize you don't have eternal life? Maybe it's time to Look the Whore in you in the Eye finally. Before you die. Or are you, under the relentless and dedicated guidance of the ego, maybe parked in the safe spiritual worlds where you simply define yourself (and others) as Love and that's it, we're done, you can even actually feel it to be so (which is not untrue)?

- Not saying that it isn't nature based, but yes, some women can be quite obsessed with finding a (right, trustable, preferably attractive) man. But it's not at all about finding *a* man.

It's about Finding *Man*.

Just so, women can be obsessed with having a baby. But a baby is a *form*, a channel of forces. It's about bearing Love in the End, not about bearing a child. What if your baby turns into or has been born as a hateful egoic monster? Then you're happy and fulfilled with your child anyway?

Azar Baksh – Don't worry, it's just terrible, that's all

07.03.10

- Woman, why do you use to choose a man who you can easily or anyway manipulate?

08.03.10

• Spiris, if you finally have the guts – call it Insight – to meet *the Dark*, as you, then finally finally you, even you, will lose your arrogance and will be more modest, humble, you don't know any more how the world should be, nor how to create such a by you(r ego) desired world of peace, love, harmony, bliss, Light, Consciousness, Energy and spirituality, a world wherein everybody would be a spiritual coach for everybody else, a world wherein everybody Knows and Understands just as much as you – or even more, you think and grant them in your fake-modesty.

10.03.10

• Ego is when you don't like Reality as It Is and you just choose another one in which you believe.



11.03.10

• Maybe you think you'd like to have or do already have some good or deep(er) or anyway contact with someone, with your partner, children, whoever. But you cannot *have* contact. Only if you are Gone, if the other is Gone, then there Is, already, inherently, Contact. You exist as the blocker, the avoider of Contact.

So you can stop trying to improve contact. Contact between persons is just impossible. You are the obstacle, the burden in between, the one who wants contact, wants this, wants that. And to be honest, in Fact, you do *not* want Deep(er) or at all Contact. If so, it would be Fact Already – since basically there is nothing substantial preventing It. There is Reality – and there is the Deluding Force, seducing 'You' away from Reality. When you are successfully seduced there is no directly feelable Contact manifesting. There is just you – you 'and' your loneliness.

You cannot have Contact. There Is Reality. You Are Reality. An attempt to split off from Reality cannot have contact with another attempt – even not if the attempt *seems* directed at having or restoring contact.

Being in Contact is depicted as something nice, desirable, and of course it is a natural part of Life. But it is, to say the least, not bad to fully acknowledge the other side of being in Contact. It is not for nothing that you and so many withdrew (partly, to a considerable degree) from it, from Real Vulnerable Contact. Otherwise you keep running after contact while at the same time all the time preventing it to actually manifest. And not only you yourself but other people too perpetuate thus the spiral of unconscious pain transmittance – for the lack of True Contact is the manifestation of Pain in this world.

- When, as Woman, you allow My Love to trigger out all your ego attachments, egoic tendencies, and despite this hell you don't run away, don't try to escape, don't withdraw but go for what the ego seems to want, seems to order, then... 'My' Love, this Free Heart, Man Itself, will Explode into your Heart.

Azar Baksh – Don't worry, it's just terrible, that's all

17.03.10

- Truth is the only true comfort.

18.03.10

• There is only Truth. There Is Always the Seducing Force, Seducing You Away from Truth. These Two Are the One.

19.03.10

• Sometimes I read people's criticisms of masters. A master – or his followers – said for example that the master is infallible. The critics then start to look for evidence for his fallibility. Although understandable, both are silly. In both cases there is a picture or idea of perfectionism hanging somewhere – whether it is a Divine Matrix of Perfectionism or a more earthly based idea of perfect (moral) behaviour, as defined by humans.

It presupposes perfectionism exists or it doesn't exist. Both suppositions are, in themselves, not true.

Both presuppose an *ideal* – which in both cases is not True, not Real. Reality is the Ultimate 'Substance', It Is Its Own Matrix, Its Own Definition, It Is One and Dual at the Same Time. It Is Light and Dark. How can you perfectly Live and Be the Light, perfectly Live and Be the Dark. It's always a Lie, if the Other Side is not Acknowledged, Lived, Embodied as Well.

It's True, One can Surrender more and more Deeply into Consciously Living Both Universal Forces in whatever name they appear. But there's no end to it, the Depth of the Surrender is Endless. The Light has no limits in Its Taking Over, Absorbing, Living Dark, Dense Tensed Unconscious Energy, in becoming Dimmed, Veiled, Pained by this and Feeling Forced to Struggle through it to Exist as Itself again.

The Dark knows no limit in becoming Enlightened, Enlarged, Widened, Conscious. Therefore, in this Limitlessness, there exists no perfectionism. It's a Lie. A Lie of Ego. A Lie of Ego Fighting Itself.

Perfection(ism) has no connection with Reality. Nor has Imperfection. It's just not what Reality is about. Being busy with that is a sign of being Deluded by One of the Forces of the Universes, the Seducing Deluding Force.

I'm not against perfectionism. I'm not perfect after all.

23.03.10

• It Has Become Clear that without (Radical and Genuine, non-pretended) Humbleness the Whole Process just doesn't Work. You can reach this and that and more and more, you may become Enlightened, you may See more or deeper, sharper than anyone before, you may become powerful as hell, you may have thousands of listeners, millions of readers, you may be in authentic Bliss forever, but Truth...will never visit you.

You may have it all, only Truth doesn't buy you. It spits you out again. That's nasty of Truth. What a bastard when it comes down to it, you cannot trust anyone in the end. You tried so hard. And this is the shit you get back. Of course, you would anyway opt for the eternal bliss, that's far better than nothing, isn't it? Next one, please...

26.03.10

• In spiri-land the helpers have now outgrown the numbers of people to be helped – and that when we have not even reached the supposedly magic year of 2012. So now the helpers need to be helped, to still get enough people, or else there is the danger that the entire help-market will collapse. Nobody wants this. Who could help you then still when you'd be in need, and somewhere down you feel you're in need all the time in fact.

And help is good. Help must be. One-way help doesn't work, there need to be reception as well. The helpers already start self-help, I noticed. They already advertise for volunteers that want to be helped. That's good. Create your own needs. You can shape the world as you want. You want needy in need of your help? Then, oh mighty god, you create them. And there shall be the needy. And the needy shall be helped – by the helpers. And so it must be.

It's good to realize that the helpers are in need of the needy. That connects us all.

Needy, don't worry if you're not experienced yet in being helped. You can learn it. There's no pre-knowledge required. Everybody can be helped, everybody who has a sincere heart-felt desire to help the helpers.

27.03.10

- That you happen to be here in a male body, doesn't mean that you're no bitch. Bitch is bitch.



28.03.10

• You mistake clues to Reality for Reality Itself. You fill your life with clues. Life Itself passes by. Life Itself can only be Felt as Conscious Body and it's not what 'your' ego wants to make of it, how 'you' *want* Reality or Life to be. This supposed 'you' is something very relative anyway: if the majority of the people 'you' identify with – who is that 'you', what is this identifier? – has or wants something, 'you' want it too, through mere resonance, a lack of inner force (and 'inner' means having a real connection to the Higher Realm beyond this world of Form).

You, certainly if you're a spiritually minded person, can get very enthusiastic about clues that would show us Reality, Life, God, Light, Consciousness, the Truth – at least your mind can and does. About Reality itself you do not and will not get enthusiastic. It's just what It Is. And, moreover: it is painful.

The clues to a painless happy Reality make you enthusiastic, hopeful, blissful, hungry, upset – *positively* upset, and that's why you don't recognize it for what it is: being upset, part of a disease, the (only) disease called *escaping Reality*.

You have no clue about your being deluded by the promise of and your running after clues – whether it is running after for instance the supposed original saying of Jesus, after modern 'revelations', what cards seem to tell you, or after whatever. You're selective. Some clues you like, others not. 'Your' ego makes sure which clues of reality 'you' consider important and which you don't.

If you'd Feel, quietly, Embedded in the Heart, not being blown up to the head immediately, then you'll notice that *clues don't Touch you*. They don't. A clue *cannot* Touch you – you don't do anything wrong if 'your' Heart is not Truly Being Touched.

You're looking in the wrong 'direction' if you're looking for clues that could or supposedly do show a Deeper Reality, more loving, brighter, not or less painful, 'more One', not or less separate.

The Heart doesn't buy clues (or 'keys', as they start being called). It's clue-less. It, the clueless Heart, might become Obvious – when again and again and again and again 'you' (or, in fact, Something Beyond 'you') managed to withstand the tricks of the Deluding Force that is always active, luring with clues being one of its tricks.

To be straight: to Realize and Live the Heart 'I' didn't see, meet nor need a single clue. People tried to offer them to *Me*, seduce *Me* with clues as they do with everybody around them, tried to delude *Me* with 'good intentions' (which are always Egoic). I was not interested – even though I didn't say that directly; or else the world had stayed a closed prison to *Me*, in which 'I' couldn't have Entered, as 'I' did and must.

Again, straightly: you can *never* make the Jump, the quantum leap from clue to the Heart Itself. Impossible. Somebody might be Taken by the Heart Suddenly – but not because of some clue(s).

• Seeing 'the Truth' doesn't – in itself – mean that you Realize Truth. So please, in the Name of Truth, don't start offering workshops, lectures, retreats, interviews immediately. No articles. No videos. No healings. Please. Please.

Not long ago I was, again, but deeper than before somehow, confronted with this topic. And it was Humbling 'me' even further on the ever more Humbling Way of Life. Someone new²² in 'my' near *conscious presence* was, quite quickly – but why not quickly, indeed – Seeing more and more of Reality. She said she had been looking for Consciousness and now she found 'me', understandably considering 'me' an 'I'.

After she left – the Deluding Force is powerful, the Resistance Force 'too' – she thought she Saw, thought she was Conscious now. And she even started giving workshops called "*Consciousness Works*".

She is one of the greatest demonstrators of resistance to Consciousness I've met, I could Feel this in a most direct way, in my Heart and whole Body. Whenever 'I' – or Being in Relation with *Me*, with Reality – touched 'her' Ego (or, rather, the ultimately Impersonal Egoic Force itself through her) she resisted to See, to Feel, she looked in another direction. Well, not always, that's true, there were a few short periods of more (Impersonal) Honesty, of less self-obsession – or, rather, the Two Forces, Consciousness and Unconsciousness, were in a Great Fight within her, and over her, but indeed, there were moments that the balance seemed to tilt to the Honest side.

Anyway, eventually Something in her Decided and she went into radical resistance to Truth, to *Embodying* the Truth, as this is what we're 'Doing' on earth...ultimately.

To See a Wider Reality, to See that we're all One in the End, that there's One Living Organism, the Universe, doesn't in itself mean at all that you'd Live the Truth.

It was embarrassing to See from so close up how someone who seems to See and even live the Truth can go so radically in the opposite direction, can be so utterly Deluded by the Universal Deluding Force. She went – gradually, as a beginning but anyway and there's normally no other way but gradually – into the Body, and when it, not even yet *was* but only threatened to become difficult in the future, if she had continued to stay in (Living, Direct) Relation, if she had continued to more and more Allow the Whole Reality, she went radically out of the Body into (the Lie of) the safe spiritual planes, into Bodilessness, claiming enthusiastically that she's "totally on earth with it all". The latter is a mistake that virtually all spiris greedily and egoically make. For now it seems impossible to show them otherwise. Tiredness or suffering that is finally consciously allowed might get them out of the dream, out of the Lie finally. Die-hard spiris will not get in touch with my texts, Consciousness and allies-absorbing and returning Heart.

As long as Truth is not really Embedded in your Whole Body it is not stable and, truly, cannot even be called Truth (or at least not without introducing confusing). It is as if meeting 'Truth' is one of the options you can come across in life, almost like It would be a *form*, like other forms, other possibilities. When you come across other options you (could, just as well) go along with them in turn, as there is no All-Pervading, All-Surrounding,

²² Rose in „[The Dream Killer](#)” (coming book)

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Conscious All-Being Truth yet Anchored as You that would be able to prevent this 'Unfaithfulness' from happening, from being followed and indulged in.

29.03.10

- Intelligence is Egolessness.

Of course, the ego cannot but be upset with such a radical statement. It becomes very active immediately. It finds all kinds of arguments that seem to contradict it.

But you may want to let it go through you. How do you do this without the ego interfering, in an intelligent way?

How does the Heart meditate on something without the mind meddling constantly?

- For non-religious people life is defined as senseless in itself. This position means that you live as or identify with the (supposedly intelligent) mind and that you're cut off from the Body, from Life Itself. You don't Live It, but think about It, ponder on It. This pondering is the (manifestation of, or perceptible form of) senselessness. This being cut-off makes your life senseless, indeed – if it were not for finding out the truth about being cut off and thus becoming Conscious, and, then, moving on – but you then project the senselessness on Life Itself. It is not Life Itself that is senseless. It is the phenomenon of being split that leads to such an experience.

Incarnate into the Body, Stop separating and the question about senselessness won't reappear again. (Except for situations – that will come – that, once Incarnated as Conscious Body, you take over people's situation, including 'cut-off-ness', wherein again thoughts about senselessness will appear, or even suicidal thoughts. They just need to be Seen and Felt through, not reacted upon, in principle. Reacting is sometimes dangerous.)

- Feeling good – the Big Deluder.

You do everything, anything, in order to feel good.

Spoiler: with Truth it has nothing to do.

It will take lifetimes of struggle for you though to let go of your attachment to (and see through the Lie of running after) feeling good. Thanks to the struggle you become aware of the fact that running after feeling good makes you feel bad, in fact, at least on a deeper level. You want to feel good, also on a deeper level, so you start running again, avoid certain things, do practices, meditate or whatever to feel good, better.

It's like you'd give up yourself, if you'd give up on (running after) feeling good.

You could as well die, you think.

Anyone can make you believe anything if it gives you a good feeling.

This is your state, I don't exaggerate.

Let this go through you once more: *Anyone can make you believe anything if it gives you a good feeling.*

19.04.10

• Most women, by far the most women, are married to, attached to, (a) man's good intentions. They will be left empty-handed, or rather empty-Hearted.



- Do you want to know or Know because with a certain (deeper) knowledge and understanding you can change things in a desired direction? Or, do you have an Impulse for Knowing that is Free, Already?

Usually, there are hidden motives in people's impulse to knowing, even to Consciousness.

24.04.10

- The Oneness-blessing (or Oneness-Deeksha) is a great new spiritual invention that brings you into a state of Oneness. It even alters your brains – who doesn't want that – and, the best news, it leaves your ego totally intact. So you don't have to worry at all about that. Everything is being taken care of. No Surrender and creepy stuff like that. Just Oneness without any conditions. You don't have to do anything for it – well, okay, it may demand some financial contribution, but that's it. You get a hand on your head, and there we go. Bingo. Since poor ego is always so much under attack, I'm so happy for it that we have such a great win-win situation here.

Azar Baksh – Don't worry, it's just terrible, that's all

26.04.10

- Without Feeling Pain you're not human.

28.04.10

- As Man you must be Woman's Mirror, otherwise you weaken (too much), you deaden, lose your Male Force.

You'd become Woman yourself, which you won't recognize as such for lack of Insight into the Deeper layers of the Realm of Man and Woman. You mainly or merely function in the superficial realm of male and female bodies, male and female mind and male and female energy.

Ultimately, however, Man and Woman is about the Male and the Female *Forces*.

01.05.10

• Woman, I'm not interested in you if you stay on a distance. And, thus, you'll have to spend the rest of your life in repressed loneliness. Happy birthday.

What is woman at a distance? A nice picture to look at? A potential of reception? A body to fuck now and then?

It's nothing, but the maintenance of a dream, an illusion. Man's Task is to smash dreams, destroy illusions, not support them.

I'm not against people preferring to stay at a distance in their relationship, but it's not bad to be fully aware of this and have some kind of peace with the situation – 'some kind' indeed, for separation is no True bringer of (a Deeper form of) Peace – and not pretend otherwise.

What? Now you ask me if then perhaps I'd be against people pretending nonetheless? Next question.

Well, okay, then. I'm not against Reality. My Task is related to Showing it, not condemning it, not altering it by any form of manipulation. Consciousness can be used in a manipulative sense, but in Truth it is not.

02.05.10 (inspired by Liz and in a way an addition to my letter to her of 02.05.10)

• I'm crying deeply today, from the Heart. Seeing, Feeling, Living, all you tough women, with a closed Heart – having to make yourself and everyone clear how you're doing well, how you live a good if not perfect life and everything is only getting better and better, faking that you know, ...having to Lie. That, in your despair and ignorance and non-Recognition, you even try this Lie with *Me*...

From close up I've seen women going into the Lie – and they stay there in a totally illusory half-sense of safety. And everybody plays her games along. How incredibly this hurts in my Heart, Man's Heart That or Whom Woman is Part of.

A pain, middle of the chest, released during this crying.

A blind wall is what I meet – again and again. Blind wall is the norm.

Women, you can go to interesting spiritual or whatever type of meetings, you can even organize or lead them yourself, creating a good opinion and feeling about yourself – but nothing ever changes, Your Heart stays closed. You'll die with a closed heart – maybe hoping the children will do it better, anyway passing on the karma to the next generation.

Woman, Your basic 'Error' is that you think, assume, falsely hope that you can go straight to 'the Light'. You cannot.

Everything hidden in your Darkness needs to be seen-felt, it all has to be Returned to Man and you Know that. But you cannot help trying, trying otherwise, and *trying* to convince everyone including yourself that it's right (or even truthful) to do so.

I cry when you forget. I *cannot* – as you can – deny our Oneness, Oneness of Heart, of Being.

12.05.10

• You mistake consciousness for Consciousness. And I'm sorry if in whatever way I seem to have contributed to this misunderstanding. Consciousness, as I use the term, includes and in a way *Is Feeling, Whole-Hearted and Whole-Bodily Feeling, subtly Sensing, It is a Feeling Presence of Which Seeing is an Integral Part*. Consciousness cannot be separated from the Body, anyway. If the Body or our several energy-consciousness Bodies are not involved, we might *think* that the Consciousness Force is active, but it is the mind, fooling us. It is true that the mind is certainly part of the Great Consciousness too, as everything is, but as the One Consciousness is Split into Two, in the Duality of Consciousness and Unconsciousness, the mind represents rather the Unconscious Force, the mind that withdraws from Feeling and *tries to solve unconsciousness* by thinking instead of directly experiencing. When we talk about Holistic Experience that is in principle Unrestricted – albeit unavoidably limited regarding what of It is actually perceived through a living, human or animal Body – we can call this (True) Consciousness. As soon as Holism disappears one gets, already, Inherently, Deluded. One becomes disoriented, deluded into parts, or here: into the from Body or Bodily Feeling separate mind. The mind may rage on while You are already gone from Being Conscious, Being Aware, even when somewhere in the background you are still aware of being alive, of living.

Without Bodily-Energetic Feeling it doesn't make much sense to speak of 'Consciousness'. As if 'consciousness' would be some mysterious powerful force floating through the Universe and that we can stick our head in if we reach for the sky. It is Here, too, with your Body with Its Source the Heart as the centre – when we talk about the manifestation of It through and as the human being. The mind may play a role, but is at the periphery, just like your limbs.

Consciousness does not exist separate from (Whole-)Bodily Feeling. The Deluding Force masks itself – among many other masquerades – as Consciousness. This is the most clever trick of the Deluding Force. It keeps people busy and busy and busy – to find out the truth in 'there', in a boxed Consciousness that seems endless. There's nothing Substantial. It has no content. It is empty words, thoughts. There are possibilities, no Reality. It is a waste of life. And on top, in the worst case, believing in the dictates of the always searching mind, people are trying to waste other people's lives by imposing the purported wisdom onto, into others. What to do? The Deluding Force is contagious. Once you are deluded, you, by matter of law, want others to become deluded too.

When you Bodily Feel, Consciousness gets a Content and (only) by that, comes into existence at all, into the realm of Manifestation. The virtual reality is being left for what it is. Nothing.

17.05.10

- Notice how you get a deeper Breath, the very moment you See something.

Consciousness is the Only 'Thing' (or 'no-thing') That can Free you from cramp. Energetic release won't do. It may give you a temporary feeling of relief. If Consciousness does not also come along, during or after (or before) the energetic release, this release from the cramp *that Unconsciousness is* is not structural.

That doesn't mean that, when Consciousness is indeed Appearing in a certain moment, Unconsciousness wouldn't come back any more. One – the One Includes Consciousness and Unconsciousness – cannot kill Unconsciousness. One cannot kill Itself.



19.05.10

• *The Dark* makes you think and believe that you have a free will. Allowing Impersonal Intelligence such an error would not sneak through. Don't you Understand, it is the Ego, the Deluding Force, the Separative Force inherently operating in the Dark that makes you think this.

It is not even *you* who wants to believe what seems to be wishful thinking regarding having a 'free will'. It is the Deluding Force itself, Which has the presumption of Separation, separation from the Whole Ingenious System. You simply bow for it. And even this bowing is something *you* don't do in the end. It is the Deluding Force living (in and as) you. There is no freedom, you *have to* bow for the Lie. I saw it happening, from close up. It's a slavery. Pure slavery. Chains. Bonds. But the Deluding Force is much more clever than you'll ever know. It doesn't show the chains, the prison. It gives you thoughts to consume that are attractive, painless. 'Freedom' is one of the best thoughts, if not the best.

And why is this 'Freedom' so attractive? The answer is so excruciatingly simple in its natural Truth: because you are chained, un-free, a slave, in a prison. Someone who is Free is not at all attracted to 'Freedom', to a free will or whatever variant.

'You' are confused (and, often, deluded) by self-consciousness. 'You' see your arm moving and 'you' think that is because 'you' want that.

In Reality the arm just moves. And there is Consciousness – Which Is Beyond your self-obsession – about this. There can be and is Consciousness about Forces active in the human Body. What is so Free about that? What is Free about Forces coming together in and making up a 'Body' that is not a fixed thing anyway. Are these Forces Free? This is not the question. They exist. They 'live'. Also through and as 'something' that – only as form – can be distinguished as a 'you', as some entity. But 'you' are no form, I'm sorry. You Are Life, the Whole of the Forces that Play, Dance, Love, Create, Clash, Manipulate, Kill, Destroy, Reproduce (forms).

Where suddenly comes a free will into existence? How blinded can 'you' get? Are 'you' better, more powerful than the Universal Forces Endlessly Greater than 'you'? Have you found the Holy Grail, how to beat them, the bastards? Or are you the Holy Grail yourself?

'You' *love* the Dark. But you can't admit. It is *the Dark* That makes 'you' believe that you'd love the Light. 'You' love the seductions of the Dark, 'you' love its non-Reality based beliefs.

Azar Baksh – Don't worry, it's just terrible, that's all

21.05.10

- The Light Needs the Dark as the Dark Needs the Light.

22.05.10

- A few lines for a song text:

*'I tried to leave you, your abattoir,
wherein we keep failing
to let me be slaughtered for good'*

28.05.10

- To get some alive impression as man how difficult it is to Say NO to Woman's Ego, it can be compared with not ejaculating, when your own and all the more woman's body ask for that. When the sperm is already coming up you say NO.

Man naturally responds to Woman's Ego by wanting to please it, wanting to satisfy Her – just like you feel Woman('s body) wants man to ejaculate in her. The only problem is that *Man* is gone, empty, when you do so. Your body is still alive, and energetically you might and probably will even feel better, but Something is lost, when Man submits to pleasing Woman's Ego. He pleases her unconsciously, as in Full Consciousness this is not possible – as it is not his Truth to do so, to please, to give Her the forms that by nature She *has to* want as a slave (of the Wanting-Force, the Female Form-Force). If Man is Conscious, Man cannot sacrifice 'his' Truth into Woman's Unconsciousness – into Her Dark Wanting-Force – any more. Only later, if *Man('s Essence)* is Totally Clear to Him and therefore can't be Killed any more, He Surrenders His Truth in Woman's Dark Unknown Place – but Consciously, Knowing what He's Doing. Then it is not an unconscious submitting to Woman's world anymore, but it is part of a Finding Out Who or What Woman Is in all the details, part of the Male Impulse to Shine Light in the Dark. He Knows already by then – and this is *important* and *crucial* to Understand for Man – *that there is nothing to get there in Woman('s world)*, there's absolutely nothing for Him to get from Woman, in not any way He can get more or at all fulfilled. As Man He doesn't need to be fulfilled. Fulfilment is not at all an issue in Man's World. It's not about that and it doesn't even exist. Man Is and Functions as a Reflection of Woman's Natural Longing to be Fulfilled, to Become One with Man (again) in Fact. The Man Who Understands Knows that He doesn't Need anything for Himself. *Man* as He Is – other than a man-form – is Complete, Whole as Him or Itself – as *Man* Already Includes Woman. Woman, on the contrary, doesn't Include Man. So She has to find Him again somehow. And Her tiring search starts, continues, drags on.

If Man helps Woman in trying to get fulfilled in *Her* form-life, He gets lost and She gets lost and they'll never manage. She is, by nature, insatiable – in *Her* world. Man, therefore – and this Impulse is Nature-Given – Needs to Show Her *Himself, Man*, Who Is Beyond all Her possible forms that She tries out to become fulfilled; He Is Beyond the possibility of (or need for) fulfilment, even.

To Make this possible – and there's no other way – Man Needs to (Learn to) Say No to Woman's Ego. If He does not, She'll never be Able to (Truly) See Him and She's doomed to stay, usually half-unconsciously, unsatisfied, unfulfilled. Nor is Man Able then to Manifest as Man on earth. He'll be floating in the air, with only a body moving around on earth, but there's no True connection, or at least man and woman are far from being a Whole, One Alive Organism. Woman *seems* to give life, Man *Is* Life – but only as *Man*, as the Male Force Already Including Woman Totally in and as His Heart.

He Shows This to the Woman Who already sees – or, Beyond herself, Needs to See – the Lie of Her Ego, Who Wants to be Stopped by and in Man's Heart, Whose Love for Man, for the Truth is by Nature bigger or taken more Seriously than Her natural 'love' for or in fact attachment to (and even hidden fear of) Her 'own' Ego(ic Force).

In practice, Saying No to Woman's Ego – *in Non-Separation from Her* – appears to be much more difficult than holding in one's sperm, which can be (egoically) worked upon. The latter can still be, successfully, done by a great will-power. Saying No to Woman's Ego, if it is to be Successful, can in the End only Happen out of Love. The Deepest Love possible – as only This can 'override' the *almost* unbearable Hell Man Goes into when He stays determined to Say No to the Ego that He experiences as a Lie – the Lie side of Himself somehow.

Saying Fully No to Woman's Ego, Including and Living Her Totally in His Own Heart, is only possible if Man indeed doesn't want *anything* for Himself 'any more', or in fact He Sees through the Lie that He seems to ever have wanted something for Himself. Otherwise He is Seducible and thus He will be Seduced (to bow for the endlessly sophisticated Ego). Only when He has things Totally Clear, that He Only Serves *Her* – that is Her Heart, Primarily – He Is and can stay Man Able to Say No to Her Ego.



31.05.10

Democracy

First a word in advance.

The elite has always tried to find ways how to stay in and expand their power, how to control the people who could endanger their privileged position. *Democracy* – basically starting in the nineteenth century, and gaining terrain especially during the 20th century – is one possible way for this, as there are other possible systems, with the same goals in mind. From the elite's perspective, every period in history, every place on earth, asks for a certain system where their interests are served best. Manipulation by means of democracy works with so-called 'soft power', with propaganda, secrets, lies and mind-control that is subtle enough not to wake people up to the fact that they are being manipulated in a certain direction. For example, they are made to believe that they should always stay peaceful toward the ruling class. While there is not any Law of Nature saying this, by far the most people buy this lie, thus giving away their natural power and putting themselves in a weak, vulnerable, dangerous position, subject to more mind-control. Being given a 'right to vote' once every four years – who, from what position, has the right to offer such a 'right' anyway – people kind of assume they have influence over what happens in their country and to themselves, their family, their company, their surrounding; although it seems the magic of belief in democracy, in *real* influence, is starting to show cracks that are steadily growing larger.

The mere fact itself that, in the name of democracy, the USA (Deep State) is aggressively starting wars everywhere around the world and creating trouble at *all* the other places, should be enough to make people at least suspicious about this whole 'thing' democracy – even though, true, they have kidnapped the word obviously, simply because they know people like the idea that they, the people themselves, would rule, would have the last say. People like the idea that, in their democratic system, they are co-responsible for, complicit in the USA and British military bombing and killing a million Iraqi people, of which half a million children. People like it that this doesn't happen to themselves and their own family. People in the West like it to be part of the first world, the democratic one in which people are worth more than people in the 'third world', named as such by democracy.

Apart from all this, not many dare to see and say that the 'holy democracy' is – even though not the cause itself, and by lack of a true democracy in which people are mature, responsible, aware, conscious – an important factor in the destruction of nature, and even of humanness. Serving people's seeming interests – 'serving' as many people as possible, with the best service possible – sounds nice for greedy people. But you must Understand the fundamental Law that serving the many, the most, the parts – as many as and in the best way possible – is *not* the same as Serving the Whole (in which individuals can thrive). On the contrary. By definition, the whole gets fucked up, destroyed, when the parts, supposed individuals, are seemingly being served. You can sum up (the interests of) the parts, you won't get (the Interest of) the Whole.

No, not by accident, inherently it is so that democracy not only in theory but also in practice works against the Whole. The Whole cannot vote. (Groups of) individuals need to be served – or, rather, their ego must be studied and pleased – to get their votes. You must Understand that democracy was not at all invented to be able to better or at all serve the Whole. Not even moral but economic 'and' power motives caused democracy to appear.

Democracy is, seemingly, on the outside, a balance of the fight between the interest of the elite and the interest of the people. The ego votes those who claim – lie – that they will serve their egoic interest best. In reality, the egos don't need to be very afraid that their egoic interests will be truly served by those in power. But what is most important here is that even if the balance between the interests would be kept in a fair(er) way, Ego has won anyway, in this dual approach. At both sides the Ego with its interests is served.

The fact that the decision makers are nowadays at least as unintelligent – unWhole – as many or most people, the voters, doesn't in itself save our natural environment. Checks and balances won't save 'our' nature.

Only the Whole can save and at all protect the parts. In practice, this translates into the fact that natural leaders who are (more) Conscious, who Live Wholistically, Selflessly, Should be in the position of decision making. Or in other words: the One should be, Having an Overview of (and as) the Whole and not as a self viewing oneself and other selves, viewing what wishes people would have – the One and *not* the many. The perspective – and therefore actions – of a 'self' are inherently cramped and destructive. Not cramp should rule, but Space. It is not self interest that should be served – or interests in general – but the Heart or Love beyond interests. The system of the many will inherently fall down. The point here is not even that success will be followed by the fall – although this Law is not untrue – there is in fact no success, not really. Of course, if humans were just *biological* beings, *forms*, then they, as a group, would be very, extremely successful. But they are not – and whichever species of animals isn't either. Can they be called successful when age after age after age people still carry the same unFelt cramp in their Body in the Dark? Political systems come and go, the cramp stays. Every generation takes over the Pain that the unSeen Ego (or separation) is.

Democratic governments are the justification of the ego. The ego of people wants persons in power who are just as silly and narrow-minded – narrow-Hearted in fact – as itself. And democracy facilitates and supports this in thus occurring. It doesn't put people in power who are examples for other people, natural stimuli for Seeing the(ir) Ego in the Eye, for Transcending it, examples which, by way of resonance, lift people up, allow people the opportunity to See and go beyond their own little self.

The valuing and adoring of the many, many egos – which democracy does – should sooner or later be Seen through as not only and not even in the first place untenable in the long run, but, more importantly and crucially, as (not a little but a big fundamental) Lie. It is Ego serving Ego – illusions and the Deluding Force itself are being served²³ – and this system

²³ 'Democracy' has the *romantic* idea or dream hanging around it that most are being served by this system. In truth, at most one could say though those illusory needs, egoic wishes are being served (if at all this takes place), not the *people themselves*, Whole as they are by their True Nature.

cannot but fall down; unless the untenability, the not-Truthfulness, the in-illusions-indulging of Ego is Seen, Understood, Acknowledged, on time.

Do we really think that egos who are ruling, who take decisions, can truly Serve, egolessly rule, make decisions so that the Whole is being served? That would be a great solution, great compromise, for Ego: ego that could act, think, feel egolessly. Well, I have to disappoint you. It's simply not possible. Every act out of unconsciousness not Embedded in the Whole (Which is Including and Living Consciously Both Sides of Duality) but connected to craving for and going for and exhausting one preferred Side – even when as always under the mask of good deeds – has its consequences. The unSeen Darkness that was secretly part of the decision or act will show its face sooner or later, here or there, but in Fact – and if you have Eyes you can See that, or if you have an open Body you can Feel that it does so – immediately and even everywhere.

Be not seduced to believe that people would be unhappier when it isn't their personal interests that are served by political parties and 'leaders' (or clots of cramped interests), but the Whole. A sense of fulfilment – to name it that – will anyway only be there if no matter which individual is Truly Embedded in the Whole – that is: if he or she Consciously Sees-Feels-Lives-Knows himself or herself to Be (Only) the Whole. The 'happiness' that people report is no happiness. In the state of separation that people live and that they even find normal, happiness or fulfilment is simply not possible – only the illusion around it. Research showed that in 'my' country, Holland, people are the happiest in the world. You might ask how come? But maybe you better Feel, See-Feel the people here straight in your Heart. I can say and Feel every day: they lie. They have a huge resistance to see-feel, be aware of the difficult Dark side of life. Not only spiritually oriented people have this big resistance, normal egos have this too.

Democracy serves people's concentration on the goodies of life and, related to that, their trying to wipe out, extinguish or at least reduce as much as possible any discomfort, anything related to the difficult side of life. Fighting windmills. And more importantly, ignorance of the other side, the Dark, will *inherently* lead to imbalance. The costs of this one-sided greediness rooted in unintelligence will always be shifted to some other part of the system, of the Whole. The deplorable state of nature shows people's imbalance, which is served and supported by democracy. If politicians would really want to serve people, they would serve the Whole being and not merely their lower interests, often if not mostly sold as higher ideals. But (potential) politicians who would like to do so, don't come that far in this democratic system.²⁴ The democratic system is an economic system in the form of a political system. It's in the claws of the Dark Forces cleverly calling themselves the Light-Army, one party shouting it's Lighter than the other party and anyway 'Light'.

It's not so much a matter whether we make it on time or not, before humanity is extinct – but at least we've had a democratic system then, and we all went down together –

²⁴ Democracy is even a place where it is accepted that you just lie if you sincerely want to be in power, want to take the seat of decision making. You lie a bit here and there if this suffices; or, more usual, a lot if that is needed for gaining power. This is not a detail.

because it is happening now, the destruction of nature, of species, of animals, of humanness. It's not happening in the future. The Pain is Now. If you'd Open your Heart, you'd Feel it – immediately. The Whole Body would be – and in Fact is – in Pain. Already. Politicians (or anyone) don't need to save the world, but to Feel.

If you keep on thinking in abstract terms and numbers about how many species die out every day and whether we'll make it or not, then you can be sure that we won't, as exactly this separate mind-mentality is destroying nature. If you do not Feel, not actually Feel One with nature, with the animal you chew in your mouth, nature cannot be saved from destruction.

But it is true, you cannot force this Feeling (Oneness) to come. We'll see how it goes. If Feeling would ever enter democracy, it won't be thanks to democracy, that's for sure. In this moment it's hard to imagine, politicians who wouldn't decide on rational (or secret) grounds of and as a from Life separate mind but who Feel and decide on the Basis of the Heart. Politicians who are no slave any more of people's and their own ego, who are not self-obsessed, but Faithful to the Heart and United with everyone in and as the Heart. Maybe it's not impossible, later... The human being can be creative, potentially even in overcoming destructive systems like the current (form of) democracy.

It's not my intention to give you any hope (back). We cannot wait. We cannot hide behind the blessings or shortcomings or even inherent destructiveness of democracy or any system. We Are Responsible. If we don't (dare to) Feel, nature will be more and more destroyed and necessarily drag us with it in its fall, showing us Oneness willy-nilly. You Are the Heart. A system cannot be. You must Do it. Only You. Only you can take the Heart Seriously, finally... And only because You Are (a) Heart. Recognize This. Recognize This and – as a side-effect – save the world from going down. Democracy cannot Recognize. It's helpless, it's a form. Only You can Recognize. You are not you. You Are the Heart. You Are every one. Only You can Feel the Pain of what people, what others (including yourself) do, the Pain caused by allowing destruction. Only You can Bring this forgotten Pain back into the Whole, into One, into the Heart. Only You can restore the Balance. Waiting for others to do it, is waiting for the end. Only You are capable. Only You are Fed Up with all the lies you have been taught and taught to swallow, to even like, to accept as true, as social, and taught to serve. Only You can Undo the Debt. Only You can Feel, Bring back into Life, into View, the part of the account that so far was shoved under the carpet, or literally under the ground, that seemed to be fading into the air, that seemed diluted or dissolved in the water. We can't get rid of the 'other side', the Dark, of the wastes of Ego, of our greediness – just by trying to put or keep it in the Dark. 'Nobody knows', 'nobody cares' doesn't exist. We are One Organism, One Whole.

Without *actually* Feeling the Pain of what we do, humanity won't manage, as it seems now – and the ego has such an aversion to Feeling, Openly Feeling, instead of preferential feeling. Clever solutions are not enough. They will create new problems, that's a Law. As they are reactions. Reactions inherently and secretly reinforce the Destructive Force in its power, in its cramp necessarily acted out in practice – no matter if reactions seem 'good' or 'bad'. Only the Heart Itself, Feeling-(in)-Being-Acting the Heart, can break the endless chain-

reactions and Create or Restore Space, Space Beyond solutions, Space in and as Which everything is Seen totally differently suddenly, with an Eye from another world, from Reality as a matter of fact, from One instead of from the many.

The earth and the whole Universe is a system of Balance. If *we* don't respect that, if we don't want to See-Feel that, the Universe will teach us, but the hard way as a result.

Democracy is not a Natural System. It is ego-based. Based on the many. Based on (many) interests. It doesn't serve the Balance.

Natural leadership means Responsibility as the Whole, as the Heart. It doesn't mean to be the first one, to be in the lead of the crowd running all together (in)to the abyss. Natural leadership is not looking at, or even trying to serve the whole – which won't work. From a separative perspective, actions, even with so-called best intentions, won't work, won't stop the degradation of the planet. The planet Needs leaders who finally finally have the guts to say NO to people's ego, to Ego being inherently destructive. "NO. That's enough. The whole rush for gold was crazy. That's enough. We stop." Finally people, their bodies can relax again, uncramp and come back to Balance, to the Heart. No one appears to have ever been truly interested in democracy (itself). The pleasing of Ego is over.

Or... the world is over, nature is over, we are over. Serving many interests instead of the One is the end, the end of nature, of which you are indissolubly part and on which you are one hundred percent dependent. It's comparable to – and maybe that's easier to See, surely if you have some experience in relationships – how ego can (and in fact does) thoroughly screw up a relationship. Even when the partners would stay together – even when the earth including humanity would, physically, survive – they're dead with ego laughing between them. Seeing-Feeling (the (stuck) Pain that is) Ego is the beginning of the end of destruction. The Ego can only be Rejected – which is Necessary for necessary Change or Restoration, for Rebalance – if it is Seen and Felt, even Bodily, how Painful it is. It is, unfortunately or not, not enough to merely see the ego and its consequences in the outer world. In and as one's 'own' Body it has to be Felt. (By this, by Shining Light on Ego) You are the Only True Source that can Do something Structural, that can even, accidentally, save nature.

Accidentally indeed. A goal oriented approach, the holy goal being to save nature or the planet, won't work, won't save – as, secretly, it is *Ego* (and *not* the Heart) who has the goal in mind, who wants to survive. Any attempt to reach any goal is doomed to fail, no matter how strange and absurd this sounds to Ego. And it is so because it was not about the goal itself in the first place. In Reality the goal-oriented ego wants to Come Back to the Heart, in and as Which every goal falls away and is not even needed any more, as things go naturally 'right',²⁵ develop in an organic way, as One Organism.

The Ego, 'your' ego, anyone's ego is insatiable, unfulfillable. It rushes endlessly forward, till everything is killed. See this, See that neither you nor anyone else have *any* interests and become a natural 'sacrifice' – without sacrificing something True, by the way, as you cannot anyway – and let nature recover thus. See through the entire ego-show of society,

²⁵ This statement does not in itself reveal any naïvety to believe that things can or must go 'right'. Nature – or Truth – has Its Own ways.

of democracy, of individuals. It's one big but loose ego-complex that can never get to where or what it's heading for. It was always and only looking for the Heart in fact, for the Whole, but in its rush, in its cramp, it forgot.

Remember What You Are.

Remember What the 'other' Is.

And be hard. Hard to Ego.

Be hard out of Love.

Feeling the Ego-Force and its consequences in your 'own' Body gives you the Strength to be hard. If you Know the destructive enemy, it has no power any more. It even dies – even though it resurrects again.

Don't fight with Ego, you'll never win. See-Feel the Ego. And it appears to be helpless.

Your Heart, no longer slave to the Inherently Dark Hidden Egoic Force, will Touch 'other' Hearts. These Hearts in turn will become sick and fed up with democracy and other adjutants of Ego, of the Insensitive Impersonal Egoic Force. And Feel themselves a way through the absorbed Lie, to Find Nature again. And Touch 'other' Hearts...

NB Before I finish, it must be clear that this hearticle – meant to trigger and show deeper, usually unseen mechanisms – is not especially against democracy as a system while being in favour of or even more mild to other systems. No. Every system is inherently interwoven with (the destructiveness of) Ego – surely as long as the people who make it up don't Face the(ir) Egoic Separative Force. Still, it's good to point out that the democratic system is a 'perfect' setting in which *ego* can and has become rampant, killing nature in a terribly fast and unprecedented pace, everyone wanting his and her share of what is to be consumed. Every little ego-god should be served by it. Democracy knows no Love for our grand-children, for animals, for feeling-creatures, for plants, for the Whole. It is part of the Separative Force. And in its seeming cleverness of the many, in the inherently deluding search for the best alternative, it makes us firmly believe that it's the best system possible. It has become a new god. Every separate god is heading for its fall. Improving here and there won't help. The root has to be Seen: democracy's inherent service to the (inherently separative) Ego.

05.06.10

• Finally, Woman, You may Want to become Aware of what it is *Really* that You are after in men or in a man – although this seems not up to Me, Man.

Spoiler: It is His bloody Heart.

But, so far, You do not *Want to Know* this Deeper seemingly hidden Spiritual Knowledge. For that would mean the end of you. And so You safely continue running after other qualities, some accidental characteristics of the good fellow. And you can giggle – or even talk seriously – about them with your girlfriends. But if You'd Allow the Consciousness that You're After the Heart, and Allow Yourself to be actually Touched by Man's Heart – or by the inherently painful lack of actual manifestation of It – then... everything stops, the whole show, the entire search, the giggling, the secret or overt dissatisfaction, the running away for ever.

You're after his Heart, not after his energy, his power, status, appearance, sense of humour, prick, seed or whatever else. But You'd be totally Vulnerable if You finally See and Admit that it is His Heart You, Beyond yourself, are After, that You Want to Unite with.

06.06.10 (Schiermonnikoog – a Dutch island)

• In principle – well, apart from being tortured too badly – you never have to escape any (very) unpleasant situation. *Just be Conscious*. Of whatever terrible state you're in, of whatever awful feeling you have. I know you don't (want to) believe me. And yet it is so.

Being faithful to Consciousness, to what actually is, things, situations, will change *by Itself, by Nature*, instead of by you (which means by ego). By you no Real Change – which comes in its own time and pace – can occur. You 'spoiled' it, the Potential Change – or rather Development – by reacting. And now, by simply going to the more pleasant side of the Ruthless Coin of Duality, it's just a matter of time until the unpleasant one returns. And again, you'll have to escape. On superficial level you might make it with this infantile strategy, not to feel *consciously* too much discomfort in your life, by changing situations for better. But on a deeper level you don't manage, it's not a real solution, not embedded in Reality. And you won't get to Know life either that way. You keep postponing Discovering Life. '*Deep level*' means Life, Life Itself beyond your illusory home-made versions of it.

Just feel unpleasant. Don't rule. And Rule, thus. Be a Silent King – or Queen. With True, Reality-based Dignity.

Don't breathe. Don't change the stuckness that you start feeling when you finally stop running. Don't change it by breathing by (and as) yourself. Be changed. Let Breath Breathe you in Its Own Pace. Let it Breathe slowly through the stuckness or whatever form the unpleasant feeling takes.

If you breathe yourself, you cannot Feel. You cannot Feel what is actually the case, where you are. You try to restore the energy (reservoir) before your turn, before Truth could Show you the Two Sides of the Coin: energy and no (or little, minimum) energy, flowing and stuckness.

There are very many methods to raise your energy level. Wherever these lead you, not to Truth, that much is certain. Nothing based on Ego leads to Truth. Only Truth Itself Leads you 'to' Itself, if you Allow It – and if you Allow It this will be Clear.

You don't need to add anything, never. Life is Enough. It's just that you consciously allow many many unpleasant situations – we're here on earth after all – or you escape, run away.

No choice.

The Humbleness of the Heart...

14.06.10

• Do you also hate it when people try to bring 'life' into Life, when they do their best to add some life to Life?

Or are you rather touched by their good intention out of despair, by their spirit of not giving up, but just continuing no matter what – even when it doesn't lead to anything?

16.06.10

• In reality, beyond the apparent, one tunes into the (degree, depth, solidity and kind of) humanness of a teacher, not to his teaching. A teaching is just an instrument through which something beyond it is being transmitted. However, it is true, the one with Eye, with Open Heart, can See-feel in the teaching too the real state of the teacher, the state of his Heart.



Azar Baksh – Don't worry, it's just terrible, that's all

- That One Great State that you are always longing for, that you hope will Be one day, that you maybe (would) do everything for to reach... it doesn't exist.

- Although, mostly in your subconscious, you're always busy with the struggle whether to choose Truth or, again, for now, the Lie, you don't have to choose Truth. Truth Is Already the Case. It's a matter of Seeing This, Surrendering into This. Allowing this Surrender is the hard Heart-Way.

Surrendering might seem the end of (all) struggle. In Fact, on earth, it's the beginning of the real Struggle, to become a Living Heart-Body on earth. Finally you're allowed the chance to, from inside, find out what hell is. The Hell Alive.

The Lower you *Consciously* Go – I repeat, Consciously – the Higher your Spirit will Rise, the Deeper it will develop, the Greater the Understanding. Only, don't expect a reward in this lifetime, or at all.

• Woman, it's up to You, but I just say that You might better not try to fool Truth – which seems to be Your favourite activity – for this is *exactly* what makes you lonely. And that's Your always present state behind what you try to show.

Try to fool Truth, try to change Reality and be lonely. Respect, Love, Acknowledge. Accept and Surrender to Truth, Reality, and You don't know loneliness any more. You'll have some vague memory of it left, of a past where you seem to have felt that way.

19.06.10

- Somehow there are not many people who have the courage to see and admit that they lead a heartless life, to feel and admit the cold empty place where the heart should be.

This refusal to admit is a substantial part of what makes it stay that way.

• If we can trust the information about it that is available up to now, from all the stupid things humans did so far, producing and using nuclear energy is the most stupid. I must disappoint the other numerous candidates here, there's only one who can win the first prize. I'm open for a more complicated reality, but at least at first sight the people who are in favour of nuclear energy at least seem to be shockingly heartless. And I'm sorry if you have to live like that. Not giving a damn about others, about future generations, people and animals – who'll have to deal with the toxic consequences of our great invention for thousands of years to come – but only about your poor little self. It's all about you in the end. To me this is disgusting, but I seem to be an exception here; for others this is completely normal, sane, natural, logical. Of course you want the best for yourself and you go for it. *You* want energy, now, some more, and more, extra energy, more and more. For your car, for your plane travels, for your electric toothbrush, for your fridge, for your leaf blower... for your self. Will it ever be enough? Greedy greedy greedy are the needy.

It's the same attachment to energy that you have in relation to (taking, tapping) energy from people. It's part of the same delusion. There is an attachment to energetically flowing with people, preferring this above living the truth in Relationship, which more often than not means *not-flowing*, but letting oneself be touched, feeling contractions, and anyway Standing in 'your' Truth. You see this whole manifestation of Life as an energetic playground or arena, fight. More energy = more life = more me. This attitude, this Grand Illusion will not only kill you in the end, but many many. But you don't care anyway. You, and this is not unrelated, also live in the illusion of immortality paradoxically mixed up with the attitude of 'I will die anyway, so what'.

I'm always surprised how with every new invention there is mainly attention for the benefits – that in itself can be there, of course – and so little for the negative side of it that will always, inherently be there. Not necessarily, but in quite a few cases it's a banal matter of (saving) money not to properly take care of the downsides.

- To you it may sound like an experiment what I'm 'doing' and what you could 'do' too, to live a life in Truth.

It's the other way round. Nature is not experimenting. It is you who experiments. You experiment with the Lie. You are trying to see and find out if you can get what you seem to want while sacrificing 'your' Truth. You're a scientist in your drive to experiment. Only, you cannot stop any more. You got addicted to your experimentation. You can't say any more: that's enough! Your whole life has become one long extended experiment, to see if you can fool Truth. Maybe on your death bed you are allowed to see the result. They say, you're never too old to learn...

20.06.10

- Can you feel and stand people's ego as your own pain?



23.06.10

• Woman, I Make You Beautiful – from inside. I Radiate My Purity from inside Your Body. You'll Shine This, to outside, to the outside world...

I don't need to nor can do any tricks for This. There is no way to do This. The Pure Heart – Humbly Living the Two as One – knows no ways.

The more or Deeper You Allow Me, the Deeper You Trust Me, the Deeper You Recognize Your Already Love for Me, Your Being Me, the more Beautiful You'll be. If you want to be beautiful, it doesn't Work.

The other way round holds true as well. The more You are stubborn in resisting Me, the more ugly you become during your visit on earth.

If you want to do it all alone, without Man (but perhaps with a man who doesn't manifest Man), ugly you'll be – no matter the package that you try to show the world, to fool the world with, fool Man with, yourself.

To Allow, Tolerate My Purity inside, you'll necessarily have to Allow ugliness, dirt, slime, impurity. It cannot be otherwise. For True Beauty, Purity, is One and One is Inherently Two, Beauty and Ugliness.

Hardly any women can bear this and, therefore, don't Want to Understand this. Most women are attached to and want to identify only with 'beauty'. They look down on ugliness. In Looking in the mirror they will, then, feel hate for themselves, seeing their ugliness.

Your Eye sees more, deeper, than your biological eyes. It always sees the ugliness. It's always there. You're *always* under stress, in a fight, a battle, trying to get rid of it.

And why are you attached to 'beauty'? Simply because You, dwelling in Illusion, are afraid of losing Man if this supposed 'beauty' is not there, since You assume *Man* would be the one who is attached to 'beauty'. A man-*form* who is attached, is no Man (yet) though.

Man *Himself* Lives the Two and Sees there is no escape from the supposed 'wrong one' of the Two. It's the Female Force that is Inherently Deluded to believe – or: Deluding to believe – that it would be possible to have or even be only one of the Two.

Azar Baksh – Don't worry, it's just terrible, that's all

- How dead can you become before you die?
- Is this a koan?

24.06.10

• The always suspicious mind... suspecting every spontaneous true expression of Life as strange, untrue, not normal, dangerous, wrong, inferior. Mind knows always better than Life. It thinks it understands Life better than Life Itself. It is the un-incarnate arrogance, 'God' too afraid to Become Life, Feeling, Body, Flesh.

The suspicious mind goes on for ever, if you don't Stop its rampancy. On her dying bed my grandmother sent her three children away. She was afraid they would have negative effects for her after her death as none of the three believed in 'God' any more and were sinners as such, part of the Devil. She was afraid she would be blamed for it at the Other Side, and still tried to make up a bit with God by rejecting them in the last moment.

Now the mind tries to soothe itself, justify its existence, its value, by calling this extreme or ridiculous. But it's just an example of the mind's *inherent* stupidity, its structural state of separation from Reality, which is causing unrecognized stupidity. Less obvious situations, less extreme occurrences of mind taking one over, carry basically exactly the same stupidity. But, of course, everyone finds their 'own' mind sane, normal, true, natural. Cancer can't recognize itself as cancer though, it's just *cancering*, and ramping.

When finally You'd Stop the mind-show – by not taking it serious any more – suspicion, that is suppressed fear, stops. Constantly being suspicious comes to an end. Only *natural* fear is left. You Become (a) Body. An Alive Conscious Body. You stopped (supposedly) knowing better than the Body. The Process starts. Life can begin. Incarnating happens.

Azar Baksh – Don't worry, it's just terrible, that's all

25.06.10

- Woman Loves Man Perfectly, (only) when and if He is the Perfect Mirror.

Azar Baksh – Don't worry, it's just terrible, that's all

26.06.10

- If your life goes well, then it goes *really* bad. You're wasting your time.

Azar Baksh – Don't worry, it's just terrible, that's all

27.06.10

• *Woman, I know You Love the Mirror That I Am. It's just that you cannot look in it.*
It hurts your Ego too much to look.

28.06.10

• You may find me a crier by now – no problem – but it is true, I must cry again, I cry, Crying is Happening through me.²⁶ This time – although all 'my' crying is related – it is about the fact that people get away with their lying. They lie and people buy it, or, if it gets too hot, to avoid confrontation, go away and continue the same lies or other lies – but all part of the One Big Lie – somewhere else.

I don't refer here only to society-level, but certainly also and even in the first place to the personal level, to 'normal' relationships between people, surely including love-relationships.

For example, when a woman leaves me, my form, in a lie and I come to find out that she continues the same lie with another man, I get so sad, and tears are pouring down my face that are hers in fact. If they would be happy together, 'my' Heart would Feel that and be happy too. I love seeing-feeling beautiful people being together.

But... the same Lie continues, with new players. The world is spinning. How awful to fail at turning the Lie back into Love, into the Heart, into Truth – when at first things seemed to be happening, at least moving into the direction of Truth, lies were seen through, one by one.

How terrible to See the failure in the Eye, regardless of the fact that I don't see this as a personal failure. The latter, if I had taken it personally, would have made it easier in a way. How terrible though that I see immediately, from the beginning, when her new lover arrived, that he won't make it either, no way. He'll do his best, but he won't Allow Love. She can't deal with the Lie (active through her) – not without Man, and she won't Allow Man, since 'man' has to fit into *her* world, her Lie world of 'freedom', 'happiness'. 'flowing energy'. Never will she make a Gesture to *Man*. Man is meant to please her in her own world, as the sun should do, the fridge, the television, the couch and the bed, the tools to put a screw in the wall.

She Knows she lies – she's not crazy – and she will continue for ever. She cannot stop and she will not allow Man to stop her, which would be possible in principle. If the Stopping by Man threatens to happen, she goes. Nothing can stop her from not being Stopped.

Tears.

²⁶ Crying humanity's Pain simply needs to happen. Somebody has to do it – and not just one person, the more the better in principle. If other people cry, about a certain something, then I don't, usually. The issue is being taken care of, already. I'm not attached to crying or no-crying. It's not about me, it's about crying the pain.

• Many of you are so self-obsessed, ego-centred, that when I sing 'punish me' in a song, you don't get it. You – or the ego – do not want to get it what I mean. According to your simple view on life, life is there to serve you and us as good, as much, as many, as sweet, as loving as possible. "What do you mean 'punish me'? What is this for nonsense? What is this for sick mind who, still, believes in punishment, self-chastisement? I thought we got rid of such sickness by now? We no longer live in the Middle Ages. We have developed spiritually." And strange that this is even sung and written by a non-religious songwriter.

But just as Ego craves for and gets the goodies of life, just so there is this Longing by Nature to Restore the Balance. When you create – that is, are deluded by – one side of life, the other is created as well.

You Are Nature. You Are *Both* Sides. *Not one* – that your Ego cleverly, or as a parrot, calls One. You Are Nature Who Restores the Balance, Who – beyond the obvious self-centred asking of Ego – Asks for this, asks to be 'Punished' or no matter how you prefer to call it. Without this Balance, without returning to balance, you'd even die. But since Ego cannot ask for punishment in the full light, it asks for it in the dark.

For quite a few women, by the way, it's not so weird what I say and sing. They have – not so much Clarity about, but – more and anyway Contact with the Dark. They want to be punished for 'their', for humans' 'Sin' of Leaving the One Heart and choosing one side, the supposedly good one. People addicted to spirituality just don't get it, what 'I' mean. They seem to become more and more radical in their arrogance of floating above and commenting on or even dictating life.

If punishment would be appropriate at all – which is something spiris normally do not consider to be the case – then at least for them but for others, sinners against the Law of nature, of Love, which they think to understand, or, even more ridiculous, to actually live.

"Punish me for all I was too proud to give, for fear of loss." That's what I sing and will keep on singing. (In 'Whatever You Prefer')

There is a thick slimy sauce of Lie hanging over this world, in this case translating into pretending not to understand what I mean, trying to make me *the crazy one*. I tell you, you only make it worse for yourself. The 'punishment' (or restoration of Balance) will be harder and harder to allow and harder anyway. Postponing the 'punishment' will cause the resistance to finally allowing it to grow more and more.

See that you *are* already 'punished' – in the dark, beyond the reach of your eyes, but the Dark is Part of Reality. It is so therefore, you are already being 'punished', all the time. I see it in your face, hear it in your laughter, feel it through your whole body, it is in your energy, I smell it in your smell.

22.07.10

• You can sing about the Light for ever, you can feel joy in it, you can feel connected with other people, other singers, you can...

Just stop.

Let your Ego Be Seen.

Offer it.

To Truth.

To the Eye of the Master.

Offer your song

Offer your joy

Offer your tongue

Offer your Heart.

Stop.

25.07.10

• My Gift to humanity, unprecedented, unique – this sounds suspiciously egoic, doesn't it – is the Realization *on an Earthly Level*, and the Revelation, the Showing, that Man and Woman Are One Body– not Two. They exist as *One* Process, not Two processes.

This is no knowledge, you cannot think about it.

And this *Living* Revelation Counters, in Principle, all Ego's ways to prove and show otherwise, to Separate Man and Woman from Each Other, as if They would have different interests.

Man's Heart cannot be fooled. It Outshines and Transcends all possible interests.



• Nobody (*Wholly*) Realizes *and (Truly)* Lives *on Earth* the Only Fact that the Heart is Enough and Only the Formless Heart Itself in and as Itself. Nobody has this Deepest and Only (and even Bodily) Trust. Forms are *always* deluding, *whatever* form they take.

You assume that you already Understand this but you don't. You don't know how far This Only Insight Goes, what a long long Way Down into the Body it takes to Actually, Whole-Heartedly and Whole-Bodily Live This Only Truth.

Before the Truth Hits You Irreversibly, you must be busy with *energy* in whatever form, subtle or gross, it is interesting to you, if only in relation to physical survival.

26.07.10

- Why do you only (want to) identify with Beauty and not with Dirt.

Imagine yourself to be one big piece of dirt and slime and ugliness – and feel honestly what an enormous relief this gives immediately. No hopeless endless struggle and fake any more to be better than You Are.

I wouldn't be surprised if you would – even immediately – become more Beautiful.

See You, Dirty Queen.

01.08.10 (Finland)

- A remarkable experience.

I meditated, here, in the Rainbow camp in Finland, and in 'my' feeling in relation to someone I felt disgust and compassion at the very same time. But not only were they simultaneously there, they were the Same. They are the same. There was not any difference. The disgust was about her stubborn and arrogant resistance to the Heart, to letting herself be Touched, about her, wholly related, judgement towards *Me*, Man. And this was exactly the same feeling as the compassion that was there in relation to her unfelt pain and fear. It was this lack of actually feeling her inner pain and her fear of pain that caused her resistance to Me, since I Am Feeling, Awareness of pain, of whatever is actually the case.

Who could have thought this, this sameness of disgust and compassion? Surely no mind. Not even Buddhism – where people are stimulated to feel compassion to others, not disgust.

One cannot understand this Sameness. One must experience it directly, first-hand.

• The Divine Goddess appears to be Pain. What a totally relieving disappointment, disillusion. You always put Her on the nice side of the Coin of Life. And now, now you Go into the Depth of Life, She appears to Be Pain. How sad for the ego. It wanted so much to maintain the fantasy in the Dark, to dream about, to tune into it. In the *Feeling* Light of Life the bubble bursts though.

You liked to believe in the common dream, just like in any dream that feels good for ego. Only the Humble will Understand Me.

Man Transcends the Divine Woman, Pain, into Himself, the Painless, into the One Beyond Pain and Painless. The Divine Woman, out of Love for Man, Shares, Surrenders Herself, Her Pain, with and to Man.

09.08.10 Nowe Prusy

• Healing is Woman – Being is Man.

Being doesn't need to be healed.

Healing is the Illusion of (or floating or marching through, and with a strong tendency to attach to) Woman, supposing She's not Whole. She Wants to improve and repair the Whole, so to make it Whole again.

Is this absurd?

Man Feels, Woman heals.

Man Feels what is, Woman heals into the direction of how She thinks things should be.

Man is Whole and Man is Woman's goal.

Woman will never reach Her Goal, in Her attachment to the goal She can't Allow Man, the Whole.

What doesn't feel good to Woman's taste needs to be healed.

Woman's Own Duality Needs to be healed thus, as one side of Herself is never nice, always difficult, painful.

This one difficult side, however, is part of what Is. And what Is cannot be changed into what Is-something-different. The life-long – or humanity-long – project of healing is doomed to fail.

Well, it keeps you busy.

Does Woman's Tendency to heal, to improve or repair that which is supposed to be not-Whole, need to be healed, as it is denying the Already-Wholeness of all and All? The strange or paradoxical healing of the Whole is part of the Whole. It's not separate from It.

If one Feels the Tendency and the continuous Trying to heal, one starts to feel sick. In itself this sickness doesn't need to be healed – even not if one would die from meditating this sickness 'too much'. Dying cannot and doesn't need to be healed.

But in itself it's true: people get sick from healing, it creates a cramp that can be felt and located. Healing creates its own market. Healers try to repair, to make Whole what other healers – including the 'patients', or even healing itself – created.

The Realization of Man, of Wholeness Already, makes an end to the craziness, the vicious circle, the disease of healing. Woman Realizing to Be (Part of) Man, is Whole. Only She.

She who tries to be (like) Man herself, will suffer and suffer until she starts crying.

14.08.10

• I have nothing against you individually, on the contrary, I Really Love you – and sometimes even like you.

But as a whole, as a group, as the crowd, you're awful, terrible, ugly, sleepy, killing and you have a disgusting energy, you make me sick.

How come – I mean seriously, apart from some people's clever psychological suggestion that this would be just projection?

19.08.10

• Tears are the way of the Heart to outshine the stubborn fear in the 1st chakra, the fear that is the root of woman's life – or at least it is if she's not Rooted in Man's Heart.



20.08.10

• Woman, I Cry about your arrogance, your pride, your tough attitude, your inner harshness. No reason for my Crying. Just 'picturing' and feeling your arrogance the crying starts, by itself.

What a pain you store behind your masks.

- The Heart is the very last here on earth that is being taken care of, that is honoured and respected, that is taken seriously, paid attention to, that is served. It has no value. It is no interest. It's not tangible, not perceivable. Without It you wouldn't live though.

As always, you're deluded by form, by appearance. You don't Love Life Itself, the Heart Itself, Truth, the Formless Having and Being Form. You merely love *forms* of life, certain forms, certain energies, certain constellations. You're deluded. Those are (hidden) attachments, no True Love. Only Life Itself is to be Loved. Only *Me*.

21.08.10

• All the time there is this Longing to unite with (someone of) the Opposite Sex. And then it happens, again, you're making love... and what a disappointment. By far it can't meet, satisfy your Longing. In regard to the Grandness of your Longing it is just an unhandy physical struggle, possibly leading to physical-energetic satisfaction, the built up tension has greatly released, and you can relax now, for another while. Where is the Union, the Union of the Heart, the Outshining of the Form...

Intelligence Lets the Inherent Deeper and Divine Frustration in this respect Transcend you.

29.08.10

• *If you don't let yourself be Touched, you cannot Touch either.*

This always goes together. This means that if as woman you're with a man who doesn't (dare to) allow himself to be touched, he cannot touch you. If (the Man in a) man cannot touch you, you are and stay stuck as a woman, that's for sure.

And, 'of course', most women prefer this situation, even though they have mixed feelings about it. They don't want to be Truly Touched by the Deeper Force and so they find a man-form who cannot touch, who 'cannot' be touched.

How solidly safe is it to complain about (a) man who is pretty or almost completely insensitive, who doesn't really listen, doesn't really Hear woman – and telling the girl friends 'but that's just the outside, actually he has a heart of gold'. How much safer is living in this almost virtual reality, safer than finding and *Being* with a man who *can* and is *Willing to* touch, who does let himself be touched.

Touch is scary somehow. It crushes 'your' safe idea of being a separate island waving to other islands, of being someone at all. If Allowed, It would completely crush your illusory sense of control.

• Fed up with ego-energetic meetings? Find Truth. And Energy comes by Itself, (only) when Truth Wants to – and not you.

Only (Pure) Truth gives True Satisfaction. For It is Satisfaction-Already. Whatever it takes, Truth is Satisfied 'with' but in fact as Itself. Without Actually Living Truth, *everything* is unsatisfactory in fact.

In fact, the normal energetic meetings with people aren't so energy-natured as they seem. As indicated at other places, it is or creates an up-going or hung up energetic sensation that you somewhere feel – that, to compensate for it, to balance it, to lower it again, will enhance the sex drive (which can usually be noticed afterwards better). If you, exceptionally or anyway, would really Relax, that is, would Allow what is the case in fact, then you will start to feel sick, really sick, and exhausted. Truth Allows this. Not you. You rather go on with the conversation, whether interested or disinterested, rather than Feel what is actually going on. *The Body Knows what you don't want to know.*

Have a good sleep while here on earth. You need some rest before or for your death.

But who knows you'll find out by accident that your rest, your prolonged nap in unconsciousness is no Real Rest. You're stressed as hell. But you don't know, 'your' ego – or mind, or your doctor to whom you delegated the final judgement – defines you as healthy. Reality, however, is much much further and Deeper than you. You're left behind.

You can catch up with all the news in the world. You can join the latest fashions and hypes. You can visit the most remote places in the world. You can have the greatest sex, whatever that means, such bullshit. And still, you're left behind. As long as you cannot Bow for, Surrender (in)to Truth, a Deeper Reality – or: Reality Itself – you're left behind. And I see you want this to be so. Only, 'of course', you do not call it 'behind'. That doesn't sound nice. Ego rules the language and your distorted view, perspective. Ego *is* blindness – or let's say, the *attachment to blindness*, since blindness itself is neutral.

You're left behind. You get no more than the crumbs of life, not Life Itself. For Life Itself Humbleness is Required. So you can forget It. Life Itself is anyway not something to be wanted or desired. So you can even forget the forgetting.

In your running to be fulfilled, as well as in the giving up on that (as a reaction to not being fulfilled), you miss life.

For That, You must Feel, as Heart-Body. In the Feeling Space of the Heart Life is Unfolding, Revealed – even when a seemingly total cramp is being meditated.

For the Feeling Space of the Heart there are no conditions needed, not even Space. The Heart is Always There, even when it is closed. A closed Heart is still a Heart. You must start somewhere. Any moment will do for that, any situation.

So, it is *you*, standing in the way if the Space, the Heart, the Truth, What Is, is not Allowed. You Are the Space, this Heart. You deny Yourself if you don't (Constantly) Meditate-Feel life.

Why are you so hard on yourself?

Why are you so hard on yourself not to Feel hardness, contraction, Pain – that is all the time being Offered to you?

- As Man you Must be – or, in Fact, Are – ‘More’ in Love with Truth than with Woman. Otherwise you can forget about Manifesting ‘Your’ Truth, ‘Your’ Heart on earth.

I was always very much, deeply and Naturally in Love with Woman. I would sacrifice everything for Her. Only One ‘Thing’ not. Truth. Or in other words: Man. If Man sacrifices Man, His Very Own Truth, for Woman, everything is lost. There'd be nothing left, in fact. Nothing but a free floating pure love without any consequence, without taking root in the earth, without *Truly* Touching anyone, not in the Body at least, the Place where the Heart is to Be.

• Woman, Man Is Your Depth, Your Depth of Life. Without Man You live unavoidably a superficial life. Whatever you do, whatever you try, whatever you feel, whoever you meet, if You don't Allow Man, if You don't Surrender (in)to Man, if You deny Loving Him, or phrased even sharper: if You don't Actually, Practically Love Him, Your life is doomed to be superficial. And that is what You want, usually (when 'Wanting' something is defined as the actual result of your dual struggle within). Only, You don't like the name that I put on it, You don't like to face the Truth. You feel judged by Truth. *You* want to label things, give names to them.

Yes, I know You think You're the creator, You're the controller, You'd be in power: But it is not so. You can't create anything – by and as Yourself – and the last thing You are able to create is Depth. You can't Create Man. You don't have even *any* influence on the Heart, on Life Itself. Your Illusion is still growing, as your Ego's still growing, but that doesn't create nor change Reality, the Heart. You can go to thousands of workshops, You can read millions of spiritual books, you can meet all the spiri-celebrities, you can even teach whatever you feel like, but Depth won't come, not a single inch. Depth is not for You, I'm sorry. It Starts Where You Stop, Stop moving, Stop existing (as Yourself). The Total and Conscious and anyway Sacrifice into the Truth of Life Is the Depth You will not come to Know.

You want to see Man as Your enemy – to be safe, against His Heart and I'm sorry to See that. You want to love Man only in Your Dream, in Your illusory world, not in Real, not on earth. The Depth, to be Discovered and Revealed by Allowing Love, is Your enemy. You 'have to' avoid It. You 'have to' avoid Love. You're so utterly afraid of Pain that it's even ridiculous – and I can't help laughing about it.

You are trapping Yourself almost completely in Your endless fear of Pain. And this fear is totally related to Your grand Illusion of being (a) form – (a) form instead of Heart. You think You're (a) Woman instead of (Part of) Man. Here You go – understandably, but still – fundamentally astray. You're lost, as long as You think, and are deluded to believe and react to the supposed fact that, Primarily, You are Woman.

Allowing Man cannot Go without Allowing Consciousness. Consciousness Manifested in and as the Body Gives or Reveals the Depth of Life. To *Be(come)* Life Is the Depth of Life – not thinking about Life. To *Be* Life Is Intelligence – not what the arrogant mind thinks and defines Intelligence to be, often associating itself with it, not Able to See through its structural Separation from Life, necessarily blinding it completely. Even Consciousness Itself has no Depth at all if not Bowed to, Surrendered into the Earth, the Form, Woman.

30.08.10

• What a nice game, life... If you look Deeper into it, beyond prisons, everyone – as Tendencies – is all the time looking to whom or what they can go in order to get rid of their stuck pain, their cramp, their inner burden, who or what can Take it and do something with it finally.

And if they finally manage to find someone who or Something That can Truly Touch them, they run away, to protect their pain from being Touched, stirred. And on goes the search again – for someone or Something whom or What...

In the meantime the show goes on. As if we're busy with other, sensible, things. To create a beautiful world for example, or even a convenient one for ourselves.

Everyone Wants (even only) to be Touched in 'his' or 'her' Heart. The rest is all humbug, nonsense, killing time. And when it happens, the Touch, one closes the Heart, not to be Touched. As it might hurt. You have this intuition...

Your intuition isn't bad.

Crazy life.



31.08.10

The Form, Pain and the Heart

Woman – including Man-forms not Knowing Man – tries to solve (the 'problem' called) 'Form', the inherent Pain in it, by forms, by gathering the supposedly right forms for this, by perfecting forms, by (re)arranging existing forms in such a way that they would extinguish or at least diminish the to life fundamental Pain. It is not easy to See, apparently – as almost no one does – but this addictive eternal attempt is inherently Impossible. That is, the attempt itself is not impossible, but getting the result the ego has in mind is doomed to fail. Forms will always stay 'form'. They simply cannot ever bring you what you Truly Want. *Not any form can*. No single form of luxury, no biggest power ever, not the very greatest tantric or blissful sex, not the best partner in the world, not the most satisfying job, not the most terrific nature, not the most intelligent or distractive books.

Sooner or later you'll have to See the inherent limitation of form, of form itself, no matter the content good or bad. Only if you would 'Make' or in Fact Allow the Jump into the Heart Something Finally Happens, you'd be Taken Beyond the world of form, Beyond the Pain. Your ego is desperate here. It can try and try and try and even pretend to be There, but it will never succeed. It is totally utterly *helpless* Here. *You* are Helpless. Ego – as which you exist, with which you identify – can only turn around and around in its own shit. I'm not exaggerating. It can never go Beyond. It can only be creative again and again in finding beautiful names for its shit, its smell. It can do research on better perfumes to cover the inherent bad smell of you, of the world of form with which you identify, which you are so afraid to let go. It can take a whole lifetime trying to beautify shit. Build houses around it, add chemicals to it, practise alchemy on it, analyse it scientifically, but whatever success you might have in this respect, essentially it's still the same shit. And if it seems gone, dissolved in the Formless, it manifests again, somewhere else maybe or at the same place as a similar form, renewed, which seems to give you at least a next breath again for a moment.

It's even worse for Ego. When by Fate you are Drawn into the Heart finally or even by birth already, by nature, ego maybe thinks it has gone Beyond Pain. In itself it's true that the Painless can be Known now. But the 'Heart' itself is just a nice parking place where nothing happens when it's not Involved in, Related to life, in and to *Pain thus*. Life is Inherently Painful. It doesn't make sense to be born into earthly life and, in a cramped way, hold on to the Only 'Place' Beyond Pain, the Heart. You are Here, to as Heart become Dirtied and Conscious in the mud and pain of life, to let the Heart Develop, *through* form, and not to keep the Heart Pure and unTouched, unLived, unFormed, nor to try by all means to go back to such a state which spiritually deluded but in fact quite infantile²⁷ people try to do.

The Only Solution That the Heart is, is no solution. For being Human, for Developing, it is not Enough to (get to) Know the Purity of Heart, the Painless – even though Necessary in Itself. Next to the Painless, Pain is to be *Known*, Discovered, Felt, Tasted, Lived, Surrendered into, Touched – *Consciously*.

²⁷ Attachment to nice or not too difficult feelings makes or keeps one infantile.

By Consciously, Heartedly and Bodily Knowing Pain the Male Force is Becoming Stronger and starts to Manifest on earth at all. The Male Force – the Heart – can only Manifest in the Female world of Form, on earth, if It Touches that world, if It Actually Feels it, if It Feels therefore the Pain of Form in all its varieties, if It gets to fully Know it, from Inside, as Heart, as Conscious Bodily Presence, not as a spectator from outside.

But all this is already too far for 'you', for Ego in fact. 'You' – as ego and not as You – still try to solve the problem 'form' by manipulating forms. As long as you continue this, as long as you don't See the fundamental impossibility of this, as long as you don't allow your natural frustration in this respect, as long as you don't Surrender to Reality – inherently including, structurally, and an important part of it: Pain – the True, Deeper Process of Becoming Human cannot even start.

Forms, all forms, are inherently empty, they can never truly Satisfy you, never fulfil you truly. The Heart is Empty but Full, of Life, of Love. Only the Heart Makes you Human. Only Allowing to be Touched *as* Heart by the Pain of form, of life, of Loveless life, can.

It's a long way of frustration for us people to See and dare to See the Truth of it, the *Radicalness* of it: that *no* form is nor can be Satisfying, Fulfilling. It's a Deep Deep Surrender to Finally See through the Lie of our secret choosing the Painless Heart – even though we try to solve the problem of (as-such-experienced) Pain by manipulating seemingly Heartless forms into the direction of the Painless, of the Heart, even though we *seem* to adore forms. It requires a Deep Going Down to See through the hidden Lie of the Split between Heart and Heartless, or Painless and Pain. Instead of Being Naturally Humble, we try to solve. We try to solve Pain by other Pain, Form by Form. Our main strategy for this is to deafen and deaden our Heart by adding more and more forms to It, more and more Pain in Fact, to no longer Feel. To fill and not to Feel. Of course, this is no solution. We make it even 'worse' by this. Our urge to get rid of ever more unFelt Pain becomes even bigger, we become even more restless from it, aggressive, dissatisfied and so on.

And anyway, we try to solve what cannot be solved and what doesn't need to be solved, in fact. Solving arises out of Illusion, the illusory presumption that Reality can and needs to be changed, improved. We noticed we can change forms indeed, and by that we thought we are able to change Reality. Impossible. Unnecessary.

The spiritual solution of finding back the Heart,²⁸ the Painless, is no solution either. It can be easily used as – and is usually – an escape from Pain. An inherently unsuccessful escape, but spiris are very good in wiping the hopelessness and unsuccessfulness of the whole affair, of the attempt, under the carpet, in keeping it down in the 'safe' blindness but inherent painfulness of the lower areas of life, of the lower chakras if we talk about the Body.

Life is only Known, Humbly Respected, Lived and Radiated, if the Lie of the whole search, the entire attempt to escape, has been Thoroughly Seen and Lived through, if the

²⁸ Spirits' search in this respect doesn't let alone the fact that most spirits – people who are more interested in subtler, spiritual, energetic life than in the 'normal' grosser and (partly) material world – are not even concerned with the Heart Itself, but are more into finding *subtler forms* as alternative for the indeed unsatisfying grosser forms in the world.

search for the Painless, the Formless, Radically Stops, not without getting to Know It though. In this Radical Seeing, manipulating Form as well as holding on to the Formless (Heart) naturally stop. No impulse to these two basic strategies is taken seriously any more. Such impulses still naturally arise, are Recognized and Fall back again.

Not many of us will really Go into and through the Human Ordeal Waiting here. We're afraid of Pain.

Without *Actually* Consciously Feeling Pain, no Humbleness, no Humanness. Only big words. Just Ego.

We all like to believe that we can solve Form, Pain, we love to read or listen to stories about how to do that. We cannot. And why don't you investigate the fact that 'you' (as *slave* of Ego) prefer the *stories* above Truth, Reality, above what I just told you. Or, if you really can and do Allow my 'words', then you will feel a (big) Relief. It is such a Relief when 'You' See Reality, Acknowledge things to be So, as they Are, instead of holding on to the egoic and *contaminating* cramp of having to manipulate, improve, change Form(s) into better Form(s) or even, impossibly, into the Heart.

No, on the Deepest Level you can't solve Pain, Form. Again and again it can be Transcended and the particular form of it can Dissolve by that, by merely Feeling it, being Conscious of it. That's true. But even then, immediately, again and again, there will be 'new' Pain (or at first not yet Felt Pain) to Feel through. And as long as there is life it will be like this. This doesn't take away the fact that by Humbly Allowing this Feeling and Transcendence again and again and again – for a life-time, to begin with – one Gets to Know and Becomes, Embodies Life, Deeper and Deeper. And this is a Value (or Force) in Itself, no right or wrong. It Is Nature anyway, to Become Human ever more Deeply, Conscious on earth. What to do.

- Why are you so attracted to the Other Sex?

Well, there is an Inherent Tendency of Duality to Want to Dissolve or Explode into One. If you are, maybe ridiculously extremely, Faithful to Nature, to the Heart – as in 'my' case – this will Happen. The Two Sides of Life are 'dancing around each other', or rather, alternating. If the attraction is 'too big', they approach each other more and more and Touch and Explode into One. (Almost) everyone is naturally, albeit egoically, afraid of this Touch, of the One, of the Explosion into the One Heart, of this Utter Love.

It's a Natural Tendency or Universal Urge as well *not* to Let the Two Explode into One, to continue seeming separation, not-Oneness. This fear of the Explosion, of True Union, This Love, is related to this Natural Separative Force.

So, (almost) no one Allows the Natural Attraction to the Very End. It becomes, or *is*, a Play between the Two Forces, the Unifying and the Separative One. And 'you' think maybe that 'you' are the player... Well, look only a tiny bit Deeper into Reality, Beyond your self and you – with or without shock or Relief – will discover that you're not a bit but a *complete slave* of these Two Forces Playing with you. You Are These Two Forces. But the Separative Force manages to make 'you' think (as Itself in fact) that you are you, someone, some (relatively or even totally) separate entity, attracted to other separate entities.

Attraction is Pain²⁹ – Pain that, if Allowed to be Consciously Felt, will Explode into the Heart, into Love. This Love will Manifest on earth if One Humbly Goes into the Struggle of Sharing the Heart, Love, with the ones who, or that which (or the Force That) resist(s) the Heart. If so, 'your' Body is not yours any more (and it never was, in fact) and Becomes Love Itself.

²⁹ Suppression of the Attraction is adding pain (even).

03.09.10

- Woman, you may store a lot of Dark in you, and you know that. You might be Attracted to Man's Light and you know that. But you cannot Approach and Become this Light by merely following the attraction and, *in the Dark*, kind of sneakily and simply get or even incorporate this Light. Only acknowledging 'Your' Darkness, Dark forms and tendencies, *in the Light* will Allow the Light to Come, Be There, with You, as You.

04.09.10

- You feel *personally* attacked when 'your' Ego is attacked. Some people feel even insulted.

This is clumsy – even if understandable in your false identification with Miss Ego.

It is clumsy in case you feel like you need to grow as a human being. In that case, you will have to stop the show sooner or later, and just face the ego instead of defending it.

The fact is that 'your' ego is all the time 'attacked', under pressure, it isn't a stable construction. It needs to be active all the time to keep up the façade, its defence system, even though it is true, it got used to being allowed to rule and seemed to have easy control.

When suddenly a more obvious 'attack' comes, the defence troops – that are also used as attack, as strike troops – are quickly called to service and do their job. Doesn't matter how or what they do, as long as they win – just like in a 'normal' war in the world.

Azar Baksh – Don't worry, it's just terrible, that's all

- If you start to really *Feel* and *See* people's suffering, your life won't be the same any more. Everything will be different, at least comparing to how before you perceived the world, yourself, others, life.



05.09.10

• I ask you, how do you manage to live without Love?

I mean I'm serious, I'm just a beginner here on earth. You can teach me really a lot.
And I'm Willing to learn.

I have a lot of questions for you.

For example: How do you fake love?

What do you really see if you look in the mirror? Or don't you really look?

How does it truly feel to have to project your pain and darkness on other people?

Or don't you feel anything then?

Or don't you feel at all? How does it feel not to feel anything?

Can you show me? Can you teach me?

People who Love Already are always discriminated. They have no public teachers that talk and guide them to the Light – they're not needed. They must sneakily find their teachers in the dark.

Not to be too repulsive for people, not to be bereft of any possibility of being taught, I regularly had to even sort of fake that I am like them, that I have all kinds of let's say flaws that I then stupidly laugh about with them. Otherwise the distance was too big for them, and they could not teach me, they ran away, too soon.

Azar Baksh – Don't worry, it's just terrible, that's all

11.09.10

- Every big or even little injustice or cruelty we did against the Heart will haunt us just until our death-bed. There we have a second chance. Not many – even then – take the chance.

• (As posted on the website of Azar Baksh:)

Maybe needless to say, but still to have no misunderstandings about it, this text and other poetic texts (or song-texts) do not necessarily represent Azar's view on things or describe events as they (exactly) happened – even though of course he must have contact with the worlds he depicts, or else he can't write about it.

The City

Some normal days of a normal life

*I'm going out, I leave my home, my lonely safety in the madness
Going out, even though I can't stand it outside, can't bear it inside for too long either
Like a beggar I am craving, sucking in with my eyes the green
The last remainders in the city
Some lost flowers bring a sigh of happiness, forgotten in the stone
For a moment I don't hear the killing noise, 24 hours a day rattling on, like a machine gun
that cannot stop any more, piercing me everywhere although I never gave consent, and still
going on when I'm dead already, when it is no longer necessary
For a flash my heart forgets it has become concrete, a thing, a form
I see the people cramped, stuck, angry, bitter and laughing and am caught between laughing
out like crazy or crying like a willow and letting it all hang down
I'm biking further through the town and almost faint
The horns of the cars are too much this time and I vomit on the street
Above me a seagull circles like a vulture waiting for man's blindness, for what people do not
see and do not want to see, for their waste that should be underground, down in the sewer
I feel I'm dying but my body is still moving
It can't give up yet, don't know why
Again half a meter green and I almost have to cry
But I cannot, I'm too stuck from stone and steel and people's toughness
A frog is overrun by a car, my body falls on the ground
The driver didn't notice, like he noticed nothing, only traffic and his crowded mind whining
on and chewing the rag
Looking up I see the billboards bigger than elephants, they show us how to be happy, with
toothpaste, cars and insurances
The noise-attack goes on, the funeral march for every heart
The frog
I feel like an animal, an animal who lost the game, the struggle
Survival of the fittest, of the most insensitive
I see a woman, some life-force wants to re-appear, but it doesn't know how, it seems way too
far
I remember making love, lying naked on the moss and later, quickly, standing on concrete,
clothes still on
I am shocked not being shocked*

*I don't feel a thing
I'm dead but my body doesn't realize it yet, it still lives in the past somehow
I stumble on till I reach the borders of the city
There, bit further on, my body doubts if it will recover now or surrender finally to death
It stays in between
And my hand is reaching for the green, it is touching, it has to touch
The moss, the leaves, the grass, the trunks of trees, the soil
Depleted of life, of energy, I touch all that I still can
I notice still some drive in me to survive, to absorb the rests of nature
I try to smile, like some still can, but nothing comes, only a slight feeling at the corners of my
mouth, some far itchy something
And I can't forget the frog somehow, flat as a pancake
And the driver, I can't forget the one who forgets
And back I go, into the city
There is the food, I learned
Back into the stone, the noise, alone...
They send me to psychiatrists, as I'm not normal, that is obvious, they are worried about me,
they say
She asks me what's my problem, I don't have problems, I respond, I just can't stand it all
Well, that's problem number one, she says, you have to live here in this world
It feels like a conviction, that was never pronounced so far
Suddenly I run out of the room, and look at the painting on the wall, there is grass on it and
seven little bushes
I always count them if I come to the one who's to teach me life, how to live
I tell the doctor I prefer to look at the painting rather than at her, she shows no emotion but
goes to the toilet
When she comes back I tell her frankly: It's hopeless that I come here, I cannot fuck you,
you're too hard and I don't like women with short hair, it's not me, it's bigger than me
She seems finally shut up
Although usually she lets me speak I always and constantly feel her mind rattling on and on
and judging and interrupting and knowing better and attacking 'my' heart
Then she says: 'It's about love' and I have to puke
Lately my body somehow can't stand truths evaporating straight from the drought any more
But nothing comes out this time
That's again something, I can't help noticing, she was the one busy with fucking, not me, I
just gave words to the situation and now she is the one to talk about love
Everything in the world is turned around
When I reveal people's darkness I seem to be dark
Unconsciousness is an excuse for everything
And this is our last meeting somehow, I don't know why, maybe I am cured now in her view
I go home, my neighbours make noise and noise and noise, perfecting their homes for ever
with the newest greatest machines*

*My body goes nuts in all honesty and I don't resist the nuttiness
I pick up my guitar and try to play a song, a spontaneous text about a frog and how hard it is
to live
But the neighbours ring the bell, that if I won't stop the noise, they'll call the police, they are
fed up with my voice
It reminds them somehow of what should be forgotten by now by everyone
I have to try to bike to the border of the city again, for some breaths of life, again I get greedy
for green, greed is wrong
After three days recovering at home I'm exhausted
First, before the ordeal of going all the way through the city to the end of it I go to the
graveyard for some rest
But they are cutting the grass with some monster machine and are blowing away all the
leaves, the ones that are left, with some supersonic cannon that even beats the monster when
it comes to producing decibels
A guy in military outfit is after the very last lousy little leaf, anarchistic in just doing what it
wants, hanging, feeling like falling, lying, being blown, not knowing rules, not even how to fill
in tax forms
He's got it now
People who invent these life- and heart-killing machines should be hanged immediately, no
process
But first, to be cured, they need 24 hours exposure to the noise of their own machine, no
earplugs, while standing on the chair already, rope around the neck
If after these 24 hours there's no real sign of regret in their heart, the chair is kicked away, if
they didn't step off by themselves by then
No harmonica for their last day, just their own machine, just the paying back
I sit down before two wild flowers that grow there by accident, in order to secretly protect
them, I put my earplugs in and start to pray to Something Beyond this god forgotten world
The workers do not look at me, I don't exist
I have to escape anyway, always escape, always on the run, from the city, from the dead, the
concrete, the asphalt and the noises
Always the hopeless run with the energy still left
They're building everywhere, they go into the air, fifty trees again must die, for the
undiscovered Lie
The whole day long cars are parking, much much worse even for the body to bear than
passing cars
A car parking means thoughts about killing or suicide
I'm on my bike again, biking for my life, escaping death again
The smell of the city almost chokes me for good this time
Especially I cannot stand now the perfumes that women wear on their unconscious insensitive
bodies that they nevertheless present to men, I get sick and sick and sick from it – and still I
need to look at them, nature asks this from me, who am I to refuse, to decide myself the level
of sickness that a human body must bear*

But I make it and I look at snails and birds and worms and spiders, look at the ones who still survive

I cannot rest, the sun is shining fiercely – too much light at once on the darkness of the city that I associated with

I lie in the prairie under a lonely tree and I sing to the cows

Highways all around, my throat is blocked and squeezed, suffocated, but I'm still singing somehow, at least some sound is coming out

They like it, they don't complain, and even come closer, they stare at me totally at ease

I won't kill you, I say, I don't want to eat you

They have eyes like deer

But they are on the list, and there are no volunteers, but soon they will be slaughtered, cause their milk production's getting less

I sing one more song and then say goodbye

They see the tears in my eyes

Back to the city, back to the zombies, back to the stone, back to the crowd, alone...

12.09.10

• I Am the End of Woman's secret manipulation of man. In Me nothing stays Dark. It just functions like that here, it's not My fault or credit. I can go along with seduction or manipulation when the situation – or the Whole Beyond truth (in its limited sense) – asks for it. But things will become Clear, sooner or later, normally soon and often even immediately but not necessarily at once.

Woman, you're not with Man, in your success of manipulating him or a form of what seems to be Him. You are with yourself – if you, as usual, manage to get man there where and how you want it – more or less – then you are with you own mind, with your strategic, egoic mind. And the remainder of man that is the sad result of this has got *nothing* to do with Man, only with You, as Egoic Force.

You Want to Surrender to Man – nothing else – only, you don't want it, you have to fight it, you are afraid. So you avoid the Real Man and pretend to yourself and anyone that you would be with a nice man, a loving man, a good-hearted man. Blaaaughw, you puke at 'nice men' – you're utterly disgusted.

So why do you sell to anyone your own disgust as your truth, or maybe even as truth itself? You know the answer. Everybody knows. But you cannot give words to it. You're speechless in view of Your Own Structural (and not incidental) Unfaithfulness – Lie – to Man, to Yourself (therefore), to 'Your' Very Heart.

In trying to manipulate Man – not unnatural to You, that's very true, and I'm not the One to judge nature – you're in love with your own *picture* of Man, not with Man Himself (or Itself).

If you start to Know Me, you will start to Know Love, You will Love Me Beyond yourself.

This Love, if Allowed, is the End of your manipulation. Only, Ego becomes very restless, afraid, if you allow this Love for Man. It doesn't like it at all and will do everything it can to destroy (or prevent the manifestation of) this Love. It's not a little thing. This Struggle is what it is all about. And, God, how terrible, you cannot help yourself in it, not at all. You cannot decide which one of the Fighters you want to win. It's not about you and your desires or preferences.

I Naturally Fight the Egoic Separative anti-Heart Force by Taking or Allowing its Pain in My Heart, Meditating-Feeling it. But I cannot say that I win. And 'winning' would be: successfully showing you – 'even' your (whole) Body – that I, the Heart Man, Have Already Won. If you don't See This, then the Illusion 'rules' on earth. No Heart.

14.09.10

- One must be very humble to fight.

To have the willingness to fight Ego.

To not easily or at all submit to the common Lie that Ego is:

Be humble and Fight.

Don't make it too easy for yourself while you're here on earth anyway. Nobody's waiting for your ease or comfort or luxury, for your being nurtured and lulled to sleep by the comfort of the common Lie.



Azar Baksh – Don't worry, it's just terrible, that's all

- The so called and highly appreciated 'flowing' of Woman is the flowing where it is safe.

Azar Baksh – Don't worry, it's just terrible, that's all

• In My Conscious Force, Woman

Your Legs start to run

They get restless if they lose

Their primacy on earth

- Woman, your interest is not what you think it is. And you even *Know* this. You exist as Two. As Consciousness – Who Knows – and as thinking mind, who claims to know. The latter dictates your interests and you run after them like a slave. You identify with the slave that you consider the master or the one in control.

Your Body Is Consciousness, but you (prefer to) identify with (and pretend to pay homage to) the unconscious mind, the Deluding Force.

17.09.10

Me, the liar

I often feel like a liar in company. As I cannot speak the Truth, I cannot just give 'myself' like I feel I would like to and in a way 'should'. And this is so because people cannot deal with Truth, with Reality, with *Me*. So I belittle Myself in some almost idiot 'me'. If I don't do that, I can hardly meet people anymore. And that wouldn't feel Natural to Me. That would not be My Way – and not because it would make me lonely or something. Reality is not lonely in Itself. Although not all, by far the most people, instead of being relieved when finally the Truth is being said and given, feel uncomfortable with it. And in this discomfort they start to look for ways to get rid of me. It's *Me* (their 'Own' Deeper Truth) or their own 'me' that they have to get rid of when meeting *Me*. One of us is too much. As Ego is strong on earth, it is usually *Me* Who has to be escaped from.

I am a liar keeping silent when Truth is attacked as usual and I know the Truth and I don't give it. I am a liar as well when I would Show the Truth and no one wants to meet *Me* any more. True is Being in Relation. Therefore, I am a liar. There's no escape from it. I would lie by denying being a liar.

Consciousness or let's say the Heart Needs to meet people. Or else it cannot Meditate Unconsciousness. Well, via internet, email and so on it is possible, but usually not to the extent or especially depth that is possible when meeting people personally.

I always have double feeling about meetings. On one hand 'I' am satisfied that I managed to not scare people off that much that the meeting would have been impossible anyway or soon interrupted and stopped, satisfied that I feel 'my' Body Absorbed again the world, via direct contact and is not unemployed, so to speak. On the other hand I hardly ever can give Myself fully, full power, full Consciousness, full Love. I always have to keep *Myself* in – which is inherently dissatisfying for the Body, even though not problematic in itself. And, naturally tuning into the persons I meet, the holding back happens automatically, by the way. It is not some big obvious struggle I would be in.

I always feel where the 'other' is and say what I can still say given the circumstance of people's protection mechanism, I test here and there a bit and respond according to the reaction. In a Free Open Meeting I would naturally say to anyone that now this is happening and now that cramp in or of him or her manifests through resonance in my body, now that Dark Force is becoming activated, feelable, visible, ...and so on. This would be a normal meeting. But it is not considered normal – by Ego. 'We' don't want to Feel, we want to talk about. Even about truth sometimes. But not Feel, be Conscious of what is *really* happening.

The good thing is that I don't have any shame to let 'Myself' or 'My' Consciousness, 'My' One Heart be humiliated, by other 'people' (by their fragmented Consciousness) – even though I can respond something, of course. Holding back doesn't make me a dummy. The pain of 'a' trampled Heart is not easy not to feel, impossible. It's not a personal humiliation. It's the humiliation of the One Heart, the denial of our Oneness, of the Truth Beyond self, of our Nature, of Love.

To become a liar on earth is going into the mud. Still, this being so, the overview doesn't have to be thrown away because of it. 'The liar' has its place in the Whole – and it has to be so.

A Conscious liar is not a threat for the Truth. The lies in the Dark screw up a human being and his life.

In a meeting where I have to hold myself – sometimes extremely, it is true – I feel sorry that 'I' – Always Responsible – screwed up in regard to giving people their chance on having a Deeper View or Feeling of Reality. It was so close, I was so close, and we didn't manage to make It Happen. The resistance was too big, I felt, so I didn't even try. Sad.

I'm not attracted to anything, including to not feeling sad. So I just go on. And always aware of the Fight between different types or layers or depths of Consciousness.

When I meet a woman – long before she notices (if at all and usually not), from the beginning there is a fight between *Me* or '*My*' Consciousness and the man or usually men who she allowed in or forced themselves into her belly. Even though the fight doesn't need to obviously manifest immediately, it is there. Men – or: their different consciousness-structures – fight about Woman's Body or Bodies, about Reception on earth.

In exceptional cases I can bring up this subject in the meeting, but Woman doesn't like this Fight to be clear. It has to happen in the Dark (or even better, supposedly not exist at all) and let's all be happy and loving and not fight and more of that True Life denying babble. So (the) woman escapes. She doesn't want to know what form of Man('s Consciousness, with all its limitations and cramp) is in her belly. If she manages to keep the subject in the Dark she *seems* to be in control, the one who rules and plays with the different men, tuning into the one, to the type of consciousness that she seems to need or anyway want at any point, taking what she thinks she needs or is attracted to this moment and tuning into another one next moment.

The conversation is not nice any more – which is in itself not necessary anyway – when I bring the already existing and totally Natural (and even Divine and Necessary) Fight into the Light. Just recently, I went a bit into this direction by suddenly, after feeling the Fight very well, saying in the conversation with a certain woman: "There is a huge Fight going on between the Male and the Female Force." This was a woman I had never met before but who gave tantric like workshops to big audiences of men, strangely (and unnaturally). What I said was, despite her tantric association and interest sphere, totally *not done*, I felt. I felt this already before I said it actually. I said it nonetheless. I couldn't bear her resistance in the dark any more, it weakened me too much, so I had to bring the reality, our Fight, to the surface.

The unexpected and funny follow up was that within a few seconds I was offered a sort of healing session to get me and us away from Consciousness about the Fight. I accepted the session, so as to have still an opportunity to (secretly) Meditate the Dark longer. Or else, if I persisted in my Awareness of 'Fight' and had wanted to involve her in it against her real consent, the meeting would have been over already. Regarding the session – and supposing, for now, that she didn't practice black magic on me – it's anyway nice to have the body cleaned again from the current cramps still present in the body from the last period up to that

moment. But it's also a pity that the Fight cannot manifest further, come further into the Light when we escape from it as was the case now.

Am I lying in accepting the offer, to be distracted, and not to go further in (revealing and fighting) the Fight so obvious to me – in which Woman Fights with Unconsciousness, whereas Man Fights with Consciousness, It being a fair Fight, in Principle. I'm flexible in using this word 'lying' as to its meaning, which has, of course, got to do with different layers of reality. In one layer something is true that in another layer appears to be lie, while in the next layer there seems to be again a Deeper Truth in turn.

The fact in this case was anyway that I was not really distracted away from the truth. I rather allowed her to redirect the manifesting consciousness, away from where she by no means wanted to go. An unwilling woman should not be 'bothered' by Truth, usually – unless you'd feel that, beyond what she shows, she would like to get a kick from Truth, and gives a hidden consent.

It goes without saying that the woman could not come any closer to me, despite the interest she had shown. You can lead tantra workshops as a woman, but Finding Man is Something Else. I knew at the goodbye hug that we would never meet again. I am too much.

If a man appears to be tamper-proof, he stays attractive for Woman, but he's out anyway, to be avoided. He would spoil the Game, that is: crush Her illusion of having control.

In such a world, Man feels like a liar. Truth is His Beloved, and He 'has to' pretend that it is Woman.

18.09.10

• To you the world of non-manifested Love feels like a big relief, or better said, some kind of heaven after your (experience of the) world of empty manifestation. But you just jump from one side of Duality of Life to the other. And now that you had a touch of this Love it's even hard to go back to 'normal' but empty loveless life. You like to stay in this Love for ever, it feels natural to you. Well, Ego might feel natural to you, but you're deluded anyway. The Heart doesn't choose between Love (or Heart) and manifestation. True Humbleness Beyond Ego is to, in a huge, profound all Ego-eating Struggle, Let them Become One on earth.

So far It never Happened. Not with you, not with anyone. Not with humanity.

Spiritually oriented people may define themselves – secretly – as humble or loving or in the Heart but usually they have really no idea about the Depth of the True Ego-crushing process in this respect. You are living as perfect Ego with your Love in the heavens or, if you will, even in the higher chakras of your Body. Bring It Down into the Dark. Then You *Know*. Then You Know what I'm talking about. Then You Know how easy this Love was that you were dwelling in, paradisiac without trouble but not truly on earth even though you thought so and advocated it to others.

At this point you cannot Understand Me. First your arrogance has to be Humbled and Washed in the Mud of the earth.

If your Body Consciously Knows what pain is, cramp, sickness, prison, vomit, hate, disgust, then you'll start to Understand. Only Your Body can Understand Me, the Depth that I Am, the Depth of Reality.

In the End it's about your Body Be(com)ing Love, or: You Becoming 'Your' Body – Your Body that is not Yours. It's not about you. Not at all. It's about Allowing Love to Manifest in and as the Body. There is absolutely no place reserved for you There.

Azar Baksh – Don't worry, it's just terrible, that's all

- Break-point.

Man's justification of Himself to Woman comes to an end. He Allows Her to Feel Her Pain Now.



20.09.10

• 'Ideally', it's not that as (a) Man at a certain point you can no longer bear Woman's Lie that you somewhere are aware of (but perhaps cannot totally nail it to the wall), so that Man and Woman split up, but that Woman can no longer bear Man's Truth, and has to leave the Battlefield. As (a) Man you cannot stop trying to Transcend the Lie you meet in your One Heart. You cannot go, leave yourself, this Transcendence mechanism. Woman is dual though. She can leave a man and then find a next one, to try again. And then leave again. She assumes She is in control this way, being a slave to this Duality.

25.09.10

• We're separate individual people having our own life? If I breathe deeper, my neighbour next door somewhere behind the wall starts to cough immediately. If she makes some sounds, my body contracts already, is suffocating.

What do you mean separate?

We're in a constant fight, constant communion – whether I want or not, and in fact not with this person that I never 'chose' to associate with. I have nothing to say about whom I should associate with and who not.

I tell you, a constant fight. Between Breath and choking. Between Openness and safety. Between Consciousness and Unconsciousness. Between expression and suppression.

What do you mean separate?

Azar Baksh – Don't worry, it's just terrible, that's all

- Man, woman becomes immediately – or is Always Already – interested in you as man if you don't want anything of her. But, you cannot fake your disinterest. Pity.

• If you don't give freely and anyway 'your' Heart in whatever you create, then the result, product, will be an empty form, devoid of Life. It will be a dead form that perhaps is playing some role in physically surviving. But surviving is something different from Life. It seems second best maybe. If we cannot Live as Heart, then at least we can sustain life. But it means nothing. Life without Heart is no Life. What is being sustained if Life Itself is forgotten?

Bringing Beauty (back) into this cold ego-world is bringing (back) the Heart – not some beautiful form.

It's like with woman. Man knows that you have nothing yet if you have a beautiful woman. If Man doesn't manage to Give, Manifest 'his' Heart into her Body, it means nothing.

Empty beauty is no Beauty, but at best a potential we're looking at. There's no deeper challenge for a Man – Beyond Ego – than to Create a Truly Beautiful Woman on earth, Surrendered in 'his', in the Heart.

26.09.10

The Whore

Woman, if I as Man Who is Truly with (and even as) You, say that you're a Whore – not going for True Love but for (*supposed*) safety, for Form and not for the Heart – then You withdraw, suppress, express your fury, defend Yourself or attack Me, Man Who Simply Sees and Loves You. If You Allow Me, Man, if You Allow Me Deeper and Deeper, You can Learn – but, it is true, *in* My Heart Already – not to react to such a what seems to You an 'accusation', to Seeing, in Fact. My Seeing You is not at all the same as accusing You. If You look Deeper into Yourself – in My Conscious Presence, Which Makes This Possible at all – You'll find that this is in Fact all You are afraid of, but extremely afraid as a matter of fact: to Be Seen. To Be Seen by Man's Eye. Your Dark Force Coming into His Light.

Well, I can't take away this deep deep rooted fear in You just like that. Still, I have an impulse to say that this is related to Your not Seeing Man, to Your not Surrendering into Man, Great Happening of Which – Great, not only from Man's Perspective – would Dissolve Your basic fear. You (falsely) assume that Man is the Big Judge and You assume and fear that if He would See Your Darkness, Your secretly going for your own interests, Your unfaithfulness, Your jealousy, Your fury, Your beast, Your demons – and He Does See it all – He would leave You. He cannot leave You, dear. That's what I mean by not Understanding Man. You project Your Own perennial and eternal leaving on Man. Man as He Is does not just Embrace You in His Heart, He Sees and Actually Lives the Fact that You're Part of Him, of His Heart – even though the forms this can take might indeed be confusing. How can Man leave His Own Heart, Himself? In Your dreamy and confused state though You 'like to' and do project *Man* on a man-form in a male body. *He* seems to be the Other into Which You want to Return. But 'he' is part of Your Own dream-world, on whom or should I say 'on which' You project Your Own longings not Embedded in Reality, in Man.

Man doesn't judge You and Your Dark Forces. He cannot. And You'll Only Find Out that this is So if You take the Plunge, if You Allow yourself to Drown in His One, never-judging Heart. Oneness cannot judge. Man as He Is, is One – Man-Woman. As Woman You Are Two, Woman *and* Man. Well, at least this seems to be so. Your world exists as the by now deeply 'rooted' and widely spread Illusion that Man and Woman would be Two. In Surrender into Man's One World it appears that the Derivation, Woman, or the Deluding Female Force, Comes Out of Man originally and therefore will Be Always Already Part of Him – even though in the world of form 'Separation' seems to rule and dictate our lives.

In Allowing Your Deeply and Deepest Desired Return, Surrender into Man, You Stop reacting to His Seeing You. You Stop seeking to escape from It in whatever creative way. On the contrary, You'll Feel Embraced by It if You manage to Relax and Be in the fear. You'll Feel Taken Care of, Safe and Loved by and in His Eye (and not by and in his eyes) on You. (Only) in this Surrender You'll See that His Seeing You, His Seeing Heart, is the Only Safety You Have. *All* temporary 'form-based safeties' You held on to so far fall away one by one, if not (exceptionally) all at once, and appear to have been mere illusions, all of them. In Being Seen (Finally), You can Finally Rest – only Then. If You're not (Fully) Seen You're *always*

on the run – and You Know that, but You cannot help Yourself. The night-moth cannot help itself circling around the Light like mad.

Now You are afraid that if You come too close, if You Touch the Light, You will Burn and drop dead. In Fact, it's Your Ego that will Burn and Die: Or: it's Woman's (Illusion of) Separation from Man that will Burn and Die. Woman Herself cannot Die as She is Part of Man and Man cannot Die.

I can Show You all of This. But still, You won't Surrender, still You are afraid. Still You Have to Escape. In Fact, it is Your Whole Body that I Have to Show the Truth, Your Being Part of Me, Man. Before That Happens, You might believe Me, You might not, but You'll keep Your Distance. Only when Your Body Wholly Returned to Me, to My Heart, to My Body, in Full Recognition, Only Then We Are or in Fact Appear to Be Already One, You Surrendered to this Deepest Truth. And Only Then Man's seemingly completely irrational, inappropriate and nasty Impulse to say that 'You're a Whore' will Stop. The Whore makes love to a man's body and to 'his' energy – which are part of Her Own world of Separation. She does not give a form (making love) to Communion, to Oneness that would already be There, as it is not. She uses him for Her Own purposes. She doesn't Surrender at all and She would never do So anyway. In *Her* world She tries to create the Man She – in Her Egoic *picture* – would like Him to be. She sells Her body to get something – while She always keeps these interests in the Dark. She doesn't Allow *Him* to Create *Her*, Divine Woman on earth, Already Part of Him. The Whore Wants to be the Independent Woman who remains Separate from Man, meeting Him only from this place of 'Independency', while secretly She is trying to come a *bit* closer nonetheless, in order to secretly undo at least a *bit* of the huge Pain this Separation from Man causes or in Fact *is*. It all happens in the Dark, in order not to have to show Her Deepest and in Fact Only Longing, Her Longing for Man, for ReUnion with Man, for Being Seen Totally by Man, for His One and Only Never-judging All-Embracing and Always-Seeing and All-Being Heart.

The Whore, in Her more extreme or obvious manifestations, in Woman-*forms*, can have one relationship after the other. If things get too intimate, too difficult for Her Ego, She moves on to the next man(-*form*). This way She can even say, claim or seduce man to believe she is monogamous: She doesn't sleep with other man-forms in the (short) period she is with him. A monogamous Whore.³⁰ Still a Whore. And this is so since She doesn't commit Herself at all to Man, to Man's Heart. Instead She submits to Her Own diffuse, different, contradictory, confusing, endless wishes that She mistakes (or egoically Wants to mistake) for Herself or that She regards to be originating from Herself, from the seeming truth of Woman.

It's not meant at all as an insult (to Woman as She *Is*) when Man calls (a) Woman a Whore – what is more silly than insulting reality – though it surely can be uttered as part of an

³⁰ Disregarded here for now is the fact that Whore's natural flirting with men means unavoidably allowing them in Her belly and that they will stick there, just until Man's Light Sees them and She'll be relieved of Her unconscious burden. This Whorish flirting is part of Her strategy to stay away from Man's Heart. With unconscious men in Her belly She doesn't have to be afraid there'd be Space for Man's Ego-Killing Heart of Love.

angry or triggered state, related to Man having to Pierce through Woman's natural (and possibly just obviously manifested) resistance to Be Seen by Man. Woman, beyond Her Ego, *Wants* to Be Pierced, Pervaded, Penetrated, Filled – by *Man*, not by *a* man. She Wants Her Ego to be Insulted, to Be *Seen* in Fact, to Be Loved, Kicked, Embraced, not to be denied, discarded or belittled. She doesn't Want Man to just deal with, survive the (dangerous) Whore (in Her own form-world) but to Kill Her – in and as His Own Heart-World.

But She's afraid of the Cut. So She surrenders again to the Whore and keeps on looking for men who are safe to play and fight and love a little with.

If *Man* starts to manifest in the play thing she calls *her* man, the Whore leaves Him – at least for the moment – in order to manipulate Him: He should discard the True Man in himself and come back to Her playful non-serious but empty world. She might also leave him for good, when he seems not manipulable (enough) any more.

The Whore is always laughing.

The Whore is always sad.

The Whore is a master in giving to Man's Heart the Pain that She doesn't want to Feel Herself.

Her Moving Body should indicate Her attractiveness, that *it* is *happening* right over there, but She's stuck already for ages, ever since She started moving.

Her Heart is closed ever since She can remember. So She moves Her Body, seducing Man to Bring the Heart back into it.

When It, Finally, Comes or is on Its Way, She moves on. She likes the game, the seduction, not the result. That would Kill Her.

She must only know and be reassured again and again that Man is Available for Her. She wants to be confirmed, again and again, that Man would be – still and anyway – after Her (physical or energetic) body, which He is not in Fact.

She ruins Woman's life. This is too painful to acknowledge, so She moves on.

